

Living with Autism and Related Disabilities in Central Florida *Resource Guide*

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INTRODUCTION

Welcome to The University of Central Florida's Center for Autism and Related Disabilities resource guide, **Living with Autism and Related Disabilities in Central Florida**. We have developed this booklet to provide information that helps families learn about their children's disabilities, local service systems, and community resources. After leaving a doctor's office many parents wonder where to turn. This guide, originally developed with input from parents, is designed to help answer that question. It will be updated regularly on our website, <http://www.ucf-card.org>.

Here at your fingertips are names and addresses of professionals and services that are offered in Central Florida. We hope you will find the guide helpful, and we are interested in your feedback. We are also interested in adding additional resources that may be familiar to you, so that we may share the information with other families.

Because a parent and former president of Greater Orlando ASA originally developed this booklet, it contains more information on autism spectrum disorders than the related disabilities. By no means does this indicate that individuals with autism spectrum are more valued than our other constituents. As we add additional information in future editions, the distribution of information will become more balanced. However, we are very grateful to GOASA to be able to share the valuable information on autism spectrum disorders that they collected.

During the preparation of this guide, area codes and phone numbers for some organizations changed as many as 3 times. All information was confirmed at the time of development. However, future changes are inevitable. We encourage you to contact us with updated information.

UCF CARD does not endorse programs or individual providers. Families must be savvy consumers in pursuing services for their children, just as they would be in choosing professionals in other areas of their lives. Inclusion in this guide by no means indicates endorsement of an agency or individual by UCF CARD, nor does it imply UCF CARD advocates or endorses any treatment or group advocated by these agencies or individuals. Opinions and recommendations provided by these agencies and individuals may not be the opinions and recommendations of UCF CARD. Families are invited to ask their CARD liaison for relevant information that may apply.

ABOUT CARD

The Center for Autism and Related Disabilities (CARD) is a state-funded program that serves individuals with autism spectrum disorders, dual sensory impairment, and sensory impairment with related disabilities. The mission of CARD is to provide support and assistance that optimizes the potential of these individuals, by finding ways to build behaviors and skills that will allow them to successfully learn, work, and communicate. CARD also assists community agencies and resources to build their own capacity to serve individuals with autism and related disabilities using “best practice” methods. All CARD services are free of charge. There are currently 6 regional centers; the UCF CARD serves Central Florida counties.

CARD supports individuals, professionals and families of individuals who carry the following diagnoses:

Autism Spectrum Disorders

This category includes diagnoses such as Pervasive Developmental Disorder-Not Otherwise Specified (PDD-NOS), Autism, Asperger’s Syndrome, Rett Syndrome, and Childhood Disintegrative Disorder. Much more information on these conditions is found later in this booklet.

Dual-Sensory Impairment

Also called Deaf-Blindness, dual sensory impairment affects 10% of all children with disabilities. Deaf-blindness is a condition in which an individual has losses in hearing and vision. A person who is completely blind is very rare. Most people who are considered deaf-blind have some hearing and or some vision. The combination of losses makes learning and living different and difficult.

Sensory Impairment and an Additional Disability

Individuals who have a single sensory impairment coupled with an additional severe disability are also eligible for CARD services. For example, individuals with Down Syndrome who are legally blind, a child who has cerebral palsy and is hearing impaired, or an adult who has mental retardation and is deaf all qualify for CARD services under this category. These related disabilities are serious and typically result in a level of need quite similar to individuals with autism spectrum disorders. There are multiple causes of such cases, and each may be quite individualized.

DISABILITY INFORMATION: DEAF-BLINDNESS

What causes deaf-blindness?

Deaf-blindness can be caused by a number of hereditary conditions, as well as pre- and post-natal conditions and trauma. Below is a partial list. For more information on any of these causes, contact [CARD](#).

Hereditary/Genetic	Infections Before Birth	Other
Down Syndrome	Congenital Syphilis	Direct Trauma
CHARGE Association	Congenital Rubella	Head Injury
Usher Syndrome	Cytomegalovirus	Tumors
Trisomy 13	HIV	Stroke

People who are deaf-blind CAN:

Work	Play	Communicate
Go to school	Have friends	Be active in community

Though deaf-blindness presents many unique challenges to both those who have visual and hearing impairments and to their caregivers and friends, these challenges are by no means insurmountable. Many persons who are deaf-blind have achieved a quality of life that is excellent. The persons who are deaf-blind who have high quality lives have several things in common. First, they have each, in their own way, come to accept the absence of sight and hearing as a life situation, which gives them a unique and valuable experience of the world. This fundamental acceptance can occur regardless of the severity of the particular sensory losses or other challenges that the person has. Second, they have had educational experiences that have helped them maximize their abilities to communicate and to function productively. Finally, these happy, involved persons who are deaf-blind live in families, communities or social groups that have an attitude of welcoming acceptance. They have friends, relatives and co-workers who value their presence as individuals with significant contributions to make to the world around them. For these persons with limited sight and hearing, and for those near them, deaf-blindness fosters opportunities for learning and mutual enrichment.

(Adapted from DB Link and Florida Outreach Project)

What can I do to help a child or an individual with deaf-blindness?

1. Learn more about deaf-blindness and its causes.
2. Take time to interact and make friends with people who are deaf-blind.
3. Consider employing or recommending employment of an individual with deaf-blindness.
4. Get more information by contacting the Florida Outreach Project for Children and Young Adults who are Deaf-Blind (www.deafblind.ufl.edu)
5. Call and join Family Network on Disabilities (FND - <http://fndfl.org/>) Ph: 800-825-5736

What books can I read?

There are books, videotapes and websites available on the topic of dual sensory impairment. Many of these books are available in the CARD library. Due to space constraints, we have listed only a few to get you started; however, the entire UCF CARD library holdings are listed online (<http://www.ucf-card.org/>, click on Resources, then Library). These books and videos may also be available through your local library and **FDLRS**. All registered constituents, their families and providers may borrow materials from the CARD library.

For more information about borrowing library materials, contact CARD.

Websites

American Council of the Blind: www.acb.org

American Foundation for the Blind: www.afb.org

Community Services for the Blind and Partially Sighted: www.csbps.com

Florida School for the Deaf and Blind: www.fsdb.k12.fl.us

National Center for the Dissemination of Disability Research: www.ncddr.org

National Industries for the Blind: www.nib.org

Texas School for the Blind and Visually Impaired: www.tsbvi.edu

US Department of Health and Human Services: www.hhs.gov

National Organizations/Providers

American Association of the Deaf-Blind (AADB)

8630 Fenton Street ▪ Suite 121 ▪ Silver Spring, MD 20910-4500 ▪ Ph: 301-495-4403 ▪ TTY: 301-495-4402

Website: www.aadb.org

Bionic Ear Association

Ph: 866-844-4327 ▪ Website: <http://www.advancedbionics.com/CMS/Support/BEA/Community/>

DB-LINK: National Information Clearinghouse on Children Who Are Deaf-Blind

345 N. Monmouth Avenue ▪ Monmouth, OR 97361 ▪ Ph: 800-438-9376 ▪ TTY: 800-854-7013

Website: www.tr.wou.edu/dblink

Florida Outreach Project for Children and Young Adults Who Are Deaf-Blind

P.O. Box 100234 ▪ Gainesville, FL 32610-0234 ▪ Ph: 352-273-7530 or 800-667-4052

Website: <http://www.deafblind.ufl.edu/>

Helen Keller National Center for the Blind (HKNC)

141 Middle Neck Road ▪ Sands Point, NY 11050 ▪ Ph: 516-944-8900 ▪ Website: www.helenkeller.org/

HKNC is a national program which provides diagnostic evaluation, short-term comprehensive vocational rehabilitation training, work experience training, and placement for youths and adults with deaf-blindness.

National Deaf Academy

19650 U.S. Highway 441 ▪ Mount Dora, FL 32757 ▪ Ph: 352.735.9500 ▪ Fax: 352.735.4939

Website: <http://nda.com/>

National Family Association for Deaf-Blind (NFADB)

141 Middle Neck Road ▪ Sands Point, NY 11050 ▪ Ph: 800-255-0411 ▪ Website: www.nfadb.org/

NFADB is a national network of families who focus on issues surrounding deaf-blindness. As a national organization, NFADB advocates for all person who are deaf-blind, support national policy to benefit people who are deaf-blind, and encourage the founding and strengthening of family organizations in each state.

Perkins School for the Blind

175 N. Beacon Street ▪ Watertown, MA 02472 ▪ Ph: 617-924-3434 ▪ Website: www.perkins.org/

U.S. Department of Education, Office of Special Education Programs
400 West Maryland Avenue, SW ▪ Washington, DC 20202-7100 ▪ Ph: 202-245-7468
Website: <http://www2.ed.gov/about/offices/list/osers/osep/index.html>

DISABILITY INFORMATION: AUTISM SPECTRUM DISORDERS

Someone says my child might have autism or PDD-NOS (Pervasive Developmental Disorder-Not Otherwise Specified) What should I do?

Early diagnosis and intervention are vital to the future development of the child.
{Adapted with permission from the Autism Society of America}

The most commonly asked question is: What do I do? If your child has not yet received a diagnosis, you will need to have a developmental evaluation. A developmental evaluation may be conducted by a physician (such as a pediatrician), a psychiatrist, or a psychologist. While pediatricians may be able to make this diagnosis, many are not comfortable in doing so. You may need to see a specialist, such as a developmental pediatrician, psychologist, psychiatrist, or neurologist. Although many different specialists can make the diagnosis, some agencies (particularly Florida Developmental Disabilities) require a diagnosis by a licensed psychologist or psychiatrist in order to qualify for services. Remember to get copies of all tests and reports for your files.

Discovering that your child has an autism spectrum disorder can be an overwhelming experience. For some, the diagnosis may come as a complete surprise, while others may have suspected autism and attempted for months or years to obtain an accurate diagnosis.

While you are trying to work through these difficult feelings, we want you to know that you are not alone. There are hundreds of parents in Central Florida who have been in your shoes. We can put you in touch with other parents, parents who understand how you are feeling. They will be able to help you learn more about coping and how to find local resources, some of which are listed in this guide.

If your child is newly diagnosed or has been referred for evaluation, the most important thing for you to know is that children with autism will grow and can learn, although it may require different types of teaching and intervention than most typically developing children need. When a professional diagnoses your child, it only provides a label to describe the cluster of behaviors you have probably already noticed. Nevertheless, you will probably have many questions, such as:

What does it mean to have an autism spectrum disorder?

Autism spectrum disorders are life-long developmental disabilities that typically appear during the first three years of life. These are disorders that affect functioning of the brain. They are generally four times more common in boys than girls, (with the exception of Rett Syndrome). They occur throughout the world, in families of all racial, ethnic, and social backgrounds. No known factors in the psychological environment of a child have been shown to cause autism spectrum disorders.

All individuals with autism spectrum disorders will show some behavioral symptoms that indicate:

- 1. Disturbances in social reciprocity (the give-and-take of socially relating to others).*
- 2. Abnormalities in speech and language development, such as speech that is absent or delayed. Alternatively, speech may develop, but be restricted in content to basic interests of the individual, or repetitive or echoic phrases. It is often difficult to carry on a conversation with individuals on the autism spectrum.*
- 3. Abnormal ways of relating to people, objects, and events, which may be related to sensory processing, peculiar and restricted interests, self-stimulation, or attention, routines and rituals.*

Although experts can describe to you the sometimes subtle differences between the five formal diagnoses that fall in the autism spectrum, (Autism, Asperger's Syndrome, Pervasive Developmental Disorder-Not Otherwise Specified, Rett Syndrome and Childhood Disintegrative Disorder), all will agree that the three areas listed above are involved in the individual's disability. Physicians and psychologists who diagnose these disorders use a specific list of symptoms specified by the American Psychiatric Association, in addition to other rating scales and diagnostic

instruments to decide which label best describes an individual.

Autism spectrum disorders may occur alone or in association with other disorders that affect the function of the brain, such as viral infections, metabolic disturbances, and epilepsy. It is important to distinguish autism from mental retardation or mental disorders since diagnostic confusion may result in referral to inappropriate and ineffective treatment techniques.

Persons with autism may exhibit the following characteristics in various combinations and in varying degrees of severity:

1. May not want to cuddle.
2. No real fear of danger.
3. Inappropriate laughing, giggling or crying.
4. Apparent insensitivity to pain.
5. May prefer to be alone.
6. May avoid eye contact.
7. May echo words or phrases.
8. Difficulty interacting with others.
9. Inappropriate attachments to objects.
10. May spin objects or self.
11. Insistence on sameness.
12. Sustained, unusual or repetitive play.
13. Uneven physical and verbal skills.
14. Difficulty in verbally expressing needs (may not use gestures).
15. Inappropriate responses or no response to sound.
16. Self-injurious and/or aggressive behavior.

What are the causes of autism spectrum disorders?

Current research links autism to biological or neurological differences in the brain. Some research suggests an abnormality affecting those parts of the brain that process language and information coming in from the senses. There appears to be a pattern of autism spectrum disorders in some families, which suggests there may be a genetic basis. However, at this time, no single gene has been identified as a cause of all cases of autism. There is currently extensive research being conducted to identify the causes of these disabilities. In the case of Rett Syndrome, a genetic marker has been located and is currently being studied as the most likely cause. Much more will be learned about the causes of these disorders in the near future. However, it is clear that autism spectrum disorders are **not** mental illnesses, children with autism are **not** unruly kids who choose not to behave, and autism is **not** caused by poor parenting skills.

What are the common needs in autism spectrum disorders?

The most common problems are the marked difficulties that these children have in developing social skills, relating to others, and learning to use language to communicate. Children with autism may also experience extreme hyperactivity or unusual passivity. Behavior problems in the autism spectrum range from mild to severe. Severe behavior problems may take the form of highly unusual, aggressive, and, in some cases, self-injurious behavior. In its milder form, autism resembles a learning disability. Usually, however, even people who are only mildly affected are substantially handicapped due to their deficits in the areas of communication and socialization.

Individuals with Autism Spectrum Disorder Need:

- Early intervention and services.
- Individualized learning programs built on their strengths, interests, and learning style.
- Functional and purposeful learning activities.
- Opportunities for interaction with typically developing peers, social skills training.
- Recreational programs, summer programs.
- Job coaches and job opportunities, vocational training.
- To be given patience, understanding, and a sense of worth.

Individuals with Autism Spectrum Disorder May Also Need:

- Consistent and predictable environments.
- Before and after school care.
- Extended school year programs.
- Group home facilities or other residential living options such as supervised apartments.

What does the future look like?

Unfortunately, none of us have a crystal ball to tell you the future of your child; however, today, many children with autism grow into healthy, active members of our community. Some are college graduates and hold full time jobs. Some need a great deal of support, others do not. They may need to be pushed. Just remember that the future can be very bright. Don't give up hope and never stop believing in your child. Remember, all children can learn and succeed!

What Services and Resources are Available?

This resource guide was created to answer this question and to help parents from making millions of phone calls and going in circles. Early intervention is of great importance. We realize there will still be many calls that you will have to make, but this guide will at least give you some information as to where to start and who to call. We cannot provide every single available resource. This is a start and will enable you to find other local resources. The agencies and providers listed here have come primarily from family recommendations. However, every family is different, and some professionals may be preferred by one family and rejected by another. You will need to use your own judgment. CARD has not evaluated the services provided by all of these individuals and cannot vouch for their abilities. You may always ask your CARD representative if they have experience with a given provider.

What books can I read?

There are many books and videotapes about autism spectrum disorders. We have listed only a few to get you started here; however, the entire UCF CARD library holdings are listed on our website www.ucf-card.org, which any public librarian will help you reach if you do not have ready access to the Internet. You can also check with your local library, your ASA chapter, and FDLRS. All registered constituents, their families, and their providers may borrow materials from the CARD library. Call the center to learn more about this option. We have also included websites, which provide a great deal of information. Other web links are found throughout this guide.

Websites

Autism Resource Page: www.vaporio.com/autism/

Autism Society of America: www.autism-society.org/

International Rett Syndrome Association: www.rettsyndrome.org

What do I do after my child has been diagnosed?

After your child has been diagnosed with an autism spectrum disorder, you may want to do the following:

- Start a 3-ring binder to keep all reports, important documents, and records.
- Call Agency for Persons with Disabilities (APD). (If your child is diagnosed with autism or is under 5 years old, see numbers in local resources.)
- Call CARD (Center for Autism and Related Disabilities). (See numbers in local resources.)
- Call National and local Autism Society of America. (Greater Orlando Chapter (407) 240-0318; National 1-800-3-Autism)

These organizations are important resources for you. They are able to provide you with information, support and services that you will need for your child.

Other things you can do:

- Call for Supplemental Security Income (under *Federal Agencies*)
- Join support groups. (such as FND, ASGO, Autism Speaks and others listed on p. 22)
- Join on-line services.
- Call Florida Healthy Kids Program. (If you lack health care insurance.)

I feel overwhelmed...

You have just begun a long journey, and there will be many twists and turns on the road. You will hear many opinions, receive a lot of advice, and have to sift through conflicting information.

The most important things to remember: You are the expert on your own child - you know your child and lifestyle best. **It is imperative that you learn your child's rights to an education and other services, but remember there are many parents in the area to assist you.** CARD can connect you to families in similar situations. If you think a program or service is not appropriate for you or your child, then it isn't. Never doubt yourself and always stand up for your child if that's what you believe in. **One size does not fit all.** There is not one treatment or therapy program that works for every child with autism spectrum disorders.

If you're in doubt or have concerns about a program or service, find all the information you can and remember who is the ultimate expert on your child. You are not alone; there are hundreds of thousands of families throughout the United States that live with autism in one form or another on a day-to-day basis. Dr. Diane Twachtman-Cullen has created an excellent one-page guide to sorting through "breakthroughs" in autism, and the CARD center will be happy to send it to you if you are considering a program or service.

ACCESSING SERVICES AND RESOURCES

Individuals with any disability are eligible for the following services:

If your child is younger than 3 years old, he/she is eligible for Early Intervention assistance. This federally funded program is called Part C of the Individuals with Disabilities Education Act (Formerly Part H).

Children's Medical Services (CMS)

Headquarters in Tallahassee ▪ Website: www.cms-kids.com

The Children's Medical Services (CMS) program provides children with special health care needs with a family centered, managed system of care. Children with special health care needs are those children under age 21 whose serious or chronic physical or developmental conditions require extensive preventive and maintenance care beyond that required by typically healthy children.

Infants and Toddlers Early Intervention Program (EIP) Locations in Central Florida:

- *Brevard*: CATCH of Brevard, Inc. ▪ 1024 S. Florida Avenue, Suite A ▪ Rockledge, FL 32955 ▪ Ph: 321-634-3688
- *Orange/Osceola/Seminole*: Orlando Central Florida Early Steps ▪ 601 W. Michigan Street ▪ Orlando, FL 32805 ▪ Ph: 407-317-7430
- *Volusia*: 1122 Dr. Mary McLeod Bethune Boulevard ▪ Daytona, FL 32120 ▪ Ph: 386-258-7434

From the age of 3 through 21 years of age your child is guaranteed a free, appropriate education through the public schools (see ADA and IDEA, p 12, 52-53). **Contact your school system to be sure that your child is receiving a free and appropriate education program to address his or her disability.**

Contact Florida Diagnostic Learning Resources System (see *Florida Department of Education*) to get on their mailing list and to learn more about their lending library.

Gaining access to federal and state money allocated for people with disabilities can be a confusing process that may seem overwhelming at times. Try to keep detailed, accurate records of all correspondence and telephone calls (complete with names and dates). Keep a copy of all information sent to any agency. **NEVER** send originals, unless specifically required to do so. When dealing with agencies, start at the local level (city, county, or state), and only access the next highest level when you have exhausted your attempts with the local level.

FEDERAL AGENCIES

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act (ADA) is a comprehensive civil rights law for people with disabilities. The rights of all individuals with physical or mental disabilities are protected under the ADA. This includes those with a history of a disability or those who may be presumed to have a disability. The ADA ensures equal opportunity to people with disabilities. It does not require an employer to give preference to people with disabilities over qualified applicants without disabilities.

ADA Information Line

Ph: 800-514-0301 ▪ TTY: 800-514-0383 ▪ Website: www.ada.gov/

Medicaid

Brevard, Orange, Osceola, and Seminole Counties ▪ Ph: 407-420-2500

Lake and Sumter Counties ▪ Ph: 800-803-3245

Volusia County ▪ Ph: 904-798-4200

Medicaid Provider Fraud Hotline ▪ Ph: 866-966-7226

Local Providers: Intervention Services, Behavior Support Services and the four Community Mental Health Centers (Lakeside, Park Place, Seminole CMHC and Circles of Care)

Medicaid or Medical Assistance is administered by the State of Florida Agency for Health Care Administration and is financed by federal, state and county funds. It provides services for persons in financial need who are unable to pay for needed medical and health care services.

Anyone who receives public assistance or welfare, or SSI will receive a Medicaid card. A family may be eligible for Medicaid if it earns a minimal monthly income, or none at all, and owns little or no property.

Once a person has a Medicaid card, he or she will be required to choose a service delivery system called Medipass or one of the Health Maintenance Organizations (HMOs) in their area. However, if a parent chooses a HMO, the child cannot receive services through the Department of Health's Children's Medical Services (CMS). Either program will allow your child to receive hospital care, nursing home care, laboratory services, dental care, therapies and many other services.

Medicaid helpline ▪ Ph: 800-226-2316

Medicare

Local Contact Numbers are the same as for Social Security Administration offices.

Website: www.medicare.gov

What is Medicare?

Medicare is our country's health insurance program for people 65 or older and certain people with disabilities. It provides basic protection against the cost of health care, but it doesn't cover all medical expenses or the cost of most long-term care. An individual can receive benefits in one of two ways under Medicare: the traditional fee-for service system, or the managed care program (HMO).

1. Under fee-for-service systems, Medicare pays a set percentage of a beneficiary's hospital, doctor and other health care expenses. The beneficiary is responsible for certain deductibles and coinsurance payments.
2. Under the managed care program, Health Maintenance Organizations (HMO's) that have contracts with the Medicare program must provide all hospital and medical benefits covered by Medicare. Services must be from an HMO's network of health care providers to guarantee services will be covered.

There are two parts to Medicare:

1. Hospital Insurance, Called Part A, which is financed by a portion of payroll (FICA) taxes that also pay for

Social Security.

2. Medical Insurance, called part B, which is partly financed by monthly premiums paid by people who choose to enroll.

Who is eligible?

An individual is eligible to receive Medicare under the age of 65 after being a Social Security Disability beneficiary for 24 months. An individual with autism may be eligible for Medicare if he/she has received SSDI for at least 24 months or by paying a monthly premium. The national hotline number is 800-633-4227.

Supplemental Security Income (SSI)

What is SSI?

SSI makes monthly payments to people who have low income and few resources and are: age 65 or older; blind; or disabled. If you are applying for SSI, you also should get the publication, *What You Need to Know When You Get Supplemental Security Income (SSI)* (Publication No. 05-11011) from the Social Security Administration website. Disabled or blind children also can receive SSI. You can get more information about benefits for children in the publication, *Benefits for Children with Disabilities* (Publication No. 05-10026). The basic SSI amount is the same nationwide. However, many states add money to the basic benefit. You can call your local office to find out the amounts for your state.

Who is eligible?

Anyone who is: aged (age 65 or older); blind; or disabled; and, who: has limited income; and has limited resources (things owned); and is a U.S. citizen or one of certain categories of aliens (In general, an alien who is subject to an active warrant for deportation or removal does not meet the citizenship/alien requirement.); and is a resident of one of the 50 States, including the District of Columbia, and the Northern Mariana Islands; and is not absent from the country for a full calendar month or more than 30 consecutive days; and agrees to apply for any other cash benefits for whom he or she may be entitled; and meets certain other requirements.

How to apply:

SSI Homepage: <http://www.socialsecurity.gov/> ▪ Toll Free: 1-800-772-1213 ▪ TTY 1-800-325-0778

Local Office Finder by Zip Code: www.socialsecurity.gov/locator

Benefit Eligibility Tool: http://connections.govbenefits.gov/ssa_en.portal

Suggested Reading

Americans with Disabilities Act – Working Group

Clearinghouse on Disability Information

4040 Esplanade Way, Suite 180 ▪ Tallahassee, FL 32399-7016 ▪ Ph: 877-ADA-4-YOU ▪ Voice/TTY: 877-232-4968 or 850-922-4103

Toll-free information and referral system that provides information and referral for all disability-related services, programs, assistance, and resources, as well as generic services and assistance for individuals with disabilities and their families.

Medicare Made Easy

Available through People's Medical Society.

P.O. Box 868 ▪ Allentown, PA 18105-0868 ▪ Website: www.peoplesmed.org/

Navigating Medicare and Medicaid: www.kff.org/medicare/med020705pkg.cfm

SSI & Social Security Disability: *Securing and Protecting your Benefit*

Available through Equip for Equality, Inc.

20 N. Michigan Ave. ▪ Chicago, IL 60602 ▪ Ph: 800-537-2632 ▪ Website: www.equipforequality.org/

NATIONAL ORGANIZATIONS

Please note that national organizations may also have local counterparts.

American Occupational Therapy Association (AOTA)

4720 Montgomery Lane ▪ PO Box 31220 ▪ Bethesda, MD 20824 ▪ Ph: 301-652-2682 ▪ TDD: 800-377-8555
Website: www.aota.org/

American Speech-Language-Hearing Association (ASHA)

2200 Research Blvd ▪ Rockville, MD 20850-3289 ▪ Ph: 301-296-5700 ▪ TTY: 800-638-8255
Website: www.asha.org/

Autism Research Institute (ARI)

4182 Adams Avenue ▪ San Diego, CA 92116 ▪ Ph: 866-366-3361 ▪ Website: www.autism.com/ari

Autism Society of America

4340 East-West Highway, Suite 350 ▪ Bethesda, MD 20814 ▪ Ph: 800-3AUTISM
Website: www.autism-society.org/

ASA promotes lifelong access and opportunity for all individuals within the autism spectrum, and their families, to be fully participating, included members of the community. Education, advocacy, public awareness efforts and the promotion of research are all goals of ASA. The society is the leading source of information and referral on autism to parents, professionals, and members of the general public. They publish a bi-monthly newsletter, *Advocate*, that is free with membership and several brochures, including a parent packet, "Getting Started".

Autism Speaks

2 Park Avenue, 11th Floor ▪ New York, NY 10016 ▪ Ph: 212-252-8584 ▪ Website: www.autismspeaks.org

Beach Center on Disability - The University of Kansas

Haworth Hall, Room 3136 ▪ 1200 Sunnyside Avenue ▪ Lawrence, KS 66045-7534 ▪ Ph: 785-864-7600
or 785-864-3434 ▪ Website: www.beachcenter.org/
Clearinghouse with materials written for families of children with disabilities.

Clearinghouse on Disability Information

4040 Esplanade Way, Suite 180 ▪ Tallahassee, FL 32399-7016 ▪ Ph: 877-ADA-4-YOU ▪ Voice/TTY: 877-232-4968
or 850-922-4103

Disability Statistics Center, A Rehabilitation Research and Training Center

3333 California Street, Suite 340 ▪ San Francisco, CA 94118 ▪ Ph: 415-502-5214 ▪ Website: www.dsc.ucsf.edu

Easter Seals National Headquarters

233 South Wacker Drive, Suite 2400 ▪ Chicago, IL 60606 ▪ Ph: 800-221-6827 ▪ Website: www.easter-seals.org/

Families for Early Autism Treatment (FEAT)

PO Box 255722 ▪ Sacramento, CA 95865-5722 ▪ Ph: 916-303-7405 ▪ Website: <http://www.feat.org/>

Family Village, The

Waisman Center ▪ University of Wisconsin-Madison ▪ 1500 Highland Avenue ▪ Madison, WI 53705-2280
Website: www.familyvillage.wisc.edu/
Clearinghouse with materials written for families of children with disabilities.

Family Voices, Inc.

2340 Alamo SE ▪ Suite 102 ▪ Albuquerque, NM 87106 ▪ Ph: 888-835-5669 ▪ Website: www.familyvoices.org
Clearinghouse with materials written for families of children with disabilities.

Goodwill Industries International, Inc.

15810 Indianola Drive ▪ Rockville, MD 20855 ▪ Ph: 800-741-0186 ▪ www.goodwill.org

Head Start Bureau, U.S. Department of Health and Human Services, Administration for Children & Families

61 Forsyth Street, Suite 4M60 ▪ Atlanta, GA 30303-8909 ▪ Ph: Region 4 (Includes FL) 404-562-2800

Website: www.acf.hhs.gov/

Heart of Florida United Way

1940 Traylor Blvd. ▪ Orlando, FL 32804 ▪ Ph: 407-835-0900 ▪ Website: www.hfuw.org

Serving Orange, Osceola and Seminole counties. Services include the 211 and Elder Helpline which is a 24 hour-per-day helpline offers free assistance and referrals to approximately 800 health and human service agencies and 2,000 programs and services in Central Florida; the FamilyWise Prescription Discount Card which offers an average savings of 35 percent on retail prescription prices; and the Earned Income Tax Credit (EITC) and Free Tax Preparation Services which offers tax refunds ranging from \$438 to \$4,824 to eligible families and individuals, also free tax preparation sites are available to help residents get the tax refund they deserve.

International Rett Syndrome Association (IRSA)

4600 Devitt Drive ▪ Cincinnati, OH 45246 ▪ Ph: 800-818-7388 ▪ Website: www.rettsyndrome.org

MAAP Services, Inc.

Nonprofit organization dedicated to providing information and advice to families of **more** advanced individuals with Autism, Asperger's syndrome, and Pervasive developmental disorder (PDD).

PO Box 524 ▪ Crown Point, IN 46307 ▪ Ph: 219-662-1311 ▪ Website: www.maapservices.org

National Association of Protection and Advocacy Systems (NAPAS)

900 Second Street NE, Suite 211 ▪ Washington, DC 20002 ▪ Ph: 202-408-9514 ▪ Website: www.napas.org

National Fragile X Foundation

PO Box 37 ▪ Walnut Creek, CA 94597 ▪ Ph: 800-688-8765 ▪ Website: www.nfxf.org

National Information Center for Children and Youth with Disabilities (NICHCY)

1825 Connecticut Avenue NW, Suite 700 ▪ Washington, D.C. 20009 ▪ Voice/TTY: 800-695-0285

Website: www.nichcy.org

National Parent to Parent Support and Information System, Inc.: www.nppsis.org

Organization for Autism Research

2000 North 14th Street, Suite 170 ▪ Arlington, VA 22201 ▪ Ph: 703-243-9710 ▪ Website: www.researchautism.org

Sibling Support Project

6512 23rd Ave NW, #213 ▪ Seattle, WA 98117 ▪ Ph: 206-297-6368 ▪ Website: www.siblingsupport.org

Special Olympics International

1133 19th Street NW, Suite 770 ▪ Washington, DC 20036 ▪ Ph: 202-628-3630

Website: www.specialolympics.org

TASH (Formerly: The Association for the Severely Handicapped)

TASH supports the inclusion and full participation of children and adults with disabilities in all aspects of their communities as determined by personalized visions of quality of life. Equity, opportunity and inclusion for people with disabilities since 1975.

1025 Vermont Avenue, Suite 300 ▪ Washington, DC 20005 ▪ Ph: 202-540-9020 ▪ Website: www.tash.org

UCP National (aka United Cerebral Palsy)

1660 L Street NW, Suite 700 ▪ Washington, DC 20036 ▪ Ph: 800-872-5827 ▪ TTY: 202-973-7197

Website: www.ucpa.org

STATE-FUNDED AGENCIES AND PROGRAMS

Agency for Persons with Disabilities

What is the Agency for Persons with Disabilities?

The Agency for Persons with Disabilities assists people who have developmental disabilities and their families. It also provides assistance to identify the needs of people with developmental disabilities and funding to purchase supports and services.

Who is eligible for APD services?

The agency supports individuals with a diagnosis of mental retardation (IQ and adaptive functioning scores under a standard score of 70), individuals with a diagnosis of autistic disorder (DSM-IV code 299.0 only—note that APD does not provide services to individuals with diagnoses of pervasive developmental disorder, PDD-NOS, autistic-like, Asperger's Disorder), spina bifida, cerebral palsy and Prader Willi. Individuals must be over the age of 3 to register.

What services can a person receive from the Agency for Persons with Disabilities?

The services children and adults can receive are called supports and services that make it easier for people to live, work and play in places they choose. Currently, there is a waiting list for APD services. It is still important to register for APD services if your child qualifies, as early as possible. The Agency for Persons with Disabilities will assign a support coordinator who can assist individuals in identifying the supports and services they need. Together a plan of supports and services will be developed to assist people with developmental disabilities, once the child's name comes to the top of the waiting list.

What is the Family and Supported Living Waiver?

The Family and Supported Living Waiver (FSL Waiver) provides home and community-based supports and services to eligible persons with developmental disabilities living in their own home or family home. The FSL Waiver provides services to developmentally disabled adults with goals to participate in the community that may include a goal for independent living. The FSL Waiver offers ten services with dollar cap limits. Each service limit may be exceeded if the request is prior authorized and medically necessary. However, the total annual budget cap of \$14,282.00 may not be exceeded. The services are:

- Adult Day Training
- Consumable Medical Supplies
- Environmental Accessibility Adaptations/Home Modifications
- In-home Supports
- Personal Emergency Response System
- Respite Care
- Support Coordination
- Supported Employment
- Supported Living Coaching
- Transportation

Agency for Persons with Disabilities

Administrative Office: 4030 Esplanade Way, Suite 380 • Tallahassee, FL 32399-0950 • Toll-Free 866-273-2273

Website: www.apd.myflorida.com

District 7 (Brevard, Orange, Osceola, Seminole) – Ph: 407-245-0440

District 13 (Lake, Sumter) – Ph: 352-330-2749

District 12 (Volusia) – Ph: 386-947-4026

Center for Autism and Related Disabilities (CARD)

The primary focus of the regional CARD centers is to provide individualized assistance to individuals and their families who have autism spectrum disorders, dual sensory impairment (deaf-blindness), or related disabilities. The services include nonresidential assistance, outreach programs to school districts, families, and agencies,

dissemination of referral and resource information and professional training materials and programs. Each center has a constituency board that consists of parents of individuals with autism or related disabilities.

- **University of Central Florida**
4000 Central Florida Blvd ▪ P O Box 162202 ▪ Orlando, FL 32816-2202 ▪ Ph: 407-823-6011/ 888-558-1908
Website: www.ucf-card.org
- **University of South Florida**
CARD-USF MHC2113A ▪ 13301 N. Bruce B. Downs Boulevard ▪ Tampa, FL 33612-3899
Ph: 800-333-4530 ▪ Website: <http://card-usf.fmhi.usf.edu/>
- **Florida Atlantic University**
777 Glades Road ▪ Boca Raton, FL 33431 ▪ Ph: 888-632-6395 ▪ Website: www.coe.fau.edu/card/
- **Florida State University**
625-B N. Adams Street ▪ Tallahassee, FL 32301 ▪ Ph: 800-769-7926 ▪ Website: <http://autism.fsu.edu/>
- **University of Florida at Gainesville**
Department of Psychiatry ▪ PO Box 100234 ▪ Gainesville, FL 32610-0234 ▪ Ph: 800-754-5891
Website: www.card.ufl.edu/
- **University of Florida at Jacksonville**
6271 St. Augustine Road ▪ Jacksonville, FL 32217 ▪ Ph: 904-633-0760 ▪ Website:
<http://www.hscj.ufl.edu/pediatrics/autism/>
- **University of Miami**
Department of Psychology ▪ 5665 Ponce de Leon Boulevard ▪ Coral Gables, FL 33124-0725
Ph: 800-9-AUTISM ▪ Website: www.umcard.org

Children's Home Society

Children's Home Society of Florida is a state and national leader in providing responsive, relevant, high quality community-based services to meet the needs of individuals, families, and communities. In this endeavor, CHS will provide a continuum of effective, efficient and humane services so that people are empowered to lead responsible, productive and meaningful lives. CHS will promote collegial partnerships, among both public and private agencies devoted to serving the best interests of children and families, and will work to achieve mutual goals through establishing good faith communication, fostering trust, and honoring commitments.

Children's Home Society of Florida (CHS)

Corporate Headquarters: 1485 S. Semoran Boulevard, Suite 1448 ▪ Winter Park, FL 32792 ▪ Ph: 321-397-3000
Website: www.chsfl.org

Children's Medical Services

The Children's Medical Services (CMS) program provides children with special health care needs with a family centered, managed system of care. Children with special health care needs are those children under age 21 whose serious or chronic physical or developmental conditions require extensive preventive and maintenance care beyond that required by typically healthy children.

Headquarters in Tallahassee: 850-245-4200 ▪ Website: www.cms-kids.com or www.doh.state.fl.us/cms/

CMS Locations in Central Florida:

Brevard: 2565 Judge Fran Jamieson Way ▪ Viera, FL 32940 ▪ Ph: 321-639-5888

Orange/Osceola/Seminole: 7000 Lake Ellenor Drive ▪ Orlando, FL 32809 ▪ Ph: 407-858-5555

Lake/Sumter: 1515 E. Silver Springs Boulevard, Suite 215 ▪ Ocala, FL 34470 ▪ Ph: 352-369-2100

Volusia: 421 S. Keech Street ▪ Daytona Beach, FL 32114 ▪ Ph: 866-827-5197

Florida Alliance for Assistive Services and Technology

FAAST works with consumers, family members, caregivers, providers and agencies to ensure that individuals with disabilities continue to benefit from assistive technology as they move between home, school, work and the community. FAAST is a non-profit organization funded by the US Department of Education through the Assistive Technology Act of 2004, Rehabilitation Services Administration (RSA), private foundations and individuals.

FAAST, Inc.

325 John Knox Road, Building 400, Suite 402 ▪ Tallahassee, FL 32303 ▪ Ph: 888-788-9216
Website: www.faast.org

Florida Department of Early Intervention (Early Steps)

The Department of Early Intervention provides services to children demonstrating delays or disabilities between the ages of birth and their third birthday. Services are determined through a developmental assessment and parental priorities, and may include speech, physical, or occupational therapy, behavioral intervention, specialized instruction, parent training, and other services. In Florida, this agency is referred to as Early Steps.

Website: http://www.cms-kids.com/home/faqs/early_steps.html

Orange, Seminole and Osceola Counties: Lourdes Quintana – Early Steps Director ▪ Mary Grimmer – Program Coordinator ▪ 601 W Michigan Street ▪ Orlando, FL 32805 Ph: 407-317-7430 x2121

Lake, Sumter and Volusia Counties: Gayla Clark – Early Steps Coordinator ▪ Children’s Advocacy Center of Volusia and Flagler Counties Inc. ▪ 421 South Keech Street ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-7434

Brevard County: Althea Puzio – Program Director ▪ Catch of Brevard Inc. ▪ 2565 Judge Fran Jamieson Way Viera, FL 32955 ▪ Ph: 321-634-3688

Florida Department of Education

The State DOE staff can answer questions about special education and related services in Florida. DOE officials are responsible for special education and related service programs for preschool, elementary, and secondary age children. Many, many resources are available directly from DOE through its website and clearinghouse:

Florida DOE Parent Information Line: 1-800-206-8956 ▪ Website: www.fldoe.org

Florida Head Start, Head Start is a comprehensive preschool program for 3 to 4 year olds at risk for school failure due to income or environmental conditions. Up to 10% of Head Start openings may be used by children with disabilities, regardless of their family’s income. Students must be 3 or 4 by September 1 to qualify. Other families must meet income eligibility guidelines. Programs operate from 8:30 to 2:30pm year-round. Limited after school services are available for working parents. The centers are organized by county.

Florida Diagnostic and Learning Resources System (FDLRS)

The Florida Diagnostic and Learning Resources System (pronounced “fiddlers”) is a network of 19 Associate and 4 Specialized Centers in Florida that provide support services to educators, parents, and other professionals who work with exceptional students. Main Website: www.fdlrs.com/

Brevard/Volusia: 2700 Judge Fran Jamieson Way ▪ Viera, FL 32940-6699 ▪ Ph: 321-633-1000, ext. 540; 321-631-1911, ext. 540 ▪ Website: www.fdlrs.brevard.k12.fl.us/east/index.htm

Lake / Orange / Osceola / Seminole / Sumter /Volusia: 1200 West Colonial Drive ▪ Orlando, FL 32804
Ph: 800-262-1596 ▪ Website: www.fdlrs.ocps.net/

The FDLRS Action Resource Center is a state-funded program with regional Centers developed by the Florida Department of Education, Bureau of Instructional Support and Community Services. Services include:

- **Child Find** – assists in locating, identifying and obtaining services for children who have special learning needs. The CHRIS (Children’s Registry and Information System) is utilized and interagency coordination and collaboration is emphasized.
- **Resources** – an extensive library includes a variety of journals, newsletters, videotapes, software, books and instructional resources that can be used to support the education of students with disabilities. Emphasis is placed on providing state of the art resources that support training and development initiatives and meet parent needs. A resource collection specialist is available to recommend materials and media for specific topics. Parents and professionals may borrow items. The Building the Legacy training curriculum was produced by NICHCY at the request of the Office of Special Education Programs (OSEP) at the U.S. Department of Education. The curriculum is intended to assist in understanding and implementation of the IDEA 2004 Part B regulations. The training curriculum has five overarching themes with multiple training modules beneath each theme. <http://www.nichcy.org/Laws/IDEA/Pages/BuildingTheLegacy.aspx>
- **Technology** – assists school districts and families in the delivery, modification and integration of instructional and assistive technology. This includes microcomputer application, adaptive devices and

emerging technology. A Solutions Lab is available for teachers and parents to preview software, hardware and other equipment. A FDLRS Action Resource technology specialist is available for consultation.

- **Parent Services** – many services are available to parents, families and school staff who have children and learners with special needs. Services include: parent workshops and meetings, lending Resource Collection, Technology Solutions Lab and Assistive Technology Lab, FDLRS Newsletter and Training Calendar, “Parent Packets” of information, referrals to community resources/agencies and material available for school-based Parent Resource Centers.

Florida Developmental Disabilities Council

The primary mission of the Florida Developmental Disabilities Council is to promote innovative programs and practices designed to prevent developmental disabilities and improve the quality of life of individuals with such disabilities and their families. The Council, a non-profit organization that receives its funding from the Department of Health and Human Services’ Administration on Developmental Disabilities, was founded in 1971 and operates independently of any agency or department of state.

Florida Developmental Disabilities Council (DD)

124 Marriott Drive, Suite 203 ▪ Tallahassee, FL 32301 ▪ Ph: 800-580-7801 ▪ TDD: 888-488-8633

Website: www.fddc.org

Florida Discount Drug Card Program

The Florida Discount Drug Card is designed to lower the cost of prescriptions for Florida residents who are:

- Age 60 and older and without prescription drug coverage or who fall into the Medicare Prescription Drug Coverage gap; or
- Under age 60, without prescription drug coverage, and with an annual family income of less than 300% of the Federal Poverty Level. Qualifying incomes include those below the following:
 - \$30,636 (for an individual)
 - \$41,076 (for a family of two)
 - \$61,956 (for a family of four)
 - Call or go online for limits for larger families

The Florida Discount Drug Card can –

- Give eligible participants a discount on virtually all drugs
- Be used at all participating pharmacies

Apply today!

- Enroll online: www.floridadiscountdrugcard.com
- Enroll by Telephone: 1-866-341-8894 or TTY Users may call: 1-866-763-9630

Florida Division of Blind Services

Florida Division of Blind Services offers guidance, counseling and referral information to individuals who are legally blind. The department also offers assessment, training, technology and job placements, and provides parent training. They also have a lending library.

Florida Division of Blind Services

Ph: 800-342-1828 ▪ Website: <http://dbs.myflorida.com>

Locations in Central Florida:

Brevard, Volusia: 1185 Dunn Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 800-329-3801

Lake, Orange, Osceola, Seminole, Sumter: 400 W. Robinson Street, Suite 102 ▪ Orlando, FL 32801-1784

Ph: 407-245-0700

Florida Healthy Kids and Florida KidCare Programs

Florida Healthy Kids and KidCare are health insurance programs for children from birth through age 18, with very low monthly premiums. The programs are:

Florida Healthy Kids Corporation

P. O. Box 980 ▪ Tallahassee, FL 32302 ▪ Ph: 888-540-5437 ▪ Website: www.healthykids.org

A public-private partnership that provides comprehensive, year-round health insurance for uninsured children ages 5 through 18. Florida Healthy Kids provides health insurance for children who are not eligible for Medicaid or Children's Medical Services and do not have health insurance.

Florida KidCare

Ph: 888-540-5437 ▪ Website: www.floridakidcare.org

A health insurance program for uninsured children under age 19 who are not eligible for Medicaid or Children's Medical Services and do not have health insurance.

Florida KidCare Outreach Project

1300 S. Duncan Drive, Building B ▪ Tavares, FL 32778 ▪ Ph: 352.742.6504 ▪ Fax: 352.742.6559

Contact: Maria Granado, Program Manager, Lake County Community Health Worker Program

One-on-one application assistance and support services.

Florida MediKids

Ph: 877-506-0578 ▪ Website: www.fdhc.state.fl.us/Medicaid/MediKids/index.shtml

Florida Inclusion Network

The Florida Inclusion Network provides learning opportunities, consultation, information and support to educators, families, and community members, resulting in the inclusion of all students.

Florida Inclusion Network (FIN)

Administrative Office: Florida State University ▪ 355 North Monroe Street, Suite B ▪ Tallahassee, FL 32301

Ph: 888-232-0421 ▪ Website: www.floridainclusionnetwork.com

Locations in Central Florida:

Lake, Osceola, Seminole, Volusia: 1673 Mason Avenue, Suite 203 ▪ Daytona Beach, FL 32117-5516

Ph: 877-346-8233

Brevard: 1519 Clearlake Road ▪ Cocoa, FL 32922 ▪ Ph: 321-433-7948

Orange: ELC 6 445 W. Amelia Street ▪ Orlando, FL 32503 ▪ Ph: 407-317-3200

Sumter: 3500 E. Fletcher Avenue, Suite 225 ▪ Tampa, FL 33613 ▪ Ph: 813-558-5416

Florida Independent Living Council

FILC's purpose is to promote independent living opportunities for persons with disabilities throughout the state of Florida.

Florida Independent Living Council (FILC)

1416 North Adams Street ▪ Tallahassee, FL 32303 ▪ Voice/TTY: 850-488-5624

Toll Free: 877-822-1993 ▪ Website: www.flailc.org

Florida Parent Training and Information Projects

Family Network on Disabilities of Florida, Inc. (FND)

2196 Main St, Suite K ▪ Dunedin, FL 34698 ▪ Ph: 800-825-5736 ▪ Website: www.fndfl.org

Providing training, information, resources and referrals for families of children with disabilities.

Parent Education Network (PEN)

2196 Main St, Suite K ▪ Dunedin, FL 34698 ▪ Ph: 800-825-5736

Website: <http://www.fndfl.org/projects/pen/index.asp>

A statewide project providing information, support, training, and technical assistance to individuals with disabilities, their families, and professionals.

The Family Café

1322 North Duval Street ▪ Tallahassee, FL 32303 ▪ Ph: 850-224-4670 ▪ Toll-Free: 888-309-CAFÉ
Fax: 850-224-4674 ▪ Website: www.familycafe.net

Florida's Protection and Advocacy Programs for Persons with Disabilities

Protection and Advocacy systems are responsible for pursuing legal, administrative, and other remedies to protect the rights of people who have developmental disabilities or mental illness, regardless of their age. Protection and Advocacy agencies may provide information about health, residential, and social services in your area. Legal assistance is also available.

The Client Assistance Program provides assistance to individuals seeking and receiving vocational rehabilitation services. These services, provided under the Rehabilitation Act of 1973, include assisting in the pursuit of legal, administrative, and other appropriate remedies to insure the protection of the rights of individuals with developmental disabilities.

Disability Rights Florida

2728 Centerview Drive, Suite 102 ▪ Tallahassee, FL 32301 ▪ Ph: 800-342-0823
Website: <http://www.disabilityrightsflorida.org/>

Client Assistance Program

Contact the Disability Rights Florida (see above).

Florida Division of Vocational Rehabilitation

The state vocational rehabilitation agency provides medical, therapeutic, counseling education, training, and other services needed to prepare people with disabilities for work. This state agency will provide you the address of the nearest rehabilitation office where you can discuss issues of eligibility and services with a counselor. They can also refer you to an independent living program. Independent living programs provide services, which enable adults with disabilities to live productively as members of the community. The services might include, but are not limited to, information and referral, peer counseling, workshops, attendant care, and technical assistance.

Florida Division of Vocational Rehabilitation

2002 Old St. Augustine Road, Building A ▪ Tallahassee, FL 32301-4862 ▪ Voice/TDD: 850-245-3399
or 800-451-4327 ▪ Website: www.rehabworks.org/

Local Offices:

- Brevard:* 1970 Michigan Avenue, Building A-1 ▪ Cocoa, FL 32922 ▪ Ph: 321-690-3280
815 S. Washington Avenue, Suite 102 ▪ Titusville, FL 32780 ▪ Ph: 321-383-2775
1049 Eber Blvd, Suite 101 ▪ Melbourne, FL 32904 ▪ Ph: 321-984-4869
- Lake/Sumter:* 1101 Lake Harris Drive ▪ Suite 244 ▪ Tavares, FL 32778 ▪ Ph: 352-742-6100
- Orange:* 2250 E. Semoran Boulevard ▪ Apopka, FL 32703 ▪ Ph: 407-884-2048
3555 Maguire Boulevard, Suite 205 ▪ Orlando, FL 32803 ▪ Ph: 407-897-2725
- Osceola:* 102 Park Place Boulevard, Bldg. B, Suite 3 ▪ Kissimmee, FL 34741 ▪ Ph: 407-846-5260
- Seminole:* 917 E. Semoran Boulevard ▪ Casselberry, FL 32707 ▪ Ph: 407-262-7428
512 West 1st Street, S-206 ▪ Sanford, FL 32771 ▪ Ph: 407-328-5777
- Volusia:* 780 W. Grenada Blvd. Suite 110 ▪ Ormond, FL 32174 ▪ Ph: 386-615-6111
775 Harley Strickland Blvd, Suite 102 ▪ Orange City, FL 32763 ▪ Ph: 386-456-5320

Office of Workforce Education

Florida receives Federal funds for vocational education and must assure that funding is used in programs that include students with disabilities. Call this office to find out how Florida's funds are being used and receive information on current programs.

Division of Community Colleges and Workforce Education: <http://www.fldoe.org/CC/>

Central Florida Area Vocational-Technical Centers: www.rehabworks.org/

ACCESS Florida

Protect the Vulnerable, Promote Strong and Economically Self-Sufficient Families, and Advance Personal and Family Recovery and Resiliency. ACCESS Florida is the newly retooled and modernized public assistance service delivery system that is the Automated Community Connection to Economic Self-Sufficiency. This model is based on streamlined workflows, policy simplification, technology innovations and partnership with local community organizations.

Toll Free: 866-762-2237

County ACCESS Application Centers:

Brevard: 801 Dixon Blvd, Suite 1103 ▪ Cocoa, FL 32922

Lake: 1300 Duncan Drive ▪ Tavares, FL 32778

Orange: 6218 West Colonial Drive, Suite 240 ▪ Orlando, FL 32808

Osceola: 1507 North John Young Parkway ▪ Kissimmee, FL 34741

Seminole: 2674 South Orlando Drive ▪ Sanford, FL 32773

Sumter: 1601 West Gulf Atlantic Highway ▪ Wildwood, FL 34785

Volusia: 210 North Palmetto Drive ▪ Daytona Beach, FL 32114

1350 South Woodland Blvd ▪ Deland, FL 32120

1691 Providence Blvd ▪ New Smyrna Beach, FL 32120

Website: www.dcf.state.fl.us/ess/

PRIVATE/NON-PROFIT SPECIAL INTEREST ORGANIZATIONS AND AGENCIES IN FLORIDA

Association for Retarded Citizens of Florida (ARC)

2898 Mahan Drive, Suite 1 ▪ Tallahassee, FL 32308 ▪ Ph: 850-921-0460 ▪ Website: www.ARCFlorida.org

Lake: 35201 Radio Road ▪ Leesburg, FL 34788 ▪ Ph: 352-787-3079 ▪ Website: www.sunrisearc.org

Sumter: 213 W. McCollum Avenue ▪ Bushnell, FL 33513 ▪ Ph: 352-793-5156

Volusia: 100 Jimmy Huger Circle ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-4736 ▪ Website: www.arcvolusia.org

Autism Society of America, Greater Orlando Chapter

4743 Hearthside Drive ▪ Orlando, FL 32837 ▪ Ph: 407-855-0235 ▪ Website: www.asgo.org

Donna Lorman, president. Local chapter of the Autism Society of America provides monthly newsletter, parent support and training, workshops, mail-o-grams, and dissemination of material.

Autism Society of Florida

PO Box 970646 ▪ Coconut Creek, FL 33097 ▪ Ph: 954-349-2820 ▪ Website: www.autismfl.com/

Brain Injury Association of Florida, Inc.

North Broward Medical Center ▪ 201 E. Sample Road ▪ Pompano Beach, FL 33064 ▪ Ph: 954-786-2400

Family Helpline: 1-800-992-3442 ▪ Website: www.biaf.org

Catholic Charities of Orlando

1771 N. Semoran Boulevard ▪ Orlando, FL 32807 ▪ Ph: 407-658-1818 ▪ Website: www.cflcc.org

Center for Independent Living in Central Florida, Inc.

720 N. Denning Drive ▪ Winter Park, FL 32789 ▪ Ph: 407-623-1070 ▪ TDD: 407-623-1185

115 Traders Alley ▪ Lakeland, FL 33801 ▪ Ph: 863-413-2722 or 888-263-6692

Website: www.cilorlando.org

Central Florida Parents Center, Inc.

1021 Delaware Avenue ▪ Palm Harbor, FL 34683 ▪ Ph: 888-61-AWARE (888-612-9273) or 352-394-3506

Website: www.cflparents.org ▪ Contact: Anna Brynild ▪ AWARE Parent Trainer

Children's Home Society of Florida (CHS)

Corporate Headquarters: 1485 S. Semoran Boulevard, Suite 1448 ▪ Winter Park, FL 32792 ▪ Ph: 321-397-3000

Website: www.chsfl.org

Devereux Florida

Administrative Office ▪ 5850 T.G. Lee Boulevard, Suite 400 ▪ Orlando, FL 32822 ▪ Toll Free: 1-800-DEVEREUX

Website: www.devereuxfl.org

Devereux Florida provides mental health and developmental disabilities treatment to over 12,500 children and families annually through 46 programs throughout the state. Devereux is the largest provider of these services in the country and the state of Florida. Devereux Florida provides intensive and community residential treatment services for intellectual/developmental disabilities and individuals with mental health and/or dual diagnoses. Other services include: Intensive and Community residential, Community Counseling, Behavioral Consultation, Group Homes, Therapeutic foster care and specialty foster care for individuals with intellectual/developmental disabilities, early childhood, community outreach, abuse and neglect prevention programs and child welfare services.

Disabled Children's Relief Fund

P. O. Box 89 ▪ Freeport, NY 11520 ▪ Ph: 516-377-1605 ▪ Website: www.dcrf.com

The Disabled Children's Relief Fund is a non-profit organization that provides disabled children with assistance to obtain wheelchairs, orthopedic braces, walkers, lifts, hearing aids, eyeglasses, medical equipment, physical therapy, and surgery. Blind, Deaf, Amputees, and children with Cerebral Palsy, Muscular Dystrophy, Spastic Quadriplegia,

Encephalitis, Rheumatoid Arthritis, Spina Bifida, Down's Syndrome, and other disabilities receive assistance. DCRF focuses special attention on helping children throughout the U.S. that do not have adequate health insurance, especially the physically challenged. In some cases, DCRF may be the last resort.

Family Care Council

6624 St. Partin Place ▪ Orlando, FL 32812 ▪ Ph: 407-857-0539 ▪ Website: www.fccflorida.org

A working group of parents, friends and consumers constantly busy protecting, gaining, and fighting for the rights and benefits for all citizens with any developmental disability. Please read on to know how you can participate and help the disabled.

Family Network on Disabilities of Florida, Inc. (FND)

2196 Main Street, Suite K ▪ Dunedin, FL 34698 ▪ Ph: 727-523-1130 or 800-825-5736 ▪ Website: www.fndfl.org

Providing training, information, resources and referrals for families of children with disabilities.

Florida Association of Speech-Language Pathologists and Audiologists (FLASHA)

Headquarters: 222 South Westmonte Drive #101 ▪ Altamonte Springs, FL 32714 ▪ Ph: 800-243-3574

Website: www.flasha.org/

This association for speech language pathologists provides training and collaboration to enhance speech, hearing and language services in Florida.

Florida Diagnostic and Learning Resources System (FDLRS)

The Florida Diagnostic and Learning Resources System is a network of 19 Associate and 4 Specialized Centers in Florida that provide support services to educators, parents, and other professionals who work with exceptional students. Main Website: <http://www.fdlrs.com/>

Brevard: 2700 Judge Fran Jamieson Way ▪ Viera, FL 32940-6699 ▪ Ph: 321-633-1000, ext. 540

Website: www.fdlrs.brevard.k12.fl.us/east/index.htm

Volusia: Campbell Middle School ▪ 625 South Keech Street ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-4684

Website: www.volusia.k12.fl.us/fdlrs/

Lake / Orange / Osceola / Seminole / Sumter: 3909 Summerlin Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-317-3660 or 800-262-1596 (FL only) ▪ Website: www.fdlrs.ocps.net/

Florida Council for Exceptional Children

Website: www.floridacec.org/

Goodwill Industries of Central Florida, Inc.

Main Number: 407-235-1500

Self Sufficiency Job Centers:

515 W. Central Boulevard ▪ Orlando, FL 32801 ▪ Ph: 407-872-0770

112 S. Sanford Avenue ▪ Sanford 32771 ▪ Ph: 407-936-0469

795 S. Babcock Street ▪ Melbourne, FL 32901 ▪ Ph: 321-953-8188

141 W. International Speedway Boulevard ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-8585

101 W. Cypress Street, Suite K ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-0696

10601 Highway 551, Suite C8 ▪ Leesburg, FL 34788 ▪ Ph: 352-326-8919

Website: www.goodwillcfl.org

Goodwill's trained professionals help the disadvantaged remove employment barriers such as welfare dependency, illiteracy, homelessness, and language barriers. They also serve those with developmental, physical or emotional disabilities, or behavior disorders.

Free services including: B.E.S.T. Computer and Office Skills Training, Employee Development Services, Vocational Evaluation, Direct Placement Services, Faith-Based Jobs Partnership, Compass for Juvenile Offenders, Other Community Services (Special Programs for Exceptional Students, Ticket To Work, Placement and Retention Services for the Homeless,) Life Skills Training, High School, Work Activity Center, Job Club, Network Center, Community Resources Library, Hello Line.

Lighthouse of Central Florida

215 E. New Hampshire Street ▪ Orlando, FL 32804 ▪ Ph: 407-898-2483 ▪ Fax: 407-895-5255

Website: www.lighthousecentralflorida.org

This is the only organization in Central Florida that meets the needs of adults and children with severe visual impairments, including hyper-peripheral vision, providing comprehensive vision rehabilitation services. Programs, including Independent Living Skills, Access Technology, computer classes and Orientation and Mobility, provide low vision individuals with the skills they need to remain active members of society and live full, productive, integrated lives. Adapted toy lending library and assistive devices. Services now include a specialized low vision optometrist and an expanded after-school program for school-age children and teens.

Dan Marino ChildNett

PO Box 267640 ▪ Weston, FL 33326 ▪ Ph: 954-389-4445 ▪ Website: www.childnett.tv

Dan Marino Foundation

PO Box 267640 ▪ Weston, FL 33326 ▪ Ph: 954-389-4445 ▪ Website: www.danmarinofoundation.org

Shepherd's Hope Health Center

2021 West State Road 426 ▪ Oviedo, FL 32765 ▪ Ph: 407-366-8066 ▪ Website: www.shepherdshope.org

Spina Bifida Association – SBA of Central Florida

347 West Lake Faith Drive ▪ Maitland, FL 32751 ▪ Ph: 407-248-9210 ▪ Website: www.sbaa.org

Technology State Loan Library (TSLL)

1207 Mellonville Avenue ▪ Sanford, FL 32771 ▪ Ph: 800-558-6580 ▪ Website: www.aten.scps.k12.fl.us

ATEN'S mission is to assist in the enhancement of student outcomes through provision of information, training, and technical support in the area of Assistive Technology.

DIAGNOSTIC ASSESSMENT

Currently, there is no single medical test to identify autism spectrum disorders. However, medical professionals are commonly used for diagnosis, evaluation, medication management, developmental monitoring, and advice.

The following procedures are reprinted from the Autism Treatment Guide, by Elizabeth K. Gerlach and are **suggested** as part of a diagnostic work-up for autism:

1. A complete, detailed family history, looking for genetic abnormalities among family members. History of the pregnancy and child's medical history.
2. Comprehensive, age-appropriate physical, medical, and neurodevelopment examinations of the child.
3. Laboratory tests (which may include):
 - Chromosomal analysis....with special regard to Fragile-X syndrome (a genetic disorder)
 - CT-scan/or MRI scan...looking for neurological diseases such as tuberous sclerosis, neurofibromatosis, hypomelanosis of Ito.
 - CSF-protein scan (cerebral spinal fluid)...for amino-acids, particularly phenylalanine, and CSF monoamines and endorphins.
 - EEG....for epilepsy, brain damage, or as a baseline.
 - Auditory brain stem response....to rule out neural hearing loss.
 - Audiology Exam.
 - Complete vision exam by a pediatric developmental optometrist.... at an early age, for if glasses are required, they are more easily tolerated.
 - 24-hour urinalysis....including a metabolic screen that checks for levels of uric acid and calcium.
 - Blood work-up....for phenylalanine, uric acid, lactic acid, pyruvic acid, and a herpes titer
4. Interaction with and observation of your child.

OTHER TESTS that may be suggested (note that none of these tests are required to diagnose autism):

- *Hair analysis and blood test*...to screen for the presence of heavy metals (such as lead and mercury) and mineral imbalances.
- *Heidelberg gastrogram*....to check for endocrine dysfunction.
- *Cytoscan evaluation*... to measure mineral deficiencies or imbalances on the cellular level.
- *Lactose-tolerance test*....to test for an individual's ability to handle milk sugar (lactose).
- *Infectious assessment*....to determine if *Candida albicans* or other fungi or bacteria are interfering with the health of the individual through infection.
- *MRI*...to assess potential abnormalities in the brain or brain function
- *PET (SPELT)*...unlikely to be recommended for children, and not approved for use with children even for research purposes due to the use of radioactive isotopes
- *Urinalysis*....for evidence of the mauve factor indicating pyroluria, glucose, ketones, and other abnormalities.
- *Amino acid assay*....to search for metabolic errors in amino acid patterns that are disturbing the mental and physical health of the patient.
- *Membrane lipid analysis* and essential fatty acid profile....to search for error in fatty acid metabolism that also may be disturbing the mental and physical health of the patient.
- *Blood Analysis*.... whole-blood vitamin panel (protazol or erythrocyte) broad-spectrum chemistry screen.
- *Immune competency testing*.... immune testing for T and B cells, immunoglobulins, complements, immune complexes, null cells, PGF2A, and T helper/suppressor ratios, which offer information regarding the strengths and weaknesses of the patient's immune system.
- *Glucose-tolerance test and insulin levels*....blood-sugar/insulin evaluation

Local Providers

Arnold Palmer Hospital for Children & Women – *The Developmental Center for Infants and Children*
601 West Michigan Street ▪ Orlando, FL 32805 ▪ Ph: 407-371-7430 ▪ Website: www.arnoldpalmerhospital.org
Provides assessment for children under the age of 3 who are experiencing delays and differences in development.

Vijay Bhujang

1275 S. Patrick Dr ▪ Satellite Beach, FL 32937 ▪ Ph: 321-779-9838
Diagnostic evaluations.

John Blankemeir

2180 Park Avenue North ▪ Winter Park, FL ▪ Ph: 407-629-6440
Does not accept Medicaid, not a APD vendor. Specializes in depression and AD. Ages 18 and up.

Sandra Cely ▪ *Center for Child Development*

615 East Princeton, Suite 401 ▪ Orlando, FL 32803 ▪ Ph: 407-898-6005

Center for Health, Learning & Achievement

1561 South Alafaya Trail, Suite 200 ▪ Orlando, FL 32828
East Orlando/Waterford Lakes ▪ Ph: 407-382-5551
Southwest Orlando ▪ Ph: 407-298-8995
Longwood/Lake Mary ▪ Ph: 407-333-2255
Winter Springs ▪ Ph: 407-971-1007
Website: www.learningandachievement.com/

Joseph Cimino

1344 South Apollo Blvd., Suite B ▪ Melbourne, FL 32901 ▪ Ph: 321-352-7900
Accepts Medicaid.

Pat Clark

1155 Louisiana Avenue, Suite 106 ▪ Winter Park, FL 32789 ▪ Ph: 407-629-4356 ▪ Email: paclark@cfl.rr.com

Colin Condron – *Pediatric Associates of Orlando*

2047 Santa Antilles Road ▪ Orlando, FL ▪ Ph: 407-896-3816

Prashant Desai

789 Douglas Avenue, Suite 137 ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-862-9988

Cornelia Franz

3160 Southgate Commerce Blvd., #64 ▪ Orlando, FL 32806 ▪ Ph: 407-857-8860 ▪ Website: www.franzcenter.com
Hair and stool analysis, homeopathic medicine, medication management, and alternative medicine.

Halifax Behavioral

841 Jimmy Ann Drive ▪ Daytona, FL 32114 ▪ Ph: 386-274-5333
Website: www.halifaxhealth.org/locations/behavioralservices.aspx

Frank Lopez ▪ *Children's Developmental Center*

2225 Glenwood Drive ▪ Winter Park, FL 32792 ▪ Ph: 407-644-4844 ▪ Takes only Medicaid, Medipass or Cash.

Jeff Oatley

402 N. Halifax Ave. ▪ Daytona Beach, FL 32118 ▪ Ph: 386-252-0801
Diagnostic evaluations, educational recommendations.

UCF Psychology Clinic

Psychology Building ▪ UCF Orlando Campus ▪ Orlando, FL ▪ Ph: 407-823-4348
Website: <http://psychclinic.cos.ucf.edu/>
Waiting list for free diagnostic assessment.

UCF Young Child and Family Research Clinic

Psychology Building ▪ UCF Orlando Campus ▪ Orlando, FL 32816 ▪ Ph: 407-823-2218
Contact: Dr. Kim Renk (6yrs and younger) ▪ Website: http://psychology.cos.ucf.edu/labs_ucf.php
Waiting list for free diagnostic assessment.

Nancy M. Wenk

317 River Edge, Suite 104 ▪ Cocoa, FL 32922 ▪ Ph: 321-264-1105

Out of Area Organizations/Providers

Autism Genetics Resource Exchange (AGRE)

5455 Wilshire Blvd, Suite 2250 ▪ Los Angeles, CA 90036-4234 ▪ Ph: 323-931-6577 ▪ Website: www.agre.org
Multiplex families (2 or more children on spectrum) Free and confidential, research oriented.

TREATMENT OPTIONS

The area of treatment is controversial and often overwhelming. CARD's policy on treatment recommendations states "CARD will not lend its name to the endorsement of any specific program, practice, or model that is offered for service to people with autism and related disabilities." This policy does not preclude the provision of referral options or individualized recommendations by CARD staff, nor does it imply that CARD staff are to refrain from sharing any knowledge or personal experiences.

Principles of Evaluating Treatments of Autism

(adapted from Elizabeth Gerlach's work)

- Approach any new treatment with hopeful skepticism. Remember the goal of any treatment should be to help the person with autism become a fully functioning member of society.
- BEWARE of any program or technique that is touted as effective or desirable for every person with autism.
- BEWARE of any program that thwarts individualization and potentially results in harmful program decisions.
- BE AWARE that any treatment represents one of several options for a person with autism
- BE AWARE that treatment should always depend on individual assessment information that points to it as an appropriate choice for a particular child.
- BE AWARE that no new treatment should be implemented until its proponents can specify assessment procedures necessary to determine whether it will be appropriate for an individual with autism.
- BE AWARE that debate over use of various techniques is often reduced to superficial arguments over who is right, moral and ethical and who is a true advocate for the children. This can lead to results that are directly opposite to those intended including impediments to maximizing programs.
- BE AWARE that, often, new treatments have not been validated scientifically.

Questions To Ask Regarding Specific Treatments

- Will the treatment result in harm to the child?
- How will failure of the treatment affect my child and family?
- Has the treatment been validated scientifically?
- Are there assessment procedures specified?
- How will the treatment be integrated into the child's current program?
- Do not become so infatuated with a given treatment that functional curriculum, vocational, life, and social skills are ignored.

BEHAVIORAL TREATMENTS

Behavioral treatments for children with autism are very effective, and many educational and treatment programs include techniques developed through applied behavior analysis to deal with the behavioral manifestations of autism. Some programs focus exclusively on inappropriate or challenging behaviors. These programs may include different types of behavior techniques meant to determine the cause of the behaviors and/or replace them. Other programs may be based on learning new skills such as communication or object recognition. Intensive or comprehensive behavior programs (sometimes incorrectly called *Lovaas Type programs*) incorporate both the acquisition of new skills and the replacement or elimination of maladaptive behavior. Behavioral programs may be carried out across home, school and work environments.

Behavioral treatments are based on research-proven procedures. There are numerous and diverse procedures that have been used to effectively teach individuals with autism and related disabilities a wide variety of skills. Children with autism can learn many things if you are persistent and consistent. The interventionist uses applied behavior analysis techniques, often, but not always, in one-on-one instruction. Behavioral treatments involve the systematic application of specific consequences contingent on the child's behavior. Positive Behavior Support is a form of applied behavior analysis that looks at the entire context of the individual's behavior and plans behavioral interventions that are sensitive to the values, desires and characteristics of the individual.

Behavioral principles are taught in colleges and universities around the country. Some individuals pursue a special

certification in Behavior Analysis that has been recently developed. However, it should be noted that it is not necessary to hold certification in order to practice behavior analysis.

A CBA is a Certified Behavior Analyst, who has at least a Master's Degree with specific coursework, has completed a predetermined number of hours of supervised experience and has passed a certification test. A CABA (Certified Assistant Behavior Analyst) has completed an undergraduate degree, completed supervised work in behavior analysis and passed a certification test. These certifications assure that the individual has the knowledge necessary to perform behavioral techniques; however, the certification does not guarantee competence in the use of behavioral techniques. There are no competency tests for behavior analysts. Also, there are many Florida professionals who are very competent and knowledgeable in the area of Applied Behavior Analysis who have not become certified. Families interested in behavioral treatment are encouraged to learn a great deal about it so that they can assure their child's provider has the competence to correctly and effectively implement behavioral interventions.

For more information about behavioral treatments, contact CARD.

Local Providers

ADAPT Behavioral Services

225 S. Swoope Ave, #211 ▪ Maitland, FL 32751 ▪ Ph: 407-622-0444 ▪ Fax: 407-699-0444
Contact: Sharon Older, Ph.D., BCBA ▪ Website: <http://adapt-fl.com/>

Applied Behavior Center

113 W. Chapman Road ▪ Oviedo, FL 32765 ▪ Ph: 407-324-7772 ▪ Website: www.appliedbehaviorcenter.com
1450 Daniels Road (Church of Christ of West Orange) ▪ Winter Garden, FL ▪ Ph: 407-324-7772
Applied Behavior Center, ABC, formerly ABC School House, is a 501©3, non-profit organization dedicated to the improvement in the quality of life for children diagnosed with autism or related disabilities.

Attain, Inc.

2201 East Michigan Street, Suite A ▪ Orlando, FL 32806 ▪ Ph: 407-965-3018 ▪ Fax: 877-690-2003
Website: www.myattain.org

Behavior Services of Brevard, Inc

550 St. Johns Street ▪ Cocoa, FL 32922 ▪ Ph: 321-639-9800 ▪ Website: <http://behaviorservicesofbrevard.com/>
Medicaid approved provider, must be referred by APD or Children's Home Society.

Behavioral Associates of Central Florida

Maria R. Ruiz, Ph.D., BCBA
2431 Aloma Avenue, Suite 136 ▪ Winter Park, FL 32792 ▪ Ph: 407-539-1935
Website: <http://www.watchbehaviorwork.com/>

Behavioral Support Services, Inc.

315 North Lakemont Avenue, Suite B ▪ Winter Park, FL 32792 ▪ Ph: 407-830-6412
Website: www.bssorlando.com
Counties served: Brevard, Orange, Osceola and Seminole
Intensive therapeutic on-site services include: teaching problem solving skills, developing behavior strategies and teaching normalization activities for children and adults with disabilities.

Best Behavior

3035 Northeast Jacksonville Road ▪ Ocala, FL 34479 ▪ Ph: 352-694-7201 ▪ Website: www.best-behavior.org
Services include: Functional Behavior Assessments, Behavioral Intervention Plans, Behavior Therapy, Social Skills Training, Functional Communication Training, and Academic Tutoring.

***Butterfly Effects, LLC**

Brevard County ▪ Ph: 561-302-4860 ▪ Fax: 954-342-0273 ▪ Website: www.ButterflyEffects.com

Center for Autism and Related Disabilities - University of Central Florida (UCF CARD)

4000 Central Florida Blvd. ▪ Post Office Box 162202 ▪ Orlando, FL 32816-2202

Ph: 407-823-6011 or 888-558-1908 ▪ Website: www.ucf-card.org

Parent training, coaching and problem solving.

Central Florida Behavioral Hospital

6601 Central Florida Parkway ▪ Orlando, FL 32821 ▪ Ph: 407-370-0111 ▪ Toll-free: 800-433-1122

Website: www.centralfloridabehavioral.com

Full-service mental health programs for children, adolescents and adults.

Devereux Florida – Community Counseling Centers and Behavioral Consultation

Administrative Office ▪ 5850 T.G. Lee Boulevard, Suite 400 ▪ Orlando, FL 32822 ▪ Toll Free: 1-800-Devereux

Website: www.devereuxfl.org

Brevard County ▪ Ph: 321-752-3111

Orange, Seminole and Osceola Counties ▪ Ph: 407-281-3840

Volusia County ▪ Ph: 386-738-5543

Early Interventions Supporting Healthy Child Development

Marisa Salazar, M.Ed. ▪ Infant and Toddler Development Specialist

E-mail: Marisa@earlyinterventions.org ▪ Website: <http://earlyinterventions.org> ▪ Ph: 407-462-9004

Services: Education & Support for Parents; Managing Behaviors; Promoting Social Skills and Cognitive Development; Enhancing Communication and Language Development Servicing Windermere, Winter Garden, and surrounding areas.

Expanding Horizons

3419 Cypress Point Circle ▪ St. Cloud, FL 34772 ▪ Ph: 407-301-3791

Florida Autism Center

1708 Lexington Green Lane ▪ Sanford, FL 32771 ▪ Ph: 407-413-9550 ▪ Fax: 866-610-0580

Contact: Chrystin Bullock ▪ Website: <http://floridaautismcenter.net/>

Services: In-home services, school services, training and supervision, consulting

Serving: Central Florida primarily, but will travel.

Florida Institute of Technology Behavior Analyst Training Program

150 W. University Boulevard ▪ Melbourne, FL 32901 ▪ Ph: 321-674-7516

Website: http://cpla.fit.edu/aba/services_rates.php

Services include: functional assessment of challenging behavior, function-based intervention design (i.e., behavior support planning), teacher training, IEP planning and early intervention services. These services are available for a wide variety of challenging behaviors exhibited by children and students of all functioning levels. Serving Brevard and Indian River counties; in the future, Orange, Seminole and Osceola. Billing is guided by Medicaid Waiver and Early Intervention allowances and a sliding scale for families paying out of pocket.

Florida Sheriffs Youth Ranches, Inc.

PO Box 2000 ▪ Live Oak, FL 32060 ▪ Ph: 386-842-5501 ▪ Website: www.youthranches.org

The Mission of the Florida Sheriffs Youth Ranches is to prevent juvenile delinquency and develop lawful, productive citizens through a broad range of family-centered services.

Halifax Behavioral Services

841 Jimmy Ann Drive ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-5333

Website: <http://www.halifaxhealth.org/locations/behavioralservices.aspx>

Halifax Behavior Services offers family and group counseling for children and adolescents, using a broad range of approaches. HBS offers a complete continuum of care for children from birth to 18 years of age and is the largest provider of psychiatric and psychological services for children and adolescents in the area. Services include partial hospitalization, inpatient services, and outpatient services such as play therapy, parent education classes and support groups.

Harmony Mental Health and Behavioral Services *Serving Orange, Lake, Seminole and Osceola Counties*
6021 Wedgewood Circle ▪ Orlando, FL 32808 ▪ Email: harmonymhbs@gmail.com
Ph: 407-235-8151 for Mental Health Services, contact Schellie Fanfan-Sissoko, LMHC, MS, EdS
Ph: 321-297-7505 for Behavior Analysis Services, contact Robin Williams, MS, BCBA

Patrice D. Hay, LLC

Ph: 407-575-4695 ▪ Fax: 407-540-8594 ▪ Email: patrice20@comcast.net

Marilyn F. Hays, Ph.D.

Ph.: 407-889-8721 ▪ Email: mmh4katz@embarqmail.com

Services: In home services, school services, training, and consulting

Hidden Potentials, Inc.

5650 S. Washington Avenue ▪ Titusville, FL 32780 ▪ Ph: 321-267-6318

Website: www.hpotentials.com

Provides one-on-one behavioral intervention and parent training. Also providing Medicaid Waiver services in Orange County, including in home supports, respite, PCA and companion.

June Hoefling, MS, BCBA

Ph: 321-303-4926

Interventions Unlimited, Inc.

848 Executive Drive ▪ Oviedo, FL 32765 ▪ Ph: 407-678-8889 ▪ Fax: 407-678-8885

Website: www.interventionsunlimited.com/ ▪ Contact: Jing Zhou, BCBA

Services include: behavioral assessment and intervention, school consultation, parent training and staff training.

KinderKonsulting

2479 Aloma Avenue ▪ Winter Park, FL 32792 ▪ Ph: 407-657-6692 ▪ Website: <http://kinderkonsulting.com/>

Provides behavioral guidance. Does not provide behavior analysts.

LifeShare Florida

121 S. Orange Avenue, Suite 1500 ▪ Orlando, FL 32801 ▪ Ph: 407-377-6381

Website: <http://www.lifeshareinc.org/contact-us.php>

Deborah L. McCoy

7663 CR 247 ▪ Lake Panasoffkee, FL 33538 ▪ Ph: 352-330-0844 ▪ Cell: 352-446-6700 ▪ Fax: 352-330-0416

Serving the following counties: Lake, Marion, Sumter, Citrus, and Hernando

Monica Pistrana

1802 North Alafaya Trail ▪ Orlando, FL 32826 ▪ Ph: 407-367-2953 ▪ Website: www.comties.com

QuestKids

500 East Colonial Drive ▪ Orlando, FL 32803 ▪ Ph: 407-218-4300 ▪ Fax: 407-218-4303

Website: <http://www.questkids.org>

Specializing in helping children with autism, pervasive development disorder, and other learning and behavior concerns with individualized one-on-one programs using Applied Behavior Analysis (ABA).

Jo Ellen Rogers

801 W. Granada Boulevard ▪ Ormond Beach, FL 32174 ▪ Ph: 386-677-3600

Sea Harbor Autism Spectrum Disorder Treatment Center

6601 Central Florida Parkway ▪ Orlando, FL 32821 ▪ Ph: 407-370-0111 ▪ Toll-free: 800-433-1122

Website: <http://centralfloridabehavioral.com/autism.htm>

Highly structured residential learning environment.

Star Center

1100 North Ferncreek Avenue ▪ Orlando, FL 32803 ▪ Ph: 888-554-6558 ▪ Fax: 321-757-5177
Website: www.starcenterforautism.com

Strategies, Inc.

631 Beville Road ▪ S. Daytona, FL 32119 ▪ Ph: 386-767-3752

University Behavioral Center (Crossroads)

2500 Discovery Dr. ▪ Orlando, FL 32826 ▪ Ph: 407-281-7000 ▪ Fax: 407-282-7012
Website: <http://www.psysolutions.com/facilities/universitybehavioralcenter/>

Tara Zeller, BCBA

16713 Corner Lake Dr. ▪ Orlando, FL 32820 ▪ Ph: 407-227-8718 ▪ Contact: Tara Zeller, BCBA
E-mail: tarazeller@gmail.com
Behavior Analysis, Treatment & Consultation; age range: preschool; Orange County

Out-of-Area Organizations/Providers

Central Florida Autism Institute

1525 South Florida Avenue, Suite 2 ▪ Lakeland, FL 33803 ▪ Ph: 863-816-5886 ▪ Website: www.cfaii.org

(FACES) Florida Autism Consultants and Educational Services

P.O. Box 65812 ▪ Orange Park, FL 32065 ▪ Ph: 904-210-2556 ▪ Contact: Dr. Mae Barker, BCBA-D
Will travel to Orlando to provide services

Web Sites

Florida's Positive Behavioral Support Project: <http://flpbs.fmhi.usf.edu/>

COMMUNICATION

One of the main areas affected by autism is an individual's ability to communicate. Many treatment programs include methods to increase communication skills. Depending on each child's needs, speech/language therapy may focus on acquiring language skills or sign language. Communication aids, such as electronic communication devices (sometimes called "assistive or augmentative devices") or picture communication boards, may be used to help a person with autism communicate more effectively. In some cases, speech therapy may include a combination of these and other methods.

Web Sites

Beyond Autism <http://trainland.tripod.com/>

This website has links to other websites that can possibly provide visual symbols for free.

Prentke Romich Company <http://www.prentrom.com/>

Pyramid Educational Consultants, Inc ▪ www.pecs.com

Speech Fun www.speechfun.com

Local Providers

(Note: local providers of behavioral treatments may also address communication)

ABCLand Therapy Services

Renaissance Park ▪ 1020 E Osceola Pkwy ▪ Kissimmee, FL 34744 ▪ Ph: 407-201-3337

Website: www.abclandtherapy.com

ABC Therapies of Florida, Inc.

Contact: Cheryl E. Townsend, M.A., CCC-SLP
890 Northern Way, Suite E ▪ Winter Springs, FL 32708 ▪ Ph: 407-340-2718
E-mail: Cheryl@abctherapiesflorida.com
Website: http://www.abcfll.com/index.php?option=com_frontpage&Itemid=1

A.LL Therapy Connection, Inc.

140 Tonina Cove, Suite 100 ▪ Maitland, FL 32751 ▪ Ph: 407-388-0246 ▪ Fax: 407-332-8899
Website: www.alltherapyconnection.com
Multidisciplinary pediatric clinic, also provides bilingual services.

Apple Therapy Center

2244 Boggy Creek Rd, Suite F ▪ Kissimmee, FL 34744 ▪ Ph: 407-574-5109
Website: www.appletherapycorp.com

Arnold Palmer Hospital for Children:

Hanen Program Coordinator
92 W. Miller Street ▪ Orlando, FL 32806 ▪ Website: www.arnoldpalmerhospital.org
Outpatient Speech Therapy:
1300 Kuhl Avenue, Orlando, FL 32806 ▪ Ph: 407-237-6387
1435 Hwy 434 Suite 101, Longwood, FL 32750 ▪ Ph: (407) 767-5441
1555 Howell Branch Road Suite B1, Winter Park, FL 34769 ▪ Ph: 407-645-2081
1575 Buidinger Avenue Suite A/N, St. Cloud, FL 34769 ▪ Ph: (407) 498-3488

Beckman & Associates

620 North Wymore Road ▪ Maitland, FL 32751 ▪ Ph: 407-590-4852 ▪ Website: www.beckmanoralmotor.com

Beyond Therapy

4219 Flora Vista Drive ▪ Orlando, FL 32837 ▪ Ph: 407-857-6285 ▪ Fax: 407-857-9566
Website: www.centralfltherapy.com
Accepts Medicaid, Part C, Insurance

Campbell Therapy Service

1220 Prospect Avenue, Suite 292 ▪ Melbourne, FL 32901 ▪ Ph: 321-952-2110

Christine Carey M.A., CCC-SLP

Space Coast Speech and Language, LLC ▪ 3800 W. Eau Gallie Blvd, Suite 101 ▪ Melbourne, FL 32934
Ph: 321-220-9405 ▪ E-mail: christinecareyslp@yahoo.com

Center for Assistive Technology Services (CATS)-Easter Seals

1219 Dunn Ave. ▪ Daytona Beach, FL 32114 ▪ Halifax: 386-255-4568 ▪ DeLand: 386-736-9849
Assistive technology is the link that enables persons with a disability to maintain or improve his or her functional capabilities. CATS offers information, referral, demonstrations, and advocacy for assistive devices and services. Some devices are available to Volusia and Flagler County residents on short term loan for trial usage.

Center for Health, Learning & Achievement

1561 South Alafaya Trail, Suite 200 ▪ Orlando, FL 32828 ▪ Website: www.learningandachievement.com/
East Orlando/Waterford Lakes ▪ Ph: 407-382-5551
Lake Mary/Heathrow ▪ Ph: 407-333-2255
Winter Springs ▪ 407-971-1007
Southwest Orlando ▪ 407-298-8995

Center for Speech and Language

5020 Goddard Avenue ▪ Orlando, FL 32804 ▪ Ph: 407-299-1533

Website: <http://www.centerforspeechorlando.com/>

Child and Family Consultants, Inc.

Hanan workshop provider ▪ 1800 Penn Street, Suite 12 ▪ Melbourne, FL 32901 ▪ Ph: 321-768-6858

Child Life Therapy L.L.C.

1486 Swanson Drive, Suite 200 ▪ Oviedo, FL 32765 ▪ Ph: 407-977-4448 ▪ Contact: Dena Hoy

Children First

4448 Edgewater Drive ▪ Orlando, FL 32804 ▪ Ph: 407-513-3000

Website: <http://www.childrenfirsthomecare.com/r-therapy.html>

Developmental Therapy Services

1219 Dunn Ave. ▪ Daytona Beach, FL 32114 ▪ Ph: 386-255-4568 ▪ Fax: 386-258-7677

Occupational, Physical, and Speech Therapy for children birth through 18 years with developmental disabilities or delays. Out-patient services use a neurodevelopmental therapy model.

Early Intervention Services

434 North Tampa Avenue ▪ Orlando, FL 32805 ▪ Ph: 407-317-3503 ▪ Contact: Peni Yarbrough

Hanan Program provider - For children who are at least 2.5 years old and reside in Orange County.

Eustis Speech & Language Center, Inc.

17521 Highway 441, Suite 6 ▪ Mt. Dora, FL 32757 ▪ Ph: 352-385-1944 ▪ Contact: Cathy Hale

FDLRS TSL (Technology State Loan Library)

1207 Mellonville Avenue ▪ Sanford, FL 32771 ▪ Ph: 800-558-6580 ▪ Website: www.aten.scps.k12.fl.us

ATEN'S mission is to assist in the enhancement of student outcomes through provision of information, training, and technical support in the area of Assistive Technology.

Florida Hospital Celebration Health

400 Celebration Place ▪ Celebration, FL 34747 ▪ Ph: 407-303-4000

Website: www.celebrationhealth.com

Florida Pediatric Therapy

2000 Derby Glen Drive ▪ Orlando, FL ▪ Ph: 407-641-0808 ▪ Contact: Caroline

Email: info87@floridapediatrictherapy.com ▪ Website: www.floridapediatrictherapy.com/autism.htm

Jenni Franz, MA, CCC-SLP ▪ Franz Speech Language Pathology

Winter Park, FL 32789 ▪ Ph: 407-810-2261 ▪ Fax: 407-264-8734 ▪ Website: <http://franzslp.com/>

Lona Gustafson-Kusor, MA, CCC-SLP

Ph: 386-668-1497

Patrice D. Hay, LLC ▪ Developing Positive Changes, LLC

220 Sandhill Crane Run ▪ Orlando, FL 32828 ▪ Ph: 407-575-4695 ▪ Fax: 407-540-8594

Email: patrice20@comcast.net

Herman and Associates

4401 East Colonial Drive, Suite 107 ▪ Orlando, FL 32803 ▪ Ph: 407-898-5060

Website: www.hermanandassociates.com

Provides speech therapy and group pragmatics training

Lynne Jenne

4020 Edgewater Drive ▪ Orlando, FL 32804 ▪ Ph: 407-290-0709 ▪ Fax 407-532-9250

Does not do evaluations ▪ Accepts Medicaid and is a APD provider

K and L Therapy Services Inc.

7209 Curry Ford Road, Suite E ▪ Orlando, FL 32822 ▪ Ph: 407-421-7284 ▪ Espanol Ph: 407-595-0753
Website: www.kandltherapy.com ▪ Email: contact@KandLtherapy.com
Accepts most PPOs, Aetna, BCBS, Amerigroup, Medipass, Health Ease, and Stay Well

Kid Talk Speech Language Pathology Center for Children

Contact: Lona Gustafson-Kuser ▪ Ph: 386-668-1497 ▪ E-mail: lonakuser@yahoo.com

LifeSkills Academy

1016 Spring Villas Pointe, Suite 1030 ▪ Winter Springs, FL 32708 ▪ Ph: 407-629-9455
Website: www.lifeskillscenter.com

Sonia Malave, SLP

Ph: (407) 697-7482 ▪ E-mail: soniaemalave@gmail.com
Home-based services. Bilingual (English/Spanish). Takes Full Medicaid and Medipass. Covers Southwest Orlando and Kissimmee.

Evelyn Michel, SLP

816 N Orange Ave ▪ Orlando, FL 32801 ▪ Ph: 407-489-5253 ▪ Email: empathologist@gmail.com

Meric O'Grady, MA, CCC-SLP ▪ Pediatric Therapy Services of Greater Orlando

1002 S Dillard Street, Suite 106 ▪ Orlando, FL 34787 ▪ Ph: 407-761-0561
Website: http://www.orlandokidstherapy.com/speech_pathology.htm
Oral, Motor and Feeding Specialists

Optimum Kids Pediatric Rehabilitation

2500 West Lake Mary Blvd, Suite 208 ▪ Lake Mary, FL 32746 ▪ Ph: 407-323-6955

Pediatric Skill Builders

1850 Lee Road, Suite 134 ▪ Winter Park, Florida 32789 ▪ Ph: 407-761-0561
Websites: www.pediatricskillbuilders.com

PRN Speech Pathologist Support

250 S Ronald Reagan Blvd ▪ Longwood, FL 32750 ▪ Ph: 407-260-0020
Provides free screenings at childcare centers. Serves all ages and accepts Medicaid, Stay Well, Medipass, Amerigroup and Health Ease for non-screening services.

Professional Communication Services

1401-A Edgewater Drive ▪ Orlando, FL 32804 ▪ Ph: 407-245-1026 ▪ Fax: 407-245-1235
Website: www.socialpragmatics.com ▪ Contact: Tim Kowalski
Speech & Language Diagnostic Evaluations ▪ Accepts Medicaid, does not accept HMO insurance.

R.G. Therapy Services, Inc.

630 North Maitland Avenue ▪ Maitland, FL 32751 ▪ Ph: 407-539-2488 ▪ Contact: Rhonda Geib
Services include Occupational Therapy, Physical Therapy and Speech Therapy, covering the Central Florida area.

Ramah Rehabilitation, Inc.

115 W Granada Boulevard ▪ Ormond Beach, FL 32174 ▪ Ph: 386-672-8547 ▪ Contact: Ray Masbad

Pamela K. Rowe, M.A., CCC-SLP

2431 Aloma Avenue, Suite 168 ▪ Winter Park, FL 32792 ▪ Ph: 407-679-7700
Specializes in language, speech, oral motor and voice treatment. Accepts most insurances and Medicaid.

Simply Speaking

Katie Peterman, MA, CCC-SLP & Ashley Seiler, MA, CCC-SLP
3564 Avalon Park Blvd. East, Suite 1-249 ▪ Orlando, FL 32828 ▪ Ph: 407-737-2023 ▪ Fax: 407-208-1562

Website: www.simplyspeakingcentralflorida.com
Home-based traveling therapy.

Smart Speech Bilingual Therapy

15840 Sausalito Circle ▪ Clermont, FL 34711 ▪ Ph: 407-924-3502 ▪ Website: www.smartspeech.com
Home bound bilingual (Spanish/English) speech language therapy services ▪ Accepts Medicaid and Medipass.

Space Coast Early Intervention at the HOPE Center

3790 Dairy Road ▪ Melbourne, FL 32904 ▪ Ph: 321-729-6858 ▪ Website: www.sceic.com

The Speech Pros

Erin Brooker Lozott, M.S., CCC-SLP ▪ Ph: 954-445-1530 ▪ E-mail: ebe211@aol.com
Summer Perkins, M.S., CCC-SLP ▪ Ph: 407-808-8063 ▪ E-mail: sperk33@gmail.com
Clinically certified Speech Language Pathologists. Provide individualized and direct instruction tailored to the child's specific needs in child's home. Services provided in the following counties: Lake, Orange, Seminole, and Volusia.

Speech Therapy-Easter Seals

1219 Dunn Ave. ▪ Daytona Beach, FL 32114. ▪ Ph: 386-255-4568 ▪ Fax: 386-258-7677
Diagnostic and remedial services for adults and children with stuttering, articulation disorders, aphasia, laryngectomy, delayed speech/language, tongue thrust, cleft palate, hearing loss.

Step-By-Step Therapy

2762 Dora Avenue ▪ Tavares, FL 32778 ▪ Contact: James R. Hampton ▪ Ph: 352-742-7837
Website: www.stepbysteptherapy.com
3 Speech-language Pathologists on staff and Early Steps Providers.

***The Therapy Place**

Lifespan Therapy Services, Inc. ▪ 9318 E. Colonial Drive ▪ Suite B-3 ▪ Orlando, FL 32817 ▪ Ph: 407-281-3803
Website: <http://thetherapy.com/>
Services include: physical, occupational and speech therapies, socialization opportunities and an after school program. Currently charging based on a sliding scale.

UCP Child Development Centers

Website: www.ucpfl.org
Downtown Orlando/Holloway Center: 3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3300
Pine Hills: 5800 Golf Club Parkway ▪ Orlando, FL 32808 ▪ Ph: 407-299-5553
East Orange (Bailes Campus): 12702 Science Drive ▪ Orlando, FL 32826 ▪ Ph: 407-281-0441
West Orange: 628 S. Dillard Street ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0531
Seminole: 3590 N. Hwy 17/92, Suite 114 ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-6222
Osceola: 448 W. Donegan Avenue ▪ Kissimmee, FL 34741 ▪ Ph: 407-932-3445
Provides early intervention pre-school, inclusive childcare, physical, speech and occupational therapy and family support services at six locations throughout Central Florida.

UCF Communicative Disorders Speech/Language Clinic

12424 Research Parkway, Suite 155 ▪ Orlando, FL ▪ Ph: 407-882-0468
Speech clinic provides low-cost therapy (all ages), evaluation and diagnostic assessment, and Central Auditory Processing (CAPD) testing (over age 6 only). Student therapists supervised by licensed therapists provide therapy.

Yakety Yak Speech-Language Pathologists

1200 N Central Avenue, Suite #212 ▪ Kissimmee, FL 34741 ▪ Ph: 407-259-8438 ▪ Email: yakety-yak@cfl.rr.com

Out-of-area Organizations/Providers

Pyramid Educational Consultants

13 Garfield Way ▪ Newark DE 19713 ▪ Ph: 888-732-7462 ▪ Website: www.pecs.com
Uses Picture Exchange Communication System (PECS), a visual communication system that begins with teaching a student to exchange a picture of a desired item with a teacher, who immediately honor the request. Many preschoolers using PECS also begin developing speech.

MEDICATION ASSESSMENT AND MANAGEMENT

While there is no one medication used to treat autism, some medications are prescribed to alleviate specific characteristics such as aggression, seizures, hyperactivity, obsessive/compulsive behavior or anxiety. Medications often have negative side effects, and there are dangers in mixing some medications. We recommend you consult a physician with experience in treating autism.

Web Sites

www.orclish.org/5_disability_res/medications.html

<http://www.mentalhealth.com/p30-note.html>

www.pparx.org

Local Providers

Shaheda Akhtar, MD

2500 Discovery Drive ▪ Orlando, Florida ▪ Ph: 407-281-7000
Website: <http://www.psychiatricsolutionsuniversity.com/>

Vijay Bhujang

1275 S. Patrick Drive ▪ Satellite Beach, FL 32937 ▪ Ph: 321-779-9838

John Blankemeier

2180 N. Park Avenue ▪ Winter Park, FL 32789 ▪ Ph: 407-629-6440
Does not accept Medicaid, not an APD provider, ages 18 and up.

Sandra Cely - The Center for Child Development

615 E. Princeton ▪ Suite 401 ▪ Orlando, FL 32803 ▪ Ph: 407-898-6005

Joseph Cimino

1344 South Apollo Boulevard ▪ Melbourne 32901 ▪ Ph: 321-952-7900
Accepts Medicaid.

Colin Condron – Child Developmental & Diagnostic Center

2047 Santa Antilles Road ▪ Orlando, FL ▪ Ph: 407-841-3816

Prashant Desai

515 W State Road 434 ▪ Suite 205 ▪ Longwood, FL 32750 ▪ Ph: 407-862-9988

Cornelia Franz

3160 Southgate Commerce Blvd. ▪ Orlando, FL 32806 ▪ Ph: 407-857-8860 ▪ Website: www.franzcenter.com
Hair and stool analysis, homeopathic medicine, medication management, and alternative medicine.

Halifax Behavioral

841 Jimmy Ann Drive ▪ Daytona, FL 32114 ▪ Ph: 386-274-5333
Website: <http://www.halifaxhealth.org/locations/behavioralservices.aspx>

Kimberly Kilgore - Central Florida Pediatrics

735 Primera Boulevard ▪ Lake Mary, FL 32746 ▪ Ph: 407-321-0085

Frank Lopez - Children's Developmental Center
2225 Glenwood Drive ▪ Winter Park, FL 32792 ▪ Ph: 407-644-4844

Partnership for Prescription Assistance
Ph: 1-888-477-2669 ▪ Website: www.pparx.org
Help low-income, uninsured Florida residents get free or discounted brand-name medicine

Bhaskar Raju, MD
923 Sand Lake Road ▪ Orlando, FL 32809 ▪ Ph: 407-851-5121 ▪ Website: www.orlandopa.com

MEDICAL SUB-SPECIALTIES

Adult/Geriatric Medicine

Jeffrey Krotenberg
305 Waymont Court, Suite 111 ▪ Lake Mary, FL 32746 ▪ Ph: 407-324-0405

Audiologists

Arnold Palmer Hospital for Children
92 W. Miller Street ▪ Orlando, FL 32806 ▪ Ph: 321-841-6144 ▪ Website: www.arnoldpalmerhospital.org

Easter Seals Child Development Center
1219 Dunn Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 386-255-4568
Website: http://fl-vf.easterseals.com/site/PageServer?pagename=FLVF_Audiology
Audiological assessment, hearing aid dispensing, site of lesion testing, measurement of mid ear function, ear mold and swim plug impressions, lip reading classes.

UCF Communicative Disorders Clinic
12424 Research Parkway, Suite 155 ▪ Orlando, FL 32826 ▪ 407-882-0468
Website: <http://www.cohpa.ucf.edu/comdis/clinicabout.cfm>
Provides comprehensive hearing evaluations and evaluations for auditory processing disorders for all ages.
▪ The Audiology Clinic is now available for hearing aid evaluations and dispensing of digital hearing aids. Dr. Melissa Riess, CCC/AUD, clinic audiologist, and graduate clinicians from the Department of Communicative Disorders will work closely with each patient to find the hearing aid best suited for the individual's unique hearing concerns. Dr. Riess also fits ear protection for swimmers and musicians and conducts hearing evaluations and auditory processing disorder evaluations.
▪ Call the clinic at the number listed above for more information about these services and their cost or to inquire about the clinic's speech and language diagnostic and treatment services.

Dentists

A Advanced Dental Group
1111 Person Street ▪ Kissimmee, FL 34741 ▪ Ph: 407-870-7404

Yasmin Admed
647 W. South Street ▪ Orlando, FL 32805 ▪ Ph: 407-843-7426

AKMW Islam
1925 E. Michigan Street, Suite 202 ▪ Orlando, FL 32806 ▪ Ph: 407-896-6336

John Bailey
917 South Wickham Rd ▪ West Melbourne, FL 32904 ▪ Ph: 321-723-0938

Daniel Barnes

1440 Reed Canal Road ▪ Port Orange, FL 32129 ▪ Ph: 386-760-0550
Website: <http://www.barnesandmcdonnell.com/>

John Bishop

1650 N. Maitland Avenue ▪ Maitland, FL 32751 ▪ Ph: 407-628-2286 ▪ Website: <http://www.pdcf.net/>

Blue Cross/Blue Shield

BC/BS offers a Dental Plan for \$10.65/month - \$24.95 for up to 3 people. There is a \$35.00 enrollment fee. This is an HMO plan called Blue Dental Care - there are no deductibles, no waiting period, unlimited dollar amount for needed work, and only "major work" has co-pays. BC/BS can be reached at 1-800-459-8431 and their web site is www.bcbsfl.com look for quick links on the left and click on "find a doctor" then on the next page click on Dentists and a list of DDS in a 15 mile range of your zip code will come up.

Robert Brown

912 S. Ridgewood Avenue ▪ Suite B ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-6132

Mubashir Chaudry, DMD ▪ Pediatric Dentistry

907 Outer Road, Suite A ▪ Orlando, FL 32814 ▪ Ph: 407-898-5437 ▪ Website: www.orlandopediatricdentistry.com

Michael Dimauro

7424 Docs Grove Circle ▪ Orlando, FL 32819 ▪ Ph: 407-352-4800

W. Michael Ingalls, DDS

245 Waymont Court ▪ Lake Mary, FL 32746 ▪ Ph: 407-324-2090 ▪ Website: www.ddsforchildren.com

Marcy Keown, DMD

1549 S Alafaya Trail, Suite 200 ▪ Orlando, FL 32828 ▪ Ph: 407-482-1405 ▪ Website: <http://mlkdmd.com/>

Troy King, DDS

1390 City View Center ▪ Oviedo, FL 32765 ▪ Ph: 407-977-9990
Dentistry for children.

Leff, Weiss, & Waldee, DDS

817 S. University Drive, Suite 103 ▪ Plantation, FL 33324 ▪ Ph: 954-424-6500 ▪ Website: www.sleepdentists.com
Sleep dentistry for handicapped patients with special needs.

Alexander Nurell

2715 Lakeview Drive ▪ Fern Park, FL 32730 ▪ Ph: 407-629-6464

Shirin Rawji

2116 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-426-9933 ▪ Website: <http://www.distinctdentistry.com/>

Arelis Rodriguez

2883 Delaney Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-425-9333
Website: <http://www.arelisrodriguezvieradmdpa.com/>

Willie Sherman

3599 Colombia Street ▪ Orlando, FL 32805 ▪ Ph: 407-295-0674

Shriners International Headquarters

2900 Rocky Point Drive ▪ Tampa, FL 33607 ▪ Toll-Free Patient Referral Line: 800-237-5055

Website: <http://www.shrinershq.org/Hospitals/Main/>

Program covers up to age 18, finds free dental services for children affected with mental and physical disabilities.

Lincoln Taylor - Pediatric Dental Care of Greater Orlando

7250 Red Bug Lake Road ▪ Oviedo, FL 32765 ▪ Ph: 407-208-0288
11309 Lake Underhill Road, Suite 103 ▪ Orlando, FL 32825 ▪ Ph: 407-208-0288
Website: <http://www.pdcorlando.com/>

Ear/ Nose/ Throat Specialists

Brevard Ear, Nose and Throat Center

1099 Florida Avenue ▪ Rockledge, FL 32955 ▪ Ph: 321-632-6900 ▪ Website: <http://brevardentcenter.com/>

Izak Kielmovitch – *The Ear, Nose and Throat Surgical Associates, PA*

201 North Lakemont Avenue, Suite 100 ▪ Winter Park, FL 32792 ▪ Ph: 407-644-4883
Website: www.entorlando.com

Family Practitioners

Richard Branoff - *Family Health Center*

303 N. Clyde Morris Boulevard ▪ Daytona Beach, FL 32114 ▪ Ph: 386-254-4000

Community Primary Health Clinic

2300 Kurt St. ▪ Eustis, FL 32726 ▪ Ph: 352.589.2501 ▪ Fax: 352.589.4041
Free adult care to uninsured in Eustis area — by appointment only.

Edmund Frank Delgado ▪ *Family Medical Center*

2863 S Delaney Ave ▪ Orlando, FL 32806 ▪ Ph: 407-843-1620

Destiny Foundation of Central Florida Building

150 West Michigan St., Suite A ▪ Orlando, 32806 ▪ Ph: 407-847-0079 ▪ Fax: 877-772-0091
Website: www.battlepoverty.org

Internal Medicine

Joel Andres - *Nemours Children's Clinic, Division of Gastroenterology and Nutrition*

1717 South Orange Avenue, Suite 100 ▪ Orlando, FL 32806 ▪ Ph: 407-650-7290

Oswald Saavedra - *Orlando Internal Medicine Center*

1315 S. Orange Avenue, Suite 3A ▪ Orlando, FL 32806 ▪ Ph: 407-423-4680

Kerry Thek - *Gastroenterology Consultants*

300 Clyde Morris Blvd, Suite A ▪ Ormond Beach, FL 32174 ▪ Ph: 386-677-0531
Pediatric Specialist.

Geneticists

John McReynolds

1717 S Orange Ave ▪ Orlando, FL 32806 ▪ Ph: 407-650-7245
Metabolic and genetic testing, counseling.

Mental Health

ACT Corporation

1220 Willis Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 386-947-3600
Children's mental health and substance abuse.

Autism and Related Disabilities Gym Program and Support Group

P. O. Box 770306 ▪ Winter Garden, FL 34777 ▪ Jo-Anne Houwers: 407-234-7456 ▪ Website: www.autismgym.org

FREE structured gym program during support group.

Bridges ▪ *Terry Tomaka – Family Liaison Program*

1694 Cedar Street ▪ Rockledge, FL 32955 ▪ Ph: 321-690-3464 ▪ Website: www.mybridges.org

Mike Campbell ▪ *Nemours Children's Clinic*

1717 South Orange Avenue, Suite 100 ▪ Orlando, FL 32806 ▪ Ph: 407-650-7455 ▪ Website: www.nemours.org

C.A.R.E. Network (*Children's Assessment & Resource Evaluation*)

1300 S. Duncan Drive, Building C ▪ Tavares, FL 32778 ▪ Ph: 352-742-6520

Mental health care for children. Serving at risk children with emotional, behavioral or substance abuse problems.

Center for Grieving Children

900 N. Maitland Avenue ▪ Maitland, FL 32751 ▪ Ph: 407-599-0909 ▪ Website: www.newhopeforkids.org

Circles of Care - Outpatient Areas

Central: 1770 Cedar Street ▪ Rockledge, FL 32955 ▪ Ph: 321-634-6264

North: 6700 South Washington Avenue ▪ Titusville, FL ▪ Ph: 321-259-4590

South: 2020 Commerce Drive ▪ Melbourne, FL 32904 ▪ Ph: 321-952-6000

Website: www.circlesofcare.org

Community Counseling Center, Inc.

P. O. Box 161585 ▪ Altamonte Springs, FL 32716-1585 ▪ Ph: 407-291-8009

Website: <http://www.ccccf.org/>

Delivered at home or in natural setting, sliding scale, individual, group, behavioral and emotional counseling.

Crisis Services of Brevard County

P. O. Box 417 ▪ Cocoa, FL 32923-0417 ▪ Ph: 321-632-6688 or 211 ▪ Website: www.211brevard.org

Children's mental health & substance abuse.

Rebecca Deal

220 N. Westmore Dr., Suite E ▪ Altamonte Springs, FL 32714 ▪ Ph: (407) 862-5707

Individual and family counseling.

Deltona Counseling Associates

75 Fox Ridge Court, Suite C ▪ Debary, FL 32713 ▪ Ph: 386-668-6989

Devereux Florida – *Community Counseling Centers and Behavioral Consultation*

Administrative Office ▪ 5850 T.G. Lee Boulevard, Suite 400 ▪ Orlando, FL 32822 ▪ Toll Free: 1-800-Devereux

Website: www.devereuxfl.org

A Different Kind of Counseling, LLC

Contact: Tammy Hess ▪ Ph: 407-325-6630

Individual and Group Counseling

Family Care Counseling

2435 Princeton Road ▪ DeLand, FL 32724 ▪ Ph: 386-736-4120

An interdenominational counseling service: All counseling is biblically based on the redemption of every human being to the cross of Christ. Offers several workshops and supportive counseling groups: marriage, domestic abuse, parenting, divorce, and teens in crisis.

Family Network on Disabilities

2196 Main Street, Suite K ▪ Dunedin, FL 34698 ▪ Ph: 800-825-5736 ▪ Espanol: 407-857-0669

Website: www.fndfl.org

Pam Frank

640 Bryn Mawr St. ▪ Orlando, FL 32804 ▪ Ph: 407-649-8687
Play Therapy.

Thomas Guest

108 W. Citrus Street ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-682-6330
1065 W. Morse Blvd ▪ Winter Park, FL 32789 ▪ Ph: 407-644-1122
Offers individual and family counseling.

Halifax Behavioral Services

841 Jimmy Ann Drive ▪ Daytona Beach, FL 32114 ▪ Ph: 386-274-5333
Website: <http://www.halifaxhealth.org/locations/behavioralservices.aspx>
Halifax Behavior Services offers family and group counseling for children and adolescents, using a broad range of approaches. HBS offers a complete continuum of care for children from birth to 18 years of age and is the largest provider of psychiatric and psychological services for children and adolescents in the area. Services include partial hospitalization, inpatient services, and outpatient services such as play therapy, parent education classes and support groups.

Harmony Mental Health and Behavioral Services *Serving Orange, Lake, Seminole and Osceola Counties*

6021 Wedgewood Circle ▪ Orlando, FL 32808
Ph: 407-235-8151 for Mental Health Services, contact Schellie Fanfan-Sissoko, LMHC, MS, EdS
Ph: 321-297-7505 for Behavior Analysis Services, contact Robin Williams, MS, BCBA
Email: harmonymhbs@gmail.com

Ellie Hauser, LMHC – *UCP Holloway Center*

3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3300 ▪ Website: <http://www.ucpcf.org/contact.shtml>
Counseling for grief and hospitalization, couples, dynamics of parenting children with disabilities, teens, “Women Only” group.

The House Next Door

804 N Woodland Blvd ▪ Deland, FL 32720 ▪ Ph: 386-734-7571 ▪ Website: www.thehousenextdoor.org

Ashlea John, LCSW ▪ *Summit Mental Health Services*

244 E Highland Avenue ▪ Clermont, FL 34711 ▪ Ph: 407-222-0528
Website: www.summitmentalhealthservices.com

Peter C. Keirstead, MA

240 North Frederick, Suite B ▪ Daytona Beach, FL 32114 ▪ Ph: 386-316-9624 ▪ E-mail: pete@afamilychurch.org

Tracy Lewis, MS

3750 Lake Center Loop ▪ Mount Dora, FL 32757 ▪ Ph: 352-383-2194 ▪ Fax: 352-383-2193
Email: tracylewis@hotmail.com ▪ Web: www.larryeshyers.com ▪ Blog: <http://tracylewis.blogspot.com>

Lighthouse Central Florida

215 East New Hampshire Street ▪ Orlando, FL 32804 ▪ Ph: 407-898-2483
Website: <http://www.lighthousecentralflorida.org/>

Margot Logan, LCSW ▪ *A Better Life Counseling Services*

1095 S Semoran Blvd, Suite 1093 ▪ Winter Park, FL 32792 ▪ Ph: 407-739-6059

Lutheran Counseling Services of Central Florida

1505 Orchid Avenue ▪ Winter Park, FL 32789 ▪ Ph: 407-644-4692
Website: <http://www.lutherancounselingservices.org/index.htm>
Individual, marital, family counseling for a wide variety of mental health problems including anxiety disorders, depression, marital and relationship problems, and life adjustment problems. Several locations in the Central Florida area.

Kimberly May, M.S.W., LCSW

929 N. Spring Garden Avenue, #145 ▪ DeLand, FL 32720 ▪ Ph: 386-736-9113

Mental Health Association of Central Florida

1525 East Robinson Street ▪ Orlando, FL 32801 ▪ Ph: 407-898-0110 ▪ Website: <http://mhacf.org/>

Mental Health Services/Memorial Hospital West-Volusia,

701 W. Plymouth Ave. ▪ DeLand, FL 32720 ▪ Ph: 386-943-4670 ▪ Hotline: 386-738-5433

Memorial Hospital-West Volusia offers a 10-bed, voluntary, inpatient Mental Health Unit that is dedicated to providing individualized treatment for people ages 18 and older who experience serious psychiatric and chemical dependency problems. A 24-hour Mental Health Crisis Hotline is provided.

National Alliance for the Mentally Ill (NAMI)

1030 E Lafayette St, Ste 10 ▪ Tallahassee, FL 32301 ▪ Ph: 850-671-4445 ▪ Website: www.namifl.org

New Hope for Kids

900 North Matiland Ave. ▪ Maitland, FL 32751 ▪ Ph: 407-599-0909 ▪ Website: www.newhopeforkids.com

New Hope is a support center for grieving children and for those who are a part of their lives.

Sharon Older, Ph.D., BCBA

225 S. Swoope Ave, #211 ▪ Maitland, FL 32751 ▪ Ph: 407-622-0444 ▪ Fax: 407-699-0444

Website: <http://adapt-fl.com/Index.html>

Orlando Asperger's Family Support Group

For family members of children 17 years and younger with Aspergers Syndrome.

Meetings are held quarterly at UCF CARD office.

Information: 407-823-6011 ▪ Email: ucfcard@mail.ucf.edu

Osceola County Board of County Commissioners – Corrections Department

402 Simpson Road ▪ Kissimmee, FL 34744 ▪ Ph: 407-742-4444

Website: <http://www.osceola.org/correctionsdep/index.cfm>

Parents Helping Parents of Florida, Inc.

P. O. Box 830802 ▪ Ocala, FL 34483-0802 ▪ Information: 352-245-8930 ▪ Website: www.phpf-fountain.org

S.P.A.R.C. of Volusia, Inc. (Special Population Activities & Recreational Council)

P. O. Box 1868 ▪ New Smyrna Beach, FL 32170 ▪ Ph: 386-409-5409 ▪ Website: www.sparcofvolusia.org

Turning Point Counseling & Consulting, Inc.

3112 17th St. ▪ St. Cloud, FL 34769 ▪ Ph: 407-957-4176 ▪ Website: <http://turningpointfl.com/>

Joanne Turner, Licensed Mental Health Counselor. Individual, couples, and family counseling.

UCF Community Counseling Clinic

Florida Marriage and Family Research Institute – Stronger Marriages, Stronger Families

PO Box 161250 ▪ College of Education ▪ Orlando, FL 32816-1250 ▪ Ph: 407-823-2052

Website: <http://education.ucf.edu/ccf/>

The program is sponsored by the University of Central Florida and the Florida Department of Children and Families. Services include: pre-marital counseling (six weeks), brief couples counseling (six weeks), weekend couples workshop, couples groups (six weeks). Any couple, married or unmarried, is invited to participate. There is no charge for counseling services, educational programs or materials.

211 Crisis and Elder Hotline

Orange, Osceola, Seminole ▪ Ph: 407-425-2624 or 888-443-9643

Children's mental health & substance abuse.

Neurologists (Pediatric)

Carl Barr ▪ *Florida Child Neurology*

615 East Princeton Street, Suite 225 ▪ Orlando, Florida 32803 ▪ Ph: 407-897-3544
Website: <http://www.floridachildneurology.com/>

Joseph Cimino

1344 South Apollo Boulevard ▪ Melbourne, FL 32901 ▪ Ph: 321-952-7900
Accepts Medicaid.

Ronald Davis ▪ *Pediatric Neurology, P.A.*

7485 Sandlake Commons Blvd. ▪ Orlando, FL 32819 ▪ Ph: 407-293-1122
Website: <http://www.pediatricneurologypa.com/>

Prashant Desai

789 Douglas Avenue, Suite 137 ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-862-9988

Jasna Kojic

6000 Turkey Lake Road, Suite 205 ▪ Orlando, FL 32819 ▪ Ph: 407-649-1848

Thomas Moseley

1351 Bedford Dr. ▪ Melbourne, FL 32940 ▪ Ph: 321-757-6799

Ophthalmologists (Pediatric Neurological)

Center for Achievement Thru Vision Therapy

Paul G. Rousseau, M.S., O.D., F.C.O.V.D., Developmental Optometrist ▪ 1341 Bedford Drive, Suite A
Melbourne, FL 32940 ▪ Ph: 321-253-2020 ▪ Website: www.eyeonlearning.com

Center for Health, Learning & Achievement

1561 Alafaya Trail, Suite 200 ▪ Orlando, FL 32828
East Orlando/Waterford Lakes ▪ Ph: 407-382-5551
Southwest Orlando ▪ Ph: 407-298-8995
Winter Springs ▪ Ph: 407-971-1007
Website: www.learningandachievement.com/

Eye Physicians of Central Florida

790 Concourse Parkway South, Suite 200 ▪ Maitland, FL 32751 ▪ Ph: 407-767-6411
Recommended Doctors: Louis Blumenfeld and Robert Gold ▪ Website: www.eyephy.com

Pediatricians

Michael Baker

2725 Southeast Maricamp Road ▪ Ocala, FL 34471 ▪ Ph: 352-369-8700

Michael Bell ▪ *Volusia Pediatrics*

809 N. Stone St ▪ Deland, FL 32720 ▪ Ph: 386-734-1824

Thomas Carlson ▪ *Lake Pediatrics*

4880 N Highway 19A ▪ Mt. Dora, FL 32757 ▪ Ph: 352-589-8111
Accepts most insurances and Medicaid.

Nettie Dunn

1709 Garden St ▪ Titusville, FL 32796 ▪ Ph: 321-269-2088

Ginny Guyton ▪ *Windermere Pediatrics*

2101 Park Center Dr., Suite 100 ▪ Orlando, FL 32835 ▪ Ph: 407-297-0080
Website: <http://www.windermerepediatrics.org/>

Stuart Janousky ▪ *Physician Associates*

9964 University Blvd ▪ Orlando, FL 32817 ▪ Ph: 407-261-2928 ▪ Website: <http://www.paof.com/>

Carmen Noriega ▪ *Windermere Pediatrics*

2101 Park Center Dr., Suite 100 ▪ Orlando, FL 32835 ▪ Ph: 407-297-0080
Website: <http://www.windermerepediatrics.org/>

Lynda Pollack, MD

601 West Michigan Street ▪ Orlando, FL 32805 ▪ Ph: 407-649-6910 ▪ Fax: 407-648-4150

Sam Smith ▪ *Interlachen Pediatrics*

846 Lake Howell Road ▪ Maitland, FL 32751 ▪ Ph: 407-767-2477 ▪ www.intpeds.com

Pediatricians (Developmental)

Sandra Cely ▪ *Center for Child Development*

615 East Princeton, Suite 300, Orlando, FL 32803 ▪ Ph: 407-898-6005 ▪ Website: www.kidsdocs.com
Diagnostic and psychological evaluation and assessment, medication assessment, medication management, developmental monitoring.

Colin Condron ▪ *Child Developmental & Diagnostic Center*

414 N. Mills Avenue ▪ Suite 201 ▪ Orlando, FL 32803 ▪ Ph: 407-841-3922
Services include: Diagnostic assessment, medication assessment, medication management, developmental monitoring.

Frank Lopez ▪ *Children's Developmental Center*

600 S. Orlando Avenue, Suite 102 ▪ Maitland, FL 32751 ▪ Ph: 407-644-4844.
Diagnostic and psychological evaluation and assessment, medication assessment, medication management, developmental monitoring.

Tanya Murphy, MD, MS ▪ *Children's Health Center, All Children's Hospital*

800 6th Street South, Box 7523 ▪ St. Petersburg, FL 33701 ▪ Ph: 727-767-8230 ▪ Fax: 727-767-7786
Website: <http://health.usf.edu/medicine/pediatrics/rothman/index.htm>

Steven Sahai

750 West Granada ▪ Ormond Beach, FL 32174 ▪ Ph: 386-677-0780

Pharmacists

Orange Belt Pharmacy

112 East New York Avenue ▪ Deland, FL 32724 ▪ Ph: 386-734-1685 ▪ Website: www.orangebeltpharmacy.com
We have a full-time compounding pharmacist and technician on staff that are fully trained to prepare the necessary medications needed.

Psychiatrists

Dr. Joy Abraham

1700 North Orange Avenue, Suite 100 ▪ Orlando, Florida ▪ Ph: 407-228-7006
Adults over 21 years of age.

Ricardo Bernal, MD

8853 Commodity Circle Suite 3 ▪ Orlando, FL 32819 ▪ Ph: 407-226-2777
Child, Adolescent and Adult Psychiatrist

Vijay Bhujang

1275 South Patrick Drive ▪ Satellite Beach, FL 32937 ▪ Ph: 321-779-9838
Diagnostic evaluations ▪ Psychological assessment ▪ Medication assessment.

Circles of Care - Outpatient Areas

Central: 1770 Cedar Street ▪ Rockledge, FL 32955 ▪ Ph: 321-634-6264
North: 6700 South Washington Avenue ▪ Titusville, FL ▪ Ph: 321-259-4590
South: 2020 Commerce Drive ▪ Melbourne, FL 32904 ▪ Ph: 321-952-6000
Website: www.circlesofcare.org

Halifax Behavioral Services

841 Jimmy Ann Drive ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-5333
Website: <http://www.halifaxhealth.org/locations/behavioralservices.aspx>

Shirin Hasan, MD ▪ Nemours Childrens Clinic

1717 South Orange Avenue, Suite 100 ▪ Orlando, FL 32806 ▪ Ph: 407-650-7455

Fredesvinda Jacobs-Alvarez, MD

8751 Commodity Drive, Suite 7 ▪ Orlando, FL 32819 ▪ Ph: 407-226-3733 ▪ Fax: 407-226-3734 ▪ Bilingual

Harish Kher

601 North Clyde Morris Blvd, Suite C ▪ Daytona Beach, FL 32114 ▪ Ph: 386-257-4777

LifeShare Florida

121 S. Orange Avenue, Suite 1500 ▪ Orlando, FL 32801 ▪ Ph: 407-377-6381
Website: <http://www.lifeshareinc.org/>

Ramon Martinez, MD

1417 N Semoran Blvd (SR 436), Suite 203 ▪ Orlando, FL 32807 ▪ Ph: 407-206-1106

Aftab Qadir, Tri-County Psychiatric Associates, P.A.

101 E. Miller Street ▪ Orlando, FL 32806 ▪ Ph: 407-246-6620

Donald Sherry

1315 Southeast 25th Loop Suite 101 ▪ Ocala, FL 34771 ▪ Ph: 352-854-7700.

Syeda N. Sultana – Bay Hill Psychiatric Associates, LLC

6068 S. Apopka-Vineland Road, Suite 3 ▪ Orlando, FL 32819 ▪ Ph: 407-903-9697
Website: <http://www.realpagessites.com/bayhillpsychiatric/about-syeda-n-sultana-md.html>

Earl Tait, MD

13574 Village Park Drive ▪ Orlando, FL 32837 ▪ Ph: 407-856-8830

Psychologists (Clinical)

Marycely Alessi PhD

1155 Louisiana Avenue, Suite 106 ▪ Winter Park, FL 32789-2341 ▪ Ph: 407-629-4356
Bilingual ▪ Specializes in children and adolescents with developmental disabilities.

Mari Bennett

1127 South Patrick Drive, Suite 1 ▪ Satellite Beach, FL 32937 ▪ Ph: 321-777-4440
Website: <http://www.floridapsychspecialists.com/>

Pat Clark

1155 Louisiana Avenue, Suite 106 ▪ Winter Park, FL 32789 ▪ Ph: 407-629-4356 ▪ Email: paclark@cfl.rr.com

Rebecca Deal

220 N. Westmont Dr, Suite E ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-862-5707 ▪ Fax 407-862-5792.

Tony Falcone ▪ *Neuropsychological Associates of Central Florida*

1155 Louisiana Ave 110 ▪ Winter Park, FL 32789 ▪ Ph: 407-740-0134.

Ivan Fleishman

339 W. New York Ave ▪ Deland, FL 32720 ▪ Ph: 386-736-8337 ▪ Website: www.ivanfleishman.com

Leslie Gavin ▪ *Nemours Children's Clinic*

1717 South Orange Avenue, Suite 100 ▪ Orlando, FL 32806 ▪ Ph: 407-650-7400

Patrick W. Gorman

136 Benmore Drive ▪ Winter Park, FL 32792 ▪ Ph: 407-644-7792 ▪ Website: www.kidsdocs.com

John Grbac

1630 Hillcrest Street ▪ Orlando, FL 32803 ▪ Ph: 407-447-5437 ▪ Website: www.drjohngrbac.com

Horizons Children's Program

480 West Central Parkway ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-682-0808

Website: <http://www.hospiceofthecomforter.org/en/page/horizons-childrens-loss-program>

Children's multi-arts program facilitated through school counselors under the direction of Hospice of the Comforter.

George Lindenfield - *Medical Psychology Center*

570 Memorial Circle, Suite 150 ▪ Ormond Beach, FL 32174-5002 ▪ Ph: 386-672-9250 ▪ Fax: 386-672-9251

Krista Marchman, Ph.D. – *Educational Consulting Associates, Inc.*

1420 Celebration Blvd, Suite 200 ▪ Celebration, FL 34747 ▪ Ph: 321-559-1222

Website: www.ldassessment.org

Jeff Oatley

402 N. Halifax Ave. ▪ Daytona Beach, FL 32118 ▪ Ph: 386-252-0801

Sharon Older, Ph.D., BCBA

225 S. Swoope Ave, #211 ▪ Maitland, FL 32751 ▪ Ph: 407-622-0444 ▪ Fax: 407-699-0444

Website: <http://adapt-fl.com> ▪ Email: adapt@cfl.rr.com

David Parker

1133 Louisiana Avenue, Suite 207 ▪ Winter Park, FL 32789 ▪ Ph: 407-574-8763

Debra Smith - *Kids Peace*

711 Ballard Street ▪ Altamonte Springs, FL 32701 ▪ Ph: 407-331-2855

Dr. Daniel Tressler

761 Maitland Avenue ▪ Altamonte Springs, FL 32701 ▪ Ph: 407-740-0208

21 years of age and older.

UCF Psychology Clinic

UCF Campus ▪ Psychology Building ▪ Orlando, FL 32816 ▪ Ph: 407-823-4348

Website: <http://psychclinic.cos.ucf.edu/index.php>

Nancy M. Wenk

317 Riveredge Blvd, Suite 104 ▪ Cocoa, FL 32922 ▪ Ph: 321-264-1105

Psychologists (Educational)

William M. Bartnick – *Child Development & Diagnostic Center*
414 N. Mills Avenue ▪ Suite 201 ▪ Orlando, FL 32803 ▪ Ph: 407-841-3922

Center for Health, Learning & Achievement
1561 Alafaya Trail, Suite 200 ▪ Orlando, FL 32828
East Orlando/Waterford Lakes ▪ Ph: 407-382-5551
Southwest Orlando ▪ Ph: 407-298-8995
Lake Mary/Heathrow ▪ Ph: 407-333-2255
Winter Springs ▪ Ph: 407-971-1007
Website: www.learningandachievement.com/

JoAnn Cook
1316 Palmetto Ave. ▪ Winter Park, FL 32789 ▪ Ph: (407) 740-5259

Nancy Duniho
1936 Howell Branch Rd. ▪ Winter Park, FL 32792 ▪ Email: nduniho@aol.com
Provides intellectual assessments, developmental evaluations, counseling, family counseling, child advocacy and consultation.

John Grbac
1630 Hillcrest Street ▪ Orlando, FL 32803 ▪ Ph: 407-447-5437 ▪ Website: www.drjohngrbac.com

Vaccinations

Dr. Kevin Foley
7125 Murrell Road ▪ Melbourne, FL 32940 ▪ Ph: 321-255-5448

Dr. Cornelia Franz
3160 Southgate Commerce Blvd, Suite 64 ▪ Orlando, FL 32806 ▪ Ph: 407-857-8860
Website: www.franzcenter.com

Dr. Yang Tai Fung – *Florida Pediatrics*
980 Brevard Avenue ▪ Rockledge, FL 32955 ▪ Ph: 321-633-9973

Dr. Mahesh Soni
1051 Port Malabar Boulevard NE, Suite 9 ▪ Palm Bay, FL 32905 ▪ Ph: 321-725-3438

RELATED SERVICES

Crisis Services

ACT Corporation's Pinegrove Crisis Center
1220 Willis Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 800-539-4228
Crisis services that are available include 24 hours a day, 7 days a week screening and assessment, emergency care for acute psychiatric emergencies, 23-hour observation, inpatient crisis stabilization, and short/long-term residential care for adults. Pinegrove is a Baker Act Receiving facility.

Occupational Therapists

Achieve Pediatric Therapy
1525 S Alafaya Trail, Suite 101 ▪ Orlando, FL 32828 ▪ Ph: 407-277-5400
5126 Dr. Phillips Blvd ▪ Orlando, FL 32819 ▪ Ph: 407-668-4923

Accepts most insurances.

A.LL Therapy Connection, Inc.

140 Tonina Cove, #100 ▪ Maitland, FL 32751 ▪ Ph: 407-388-0246 ▪ Website: <http://alltherapyconnection.com/>
Multidisciplinary pediatric clinic also provides bilingual services.

Apple Therapy Center

2244 Boggy Creek Rd, Ste F ▪ Kissimmee, Fl 34744 ▪ Ph: 407-744-4475 ▪ Website: www.AppleTherapyCorp.com

Arnold Palmer Hospital - Outpatient Occupational Therapy

1300 Kuhl Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-237-6387 Ext. 1539
1555 Howell Branch Road, Suite B1 ▪ Winter Park, FL 34769 ▪ Ph: 407-645-2081
Website: <http://www.orlandohealth.com/arnoldpalmerhospital/index.aspx>

Campbell Therapy Service

1220 Prospect Ave. Suite 292 ▪ Melbourne, FL ▪ Ph: 321-952-2110

Center for Health, Learning & Achievement

1561 South Alafaya Trail, Suite 200 ▪ Orlando, FL 32828
East Orlando/Waterford Lakes ▪ Ph: 407-382-5551
Southwest Orlando ▪ Ph: 407-298-8995
Lake Mary/Heathrow ▪ Ph: 407-333-2255
Winter Springs ▪ Ph: 407-971-1007
Website: www.learningandachievement.com/

Child and Family Consultants, Inc

1800 Penn Street, Suite 12 ▪ Melbourne, FL 32901 ▪ Ph: 321-768-6800
Website: <http://brevardchildandfamilyconsultants.com/index.html>

Child Life Therapy L.L.C.

1486 Swanson Drive ▪ Oviedo, FL 32765 ▪ Ph: 407-977-4448 ▪ Contact: Dena Hoy
Website: <http://childlifetherapy.org/>

Children First

4448 Edgewater Drive ▪ Orlando, FL 32804 ▪ Ph: 407-513-3008

Easter Seals Developmental Therapy Services

2010 Mizell Avenue ▪ Winter Park, FL 32792 ▪ Ph: 407-629-7881
Occupational, Physical, and Speech Therapy for children birth through 18 years with developmental disabilities or delays. Out-patient services use a neurodevelopmental therapy model.

Florida Elks Children's Therapy Services

24175 S.E. Highway 450 (PO Box 49) ▪ Umatilla, FL 32784
Ph: 352-669-2241 or 800-523-1673 ▪ Website: <http://www.floridaelks.org/FACTS/facts.htm>
As part of the Elks Club's charitable works, free in-home occupational and physical therapies are provided for families with financial needs. A physician's prescription for therapy is required.

Florida Hospital Celebration Health

400 Celebration Place ▪ Celebration, FL 34747 ▪ Ph: 407-303-4000
Website: www.celebrationhealth.com

Florida Pediatric Therapy

2000 Derby Glen Drive ▪ Orlando, FL ▪ Ph: 407-641-0808
Email: info87@floridapediatrictherapy.com ▪ Website: www.floridapediatrictherapy.com/autism.htm

Health First Pediatric Rehab, HOPE Center

1350 South Hickory Street ▪ Melbourne, FL 32901 ▪ Ph: 321-434-7000 ▪ Website: <http://www.health-first.org/>

Marieta Jackman, OTR/L

1032 Wilmington Drive ▪ Deltona, FL 32725 ▪ Ph: 386-479-3783 ▪ Email: marietajackman@gmail.com

K and L Therapy Services Inc.

7209 Curry Ford Road, Suite E ▪ Orlando, FL 32822 ▪ Ph: 407-421-7284 ▪ Espanol Ph: 407-595-0753

Website: www.kandltherapy.com/

Accepts most PPOs, Aetna, BCBS, Amerigroup, Medipass, Health East and Stay Well

KinderKonsulting

2479 Aloma Avenue ▪ Winter Park, FL 32792 ▪ Ph: 407-657-6692 ▪ Website: www.kinderkonsulting.com

Leesburg Regional Medical Center – Outpatient Rehab Services

LRMC North ▪ 700 N. Palmetto Street ▪ Leesburg, FL 34748 ▪ Ph: 352-323-5620

Website: www.leesburgregional.org

LifeSkills Academy

1016 Spring Villas Pointe, Suite 1030 ▪ Winter Springs, FL 32708 ▪ Ph: 407-629-9455

Website: www.lifeskillscenter.com ▪ e-mail: sensory@earthlink.net

Services include Speech, OT, PT.

Memorial Hospital – Rehab Services

907 Sterthaus Ave. ▪ Ormond Beach, FL 32174 ▪ Ph: 386-676-6039

Website: <http://www.floridahospitalmemorial.org/CareAndServices/RehabilitationServices.aspx>

The Rehabilitation Departments at Memorial Health Systems offer inpatient and outpatient physical therapy, speech therapy, and occupational therapy.

Optimum Kids Pediatric Rehabilitation

142 West Lake Mary Blvd ▪ Lake Mary, FL 32746 ▪ Ph: 407-323-6955

Pediatric Potentials, Inc.

295 Waymont Court ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-3962 ▪ Website: www.pediatricpotentials.com

Specializes in home and community based rehabilitation services: sensory integration therapy, comprehensive home programs, environmental modification, family education, and the development of appropriate social, emotional, behavioral, fine and gross motor skills, and daily living skills. Services are available 7 days a week.

Pediatric Skill Builders

1100 North Ferncreek Avenue ▪ Orlando, Florida 32803 ▪ Ph: 407-401-8327

Website: www.pediatricskillbuilders.com

R.G. Therapy Services, Inc.

630 N. Maitland Ave. ▪ Orlando, FL 32751 ▪ Ph: 407-539-2488 ▪ Contact: Rhonda Geib

Services include Occupational Therapy, Physical Therapy and Speech Therapy, covering the Central Florida area.

Space Coast Early Intervention Center

3790 Dairy Road ▪ Melbourne, FL 32904 ▪ Ph: 321-729-6858 ▪ Website: <http://www.sceic.com/>

TheraPlay @ Home

Apopka, FL ▪ Ph: 407-284-0371 ▪ Website: <http://www.theraplayathome.com/>

TheraPlay @ Home provides quality Occupational Therapy services to children ages 0-21 in their natural environment (usually home or daycare).

Therapy Dynamics Inc.

445 Douglas Avenue, Suite 2155-24 ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-271-9284

Provides developmental services for children age birth to 18 years in the child's location. Services provided to Orange, Seminole, and Osceola counties. Accepts insurance, Medicaid, Part C, and private pay.

The Therapy Place

Lifespan Therapy Services, Inc. ▪ 9318 E. Colonial Drive ▪ Suite B-3 ▪ Orlando, FL 32817 ▪ Ph: 407-281-3803
Services include: physical, occupational and speech therapies, socialization opportunities and an after school program. Currently charging based on a sliding scale.

UCP Child Development Centers ▪ Website: www.ucpcdc.org/

Holloway Center: 3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3300

Pine Hills: 5800 Golf Club Parkway ▪ Orlando, FL 32818 ▪ Ph: 407-299-5553

East Orange/Bailes: 12702 Science Drive ▪ Orlando, FL 32826 ▪ Ph: 407-281-0441

West Orange: 630 S. Dillard Street ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0531

Seminole: 3590 N. Hwy 17/92, Suite 114 ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-6222

Osceola: 448 W. Donegan Avenue ▪ Kissimmee, FL 34744 ▪ Ph: 407-932-3445

Provides early intervention pre-school, inclusive childcare, physical, speech and occupational therapy and family support services at six locations throughout Central Florida.

Julie Vincent- Rosenzweig, MS, OTR/L - Stepping Stones Pediatric Therapy

Winter Springs, FL ▪ Ph: 321-436-7291 ▪ Website: www.stepsstonesfl.com

Physical Therapists

Achieve Pediatric Therapy

1525 S Alafaya Trail, Suite 101 ▪ Orlando, FL 32828 ▪ Ph: 407-277-5400

5126 Dr. Phillips Blvd ▪ Orlando, FL 32819 ▪ Ph: 407-668-4923

Accepts most insurances.

A.LL Therapy Connection, Inc.

140 Tonina Cove, #100 ▪ Maitland, FL 32751 ▪ Ph: 407-388-0246 ▪ Website: <http://alltherapyconnection.com>

Multidisciplinary pediatric clinic, also provides bilingual services.

Apple Therapy Center

2244 Boggy Creek Rd# F ▪ Kissimmee, FL 34744 ▪ Ph: 407-574-5109 ▪ Website: www.AppleTherapyCorp.com

Arnold Palmer Hospital - Outpatient Physical Therapy

1300 Kuhl Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-237-6387

1555 Howell Branch Road Suite B1 ▪ Winter Park, FL 34769 ▪ Ph: 407-645-2081

1575 Buidinger Avenue Suite A/N ▪ St. Cloud, FL 34769 ▪ Ph: 407-498-3488

Website:

<http://www.orlandohealth.com/arnoldpalmerhospital/OurMedicalSpecialties/PediatricRehabilitationProgram.aspx>

Beyond Therapy

4219 Flora Vista Drive ▪ Orlando, FL 32837 ▪ Ph: 407-857-6285 ▪ Fax: 407-857-9566

Accepts Medicaid, Part C, Insurance

Website: <http://centralfltherapy.com/>

CCC Physical Therapy Center, Inc.

300 W. Merritt Avenue ▪ Merritt Island, FL 32953 ▪ Ph: 321-452-5446

Children First

4448 Edgewater Drive ▪ Orlando, FL 32804 ▪ Ph: 407-513-3000 ▪ Website: <http://www.childrenfirsthomecare.com/>

Florida Elks Children's Therapy Services

24175 S.E. Highway 450 (PO Box 49) ▪ Umatilla, FL 32784 ▪ Ph: 352-669-2171 or 800-523-1673

As part of the Elks Club's charitable works, free in-home occupational and physical therapies are provided for families with financial needs. A physician's prescription for therapy is required.

Florida Hospital Celebration Health

400 Celebration Place ▪ Celebration, FL 34747 ▪ Ph: 407-303-4000

Website: www.celebrationhealth.com

Health First Pediatric Rehab, HOPE Center

1350 South Hickory Street ▪ Melbourne, FL ▪ Ph: 321-434-7182

Website: http://www.health-first.org/hospitals_services/rehab.cfm

Provides therapy including physical, speech, occupational and social work to 0 – 12 year olds. Individual or group therapy is arranged for the family's convenience.

K and L Therapy Services, Inc.

7202 Curry Ford Road, Suite E ▪ Orlando, FL 32822 ▪ Ph: 407-421-7284 ▪ Espanol Ph: 407-595-0753

Website: <http://www.kandltherapy.com/>

Accepts most PPOs, Aetna, BCBS, Amerigroup, Medipass, Health East and Stay Well

LifeSkills Academy

1016 Spring Villas Pointe, Suite 1030 ▪ Winter Springs, FL 32708 ▪ Ph: 407-629-9455

Website: <http://lifeskillscenter.com/>

Optimum Kids Pediatric Rehabilitation

2500 West Lake Mary Blvd, Suite 208 ▪ Lake Mary, FL 32746 ▪ Ph: 407-323-6955

Pediatric Potentials, Inc.

295 Waymont Court ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-3962 ▪ Website: <http://www.pediatricrehabcenter.com/>

Specializes in home and community based rehabilitation services: sensory integration therapy, comprehensive home programs, environmental modification, family education, and the development of appropriate social, emotional, behavioral, fine and gross motor skills, and daily living skills. Services are available 7 days a week.

Pediatric Skill Builders

1850 Lee Road, Suite 134 ▪ Winter Park, Florida 32789 ▪ Ph: 407-389-4357

Website: www.pediatricsskillbuilders.com

Ramiah Rehabilitation, Inc.

115 E. Granada Boulevard, Suite 1 ▪ Ormond Beach, FL 32176 ▪ Ph: 386-672-8547

Rehab Services-Memorial Hospital

907 Sterthaus Ave. ▪ Ormond Beach, FL 32174-5197

Website: <http://www.floridahospitalmemorial.org/CareAndServices/RehabilitationServices.aspx>

Ormond Beach-Inpatient: 386-676-6092 ▪ Flagler: 386-437-2211 ▪ Ormond Beach-Outpatient: 386-676-6039

The Rehabilitation Departments at Memorial Health Systems offer inpatient and outpatient physical therapy, speech therapy, and occupational therapy.

R.G. Therapy Services, Inc.

630 N. Maitland Ave. ▪ Maitland, FL 32751 ▪ Ph: 407-539-2488 ▪ Contact: Rhonda Geib

Services include Occupational Therapy, Physical Therapy and Speech Therapy, covering the Central Florida area.

The Therapy Place

Lifespan Therapy Services, Inc. ▪ 9318 E. Colonial Drive, Suite B-3 ▪ Orlando, FL 32807 ▪ Ph: 407-281-3803

Services include: physical, occupational and speech therapies, socialization opportunities, and after school program and respite care. Currently charging based on a sliding scale.

UCP Child Development Centers

Website: www.ucpcdc.org/

Holloway Center: 3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3300

Pine Hills: 5800 Golf Club Parkway ▪ Orlando, FL 32818 ▪ Ph: 407-299-5553

East Orange/Bailes: 12702 Science Drive ▪ Orlando, FL 32826 ▪ Ph: 407-281-0441

West Orange: 630 S. Dillard Street ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0531

Seminole: 3590 N. Hwy 17/92, Suite 1038 ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-6222

Osceola: 448 W. Donegan Avenue ▪ Kissimmee, FL 34741 ▪ Ph: 407-932-3445

Provides early intervention pre-school, inclusive childcare, physical, speech and occupational therapy and family support services at six locations throughout Central Florida.

Sexual Abuse Therapy

Kirsten Wilson – *Carlton Palms*

28308 Churchill Smith Ln ▪ Mount Dora, FL 32757 ▪ Ph: 352-323-8872

Support Groups

Autism & Related Disabilities Gym Program (Tuesdays 6:15 pm – 7:15 pm)

P. O. Box 770306 ▪ Winter Garden, FL 34777 ▪ Ph: 407-234-7456 ▪ Website: www.autismgym.org

Central Florida Brain Injury Support Group

P. O. Box 140792 ▪ Orlando, FL 32814-0792 ▪ Ph: 407-228-2818 ▪ Website: www.brainsupportgroup.org

A Different Kind of Counseling, LLC

Contact: Tammy Hess ▪ Ph: 407-325-6630

Individual and Group Counseling

Gluten Free / Casein Free Diet Support Group

Karen Howington: 407-359-0356 ▪ Email: khowington@mindspring.com

Website: <http://food4thoughtcfl.com/>

Tracy Lewis, MS

3750 Lake Center Loop ▪ Mount Dora, FL 32757 ▪ Ph: 352-383-2194 ▪ Fax: 352-383-2193

Email: tracylewis@hotmail.com ▪ Web: www.larryeshyers.com ▪ Blog: <http://tracylewis.blogspot.com>

NAMI Greater Orlando

1800 Mercy Drive, Suite 103, Box 4 ▪ Orlando, FL 32808 ▪ Ph: 407-253-1900 ▪ Fax: 407-253-1912

Website: www.namigo.org ▪ Email: namigo@namigo.org

POWER meetings held in Orange and Seminole counties once a month.

National Alliance for the Mentally Ill (NAMI)

1030 East Lafayette Street, Suite 10 ▪ Tallahassee, FL 32301 ▪ Ph: 850-671-4445 or 877-626-4352

Website: www.namifl.org

Our Children First

517 South Ridgewood Ave ▪ Daytona Beach, FL 32114 ▪ Ph: 386-248-2771 ▪ Fax: 386-248-2874

Website: www.ourchildrenfirst.com

Services include in-home counseling and case management for children and families in conflict, in Volusia and Flagler counties who are at risk for a variety of negative outcomes. Contact them to see if your child qualifies.

SPD Parent Support Group

Website: www.spdparentsupport.com

The Spectrum of Volusia County

Contact: Melanie Shiffman ▪ Ph: 386-295-6795 ▪ E-mail: melanieshiffman@thespectrumofvolusiacounty.com

Website: www.thespectrumofvolusiacounty.com

SOCIAL SKILLS

One of the main characteristics of autism is difficulty with social ability and understanding of social cues. Individuals with autism may spend time alone rather than with others, show little interest in making friends, and be less responsive to social cues such as eye contact or facial expressions. Social skills programming may include such diverse techniques as helping an individual with autism learn to recognize facial expressions and emotions, communicate in social situations or wait in the line calmly at the grocery store. It may be part of a behavior plan supervised by a behavior specialist or a psychologist.

Web Sites

Unicorn Children's Foundation ▪ Website: www.saveachild.com

Local Providers

Best Buddies

1516 East Colonial Drive, Suite 306 ▪ Orlando, FL 32803 ▪ Ph: 407-898-0787

Website: www.bestbuddiesflorida.org

Enhancing the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employment.

Center for Autism and Related Disabilities - University of Central Florida (UCF CARD)

4000 Central Florida Blvd ▪ Orlando, FL 32816 ▪ Ph: 407-823-6011 or 888-558-1908

Website: www.ucf-card.org

Center for Health, Learning & Achievement

1561 S Alafaya Trail, Suite 200 ▪ Orlando, FL 32828 ▪ Ph: 407-382-5551

Website: <http://www.learningandachievement.com/>

Groups provide support and skills to foster positive friendships and peer relationships through interactive discussions, games and art. Areas of focus: communication skills, increased self-awareness of feelings and empathy for others, dealing with shyness, impulse control and problem solving and conflict resolution. For boys and girls ages 6 through 14. Each group is limited to 4 children.

Pat Clark

1155 Louisiana Avenue, Suite 106 ▪ Winter Park, FL 32789 ▪ Ph: 407-629-4356 ▪ Email: paclark@cfl.rr.com

Florida Pediatric Therapy

Ph: 407-641-0808 ▪ Website: www.floridapediatrictherapy.com

Pam Frank - Pathfinders Counseling

640 Bryn Mawr St. ▪ Orlando, FL 32804 ▪ Ph: 407-649-8687

Patrice D. Hay, LLC

Ph: 407-575-4695 ▪ Fax: 407-540-8594 ▪ Email: patrice20@comcast.net

Marilyn F. Hays, Ph.D.

Ph: 407-463-4829 ▪ Fax: 407-889-8721 ▪ Email: mmh4katz@embarqmail.com

Services: Works with high functioning individuals with autism and Asperger Syndrome, all ages, small social groups in natural environments, will shadow at school to prompt generalization and/or deal with emotional/behavioral issues and educate staff and peers as needed.

Tracy Lewis, MS

3750 Lake Center Loop ▪ Mount Dora, FL 32757 ▪ Ph: 352-383-2194 ▪ Fax: 352-383-2193

Email: tracylewis@hotmail.com ▪ Website: www.larryeshyers.com ▪ Blog: <http://tracylewis.blogspot.com>

Relationship Development Intervention (RDI)

Contact: Maureen Mulvaney ▪ Ph: 407-496-1126 ▪ Website: www.rdiconnect.com

Social Bridges

1155 Louisiana Avenue ▪ Suite 106 ▪ Winter Park, FL 32789 ▪ Ph: 407-539-2450

Website: www.socialbridges.com/

STARS Club Inc.

Ph.: 407-463-4829 ▪ Fax: 407-889-8721 ▪ Email: mmh4katz@embarqmail.com

A non profit social organization for high functioning adults with autism and Asperger Syndrome. Activities include building on recreational skills, pursuing their special leading toward employment, enjoying social outings, and involvement in volunteering efforts.

Strategies, Inc.

631 Beville Road ▪ South Daytona, FL 32119 ▪ Ph: 386-767-3752

ALTERNATIVE TREATMENTS

AUDITORY TRAINING

Auditory training (also called auditory integration training or AIT) is a treatment that may be helpful for some individuals with autism who are oversensitive or hypersensitive to sound. This therapy involves the individual listening to a variety of different sound frequencies, coordinated to their level of impairment. This approach has not been supported by research findings, and is considered controversial by many professionals.

Web Sites

Georgiana Institute: <http://www.georgianainstitute.org/>

Local Providers

A.LL Therapy Connection, Inc.

140 Tonina Cove, Suite 100 ▪ Maitland, FL 32751 ▪ Ph: 407-388-0246 ▪ Fax: 407-332-8899

Website: <http://alltherapyconnection.com>

Multidisciplinary pediatric clinic, also provides bilingual services.

LifeSkills Academy

1016 Spring Villas Pointe, Suite 1030 ▪ Winter Springs, FL 32708 ▪ Ph: 407-629-9455

Website: <http://lifeskillscenter.com/> ▪ e-mail: sensory@earthlink.net

Digital auditory aerobics.

BIOMEDICAL

Local Providers

Lisa R. Ramey, D.O. ▪ Integrative Pediatrics

30 Windsormere Way, Suite 100 ▪ Oviedo, FL 32765 ▪ Ph: 407-359-1770 ▪ Fax: 407-971-4264

CRANIOSACRAL THERAPY

Dr. William Sutherland, an American osteopath, discovered intrinsic movements of the bones of the skull around the turn of the century. He further revealed different rhythmic tidal motions in the body. These movements, which can be measured with delicate scientific instruments, are a direct expression of the health of the system. Craniosacral therapists recognize health as an active principle. Craniosacral Therapy is a subtle healing form that assists this natural bodily intelligence. Like massage and chiropractic treatments, these therapeutic techniques may be soothing to the individual. However, research has not demonstrated the effectiveness of this approach as a treatment for people with autism.

Local Providers

Claudia Silva

1004 Venetian Avenue ▪ Orlando, FL 32804 ▪ Ph: 407-719-0448 ▪ Fax: 407-532-9250

FACILITATED COMMUNICATION

Facilitated Communication is a technique by which a trained professional, a Facilitator, supports the hand, arm or shoulder of an individual with communication impairments. This method assists the person with the impairment to either point to or press the keys of a communication device. If successful, the individual who was previously unable

to communicate can then do so through typing or spelling out words.

Facilitated communication is an alternative means of expression for people who cannot speak, or whose speech is highly limited (e.g. echoed, limited to one or a few word utterances), and who cannot point reliably. This approach is viewed as controversial because research studies have not supported its validity.

Web Sites

Autism Research Institute ▪ www.autism.com/ari

Facilitated Communication Institute ▪ <http://www.inclusioninstitutes.org/>

History of Facilitated Communication (Jacobson, Mulick, Swartz) ▪ <http://www.apa.org/pubs/journals/>

Out-of-Area Organizations/Providers

Autism Research Institute (ARI)

4182 Adams Avenue ▪ San Diego, CA 92116 ▪ Ph: 866-366-3361 ▪ Website: www.autism.com/ari/

Facilitated Communication Institute - Syracuse University

Division of Special Education and Rehabilitation

370 Huntington Hall ▪ Syracuse, NY 13244 ▪ Ph: 315-443-9379 ▪ Website: <http://www.inclusioninstitutes.org/fci/>

MUSIC THERAPY

Music Therapy is the unique application of music to enhance personal lives by creating positive changes in human behavior. It utilizes music as a tool to encourage development in social/emotional, cognitive/learning, and perceptual-motor areas. Music is a nonverbal form of communication, it is immediate in time, and sometimes provides motivation for practicing nonmusical skills. Music therapy has not been scientifically studied with individuals with autism, and therefore it is considered controversial as a treatment for autism by many professionals. However, it is well recognized that many people with autism spectrum disorders find music pleasurable, and it is often useful as a reinforcer for these individuals.

Web Sites

American Music Therapy Association ▪ www.musictherapy.org

Florida Association for Music Therapy

Website: <http://www.floridamusictherapy.com/collegesandclinicaltraining.htm>

Music Therapy and Language for the Autistic Child ▪ <http://www.autism.com/families/therapy/music.htm>

Local Providers

Center for Health and Wellness

7900 Red Bug Lake Road ▪ Oviedo, FL 32765 ▪ Ph: 407-359-3606

Website: <http://www.centralfloridaymca.org/FamilyCenter.aspx?PageID=46>

Jill Ann Heckert, BME/Orff Certified

Ph: 407-496-1289 ▪ Email: jhec99@cfl.rr.com ▪ Website: www.jubalsplace.com

Joy Christian Arts Academy

69 Oviedo Blvd. ▪ Oviedo, FL 32765 ▪ Ph: 407-365-5531 ▪ Website: <http://joychristianarts.com/>

Tamela Ponder - Joyful Music and Dance Studios

290 Waymont Court, Suite 100 ▪ Lake Mary, FL 32746 ▪ Ph: 407-833-2729
Website: <http://www.joyfulmusicanddance.com/>

Meg Seim

661 Seminola Blvd. ▪ Casselberry, FL 32707 ▪ Ph: 407-678-6655

PATTERNING

Patterning is a series of techniques that are alleged to provide sensory input and appropriate stimulation to the brain in an effort to reprogram proper operation of a deficient functional area. The philosophy behind patterning is that in order to help a child overcome his disability, one must deal directly where the problem lies, which is in the brain. When the brain is injured, cells die off and create a gap. This gap could manifest itself as poor, or even absent, function in the areas of the brain that control vision, mobility, balance, auditory or tactile processing or expressive language to name a few. Research has not been published to support this approach.

The Institutes for the Achievement of Human Potential in Philadelphia

8801 Stenton Avenue ▪ Windmoor, PA 19038-8397 ▪ Ph: 215-233-2050 ▪ Website: www.iahp.org

RELATIONSHIP-BASED THERAPY

Floortime is a form of interactive therapy designed by Dr. Sydney Greenspan. It is based on the view that autism's central deficit is a lack of social connection. The approach is intensive in the number of hours of therapy per day, and the therapist follows the child around in his environment, getting into his "space" and engaging him in purposeful reciprocal interaction. Through this child-centered, play-based intensive intervention, the child is proposed to learn socialization and proper usage of toys, gain creativity skills, develop abstract thinking and problem solve. This approach is currently being studied for its effectiveness.

Local Providers

Child Life Therapy L.L.C.

1486 Swanson Drive ▪ Oviedo, FL 32765 ▪ Ph: 407-977-4448 ▪ Contact: Dena Hoy
Website: <http://www.childlifetherapy.org/>

Out of Area Organizations/Providers

Dr. Stanley Greenspan - The Interdisciplinary Council on Development and Learning Disorders (ICDL)

4938 Hampden Lane Suite 800 ▪ Bethesda, MD 20814 ▪ Ph: 301-656-2667 ▪ Website: www.icdl.com

SENSORY INTEGRATION

An area of difficulty that may be prevalent in individuals with autism, but less obvious than communication deficits, is the integration of sensory messages. Some individuals with autism have unusual reactions, such as being overly sensitive to touch or under-responsive to pain. Sight, hearing, touch, smell, tastes may be affected to a lesser or greater degree. Noises may sound too loud or too soft. Colors may appear too bright or painful. Problems integrating sensory information are sometimes referred to as "sensory integrative dysfunction." There are many different treatments available depending on the particular "sense" that is affected.

Little research in peer-edited research journals has been published on sensory integration procedures and children with autism. Therefore, this approach is considered controversial by many professionals.

Web Sites

Henry OT Services ▪ www.henryot.com

S.I. Network ▪ <http://www.spdfoundation.net/>

Triangle Therapy ▪ www.triangletherapy.com

Local Providers

A.LL Therapy Connection, Inc.

140 Tonina Cove, Suite 100 ▪ Maitland, FL 32751 ▪ Ph: 407-388-0246 ▪ Fax: 407-332-8899

Website: <http://alltherapyconnection.com>

Multidisciplinary pediatric clinic, also provides bilingual services.

Arnold Palmer Hospital

1300 Kuhl Ave. ▪ Orlando, FL 32806 ▪ Ph: 321-841-6740 ▪ Website:

<http://www.orlandohealth.com/arnoldpalmerhospital/OurMedicalSpecialties/PediatricRehabilitationProgram.aspx?pid=4951>

Health First Pediatric Rehabilitation

611 Sheridan Road ▪ Melbourne, FL 32901 ▪ Ph: 321-434-5231

Website: https://www.health-first.org/hospitals_services/rehab2.cfm

LifeSkills Academy

1016 Spring Villas Pointe, Suite 1030 ▪ Winter Springs, FL 32708 ▪ Ph: 407-629-9455

Website: <http://lifeskillscenter.com/> ▪ email: sensory@earthlink.net

Optimum Kids Pediatric Rehabilitation

2500 West Lake Mary Blvd, Suite 208 ▪ Lake Mary, FL 32746 ▪ Ph: 407-323-6955

Pediatric Potentials Inc.

295 Waymont Court ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-3962

Website: www.pediatricpotentials.com

Specializes in home and community based rehabilitation services: sensory integration therapy, comprehensive home programs, environmental modification, family education, and the development of appropriate social, emotional, behavioral, fine and gross motor skills, and daily living skills. Services are available 7 days a week.

Out-of State Organizations/Providers

American Occupational Therapy Association

4720 Montgomery Lane ▪ Bethesda MD 20814 ▪ Ph: 301-652-2682 ▪ Website: <http://www.aota.org/>

VISION THERAPY

Developmental or Behavioral Optometrists may be able to treat individuals with autism experiencing visual difficulties. There are professionals who believe that some of the unusual behaviors associated with autism may be related to visual-perceptual problems. Some individuals with autism experience vision difficulties, such as poor eye contact, difficulty attending visually, visual fixation, and hyper or hyposensitivity to light and/or color. Treatments may include the use of specialized colored or prism lenses or practicing vision exercises. Research demonstrating the effectiveness of these treatments for people with autism spectrum disorders has not been published in peer-edited research journals, and therefore, many professionals consider this form of vision treatment controversial.

Web Sites

<http://www.visiontherapy.com/>

Local Providers

Florida's Vision Quest, Inc.

177 N. Industrial Drive ▪ Orange City, FL 32763 ▪ Ph: 386.917.1001, Ext. 223 ▪ Fax: 386.917.1008

Contact: Nancy Jeppesen, Director/Founder ▪ Website: www.flvq.org

Free eye exams/glasses for at-risk kids

Dr. Paul G. Rousseau, M.S., O.D., F.C.O.V.D.

1341 Bedford Drive ▪ Melbourne, FL 32940 ▪ Ph: 321-253-2020 ▪ E-mail: dr.rousseau@mindspring.com
Website: <http://www.eyeonlearning.com/>

Marc Sherman, Sherman & Zorn

1495 State Road 434 West, #109 ▪ Longwood, FL 32750 ▪ Ph: 407-332-8255 ▪ Fax: 407-332-5769
Website: <http://drmarcsherman.com/>

Out-of-area Organizations/Providers

Parents Active for Vision Education

4135 54th Place ▪ San Diego, CA 92105 ▪ Ph: 800-728-3988 ▪ Website: <http://www.pavevision.org/>
Can provide names of pediatric developmental optometrists.

VITAMINS/DIET/BIOLOGICAL

Some individuals with autism exhibit low tolerance for and/or allergies to a variety of different substances. Many families are implementing a diet that is free of gluten (found in wheat and grain products) and casein (found in milk and dairy products). Some have found this diet has helped their child in several ways, particularly in the area of bowel function. The use of large doses of particular vitamins is also an approach some parents have used with their children. While reports of children being “cured” by such approaches are most likely exaggerated, parents have reported changes in a child’s behavior through dietary change and vitamins. Thus far, controlled research studies have been less convincing. However, there is little risk in using diet and vitamin interventions if they are well supervised by a medical professional.

Vitamins and Supplements

B6/Mag ▪ Super Nu Thera ▪ Vitamin B6 ▪ Magnesium preparations ▪ Folic acid ▪ Sulfur ▪ Methylsulfonylmethane (MSM) ▪ Dimethylglycine (DMG) an enzyme.

Diet

Gluten free, casein free diet (g/f, c/f)

Website: www.autismndi.com for the Autism Network for Dietary Intervention newsletter

Web Sites

Autism Network for Dietary Intervention ▪ www.autismndi.com

Autism Research Institute ▪ www.autism.com/ari/

Autism Speaks: www.cureautismnow.org/resources/resources.cfm

GFCF Diet: www.gfcfdiet.com

Local Providers

Chamberlin’s Health Food Stores

Winter Park Village Superstore ▪ 430 North Orlando Avenue ▪ Winter Park, FL 32789 ▪ Ph: 407-647-6661
Website: www.chamberlins.com

Cornelia Franz

3160 Southgate Commons Blvd, #64 ▪ Orlando, FL 32806 ▪ Ph: 407-857-8860 ▪ Website: www.franzcenter.com

Hair and stool analysis, homeopathic medicine, medication management, and alternative medicine.

Gluten Free / Casein Free Diet Support Group

Karen Howington: 407-359-0356 ▪ Email: khowington@mindspring.com
Website: <http://food4thoughtcfl.com/>

Heise Chiropractic Clinic, P.A. & Central Florida's First Center of Alternative Medicine

3592 Aloma Ave. ▪ Winter Park, FL 32792 ▪ Ph: 407-677-1660 ▪ Website: www.drheise.com

Liberty Bakery

2781 Wrights Road, Suite 1229 ▪ Oviedo, FL 32765 ▪ Ph: 407-657-5342 ▪ Fax: 407-657-8274

Whole Foods Market

1989 Aloma Avenue ▪ Winter Park, FL 32792 ▪ Ph: 407-673-8788 ▪ Website: www.wholefoodsmarket.com
Hormone-free meats, organic vegetables.

Out-of-Area Organization/Providers

American Dietetic Association

120 South Riverside Plaza, Suite 2000 ▪ Chicago, IL 60606-6995 ▪ Ph: 800-877-1600 ▪ Website: www.eatright.org/

Great Smokies Diagnostic Laboratory

63 Zillicoa Street ▪ Asheville, NC 28801 ▪ Ph: 800-522-4762
Website: <http://www.genovadiagnostics.com/>
Comprehensive digestive stool analysis for allergies.

Food Allergy Network

11781 Lee Jackson Hwy, Suite 160 ▪ Fairfax, VA 22033-3309 ▪ Ph: 800-929-4040
Website: www.foodallergy.org ▪ email: faan@foodallergy.org

Great Plains Laboratory

11813 W. 77th Street ▪ Lenexa, KS 66214 ▪ Ph: 913-341-8949 ▪ Fax: 913-341-6207
Website: <http://www.greatplainslaboratory.com/home/>
Yeast/fungal metabolites urine testing

Pathway

5415 W. Cedar Lane ▪ Bethesda MD 20814 ▪ Ph: 301-530-1112 or 800-869-9159 ▪ Fax: 301-493-2671
Website: www.myvillagegreen.com

A pharmacy in Maryland compounds prescribed nutritional programs from a variety of pure vitamins, minerals, glandular and amino acids. They can put the proper dose of B6 with magnesium and DMG in a liquid form and ship it to your home.

University of Florida, Health Science Center

Website: www.health.ufl.edu
Urine/Blood Peptide testing for allergies.

RECREATIONAL ACTIVITIES

General Recreation

4-H Clubs of Lake County

1951 Woodlea Road ▪ Tavares, FL 32778 ▪ Ph: 352-343-4101 ▪ Fax: 352-343-2767

Adaptive Cycling, LLC, A Family Cycling Center

West Orange Trail ▪ Winter Garden Station ▪ 455 East Plant Street ▪ Winter Garden FL 34787 ▪ Ph: 407-877-8030

Website: www.adaptivecycling.net

Adults with Asperger's Syndrome Social Group

Ph: 407-823-6024 ▪ Contact: Karen Wesley

Autism & Related Disabilities Gym Program

P. O. Box 770306 ▪ Winter Garden, FL 34777 ▪ Ph: 407-234-7456 ▪ Website: www.autismgym.org

Contact: Joanne Houwers

Brevard County Parks & Recreation - Administration

2725 Judge Fran Jamieson Way B203 ▪ Viera, FL 32940 ▪ Ph: 321-633-2046

Website: <http://www.brevardparks.com/>

Chandler Arts & Performance

420 Banyon Tree Circle, #2-202 ▪ Maitland, FL 32751 ▪ Ph: 407-914-8485 ▪ Fax: 321-256-0697

Website: www.chandleraap.org

Students will have the opportunity to work with singers, actors, sculptors, coaches and other exciting teachers who are ready to guide them through fun-filled artistic adventures.

City of Orlando Special Populations Program

Website: <http://www.cityoforlando.net/fpr/Html/ExceptionalRecreation.asp>

Community Inclusion Facilitation

P. O. Box 202 ▪ Mims, FL 32754 ▪ Ph: 321-383-4499

Program for North Brevard: provides a person-centered plan for each client with an emphasis on community inclusion activities, family participation and education. Individual must be an adult who is developmentally disabled and referred by their MedWaiver support coordinator or be a registered student with the School Board of Brevard County.

Florida Disabled Outdoors Association

2475 Apalachee Parkway, Suite 205 ▪ Tallahassee, FL 32301 ▪ Ph: 850-201-2944 ▪ Website: www.fdoa.org

Kissimmee Parks & Recreation

101 N. Church Street ▪ Kissimmee, FL 34741 ▪ Ph: 407.518.2501

My Gym

3581 Lake Emma Road ▪ Lake Mary, FL 32746 ▪ Ph: 407-333-8069 ▪ Website: www.mygym.com/lakemary

National Parks & Recreation

Website: <http://store.usgs.gov/pass/access.html>

Free admission to National Parks.

Neon Club

Loch Haven Park Recreational Center ▪ Orlando, FL

Contact Paul Serhsen, Director of Recreation & Adult Services

Website: <http://www.cityoforlando.net/fpr/Html/ExceptionalRecreation.asp>
Recreational program for adults, 16 and up. Fosters self-empowerment, dances, partners and other activities monthly.

Opening Doors ▪ *St. Luke's United Methodist Church*
4851 S Apopka-Vineland Road ▪ Orlando, FL 32819 ▪ Ph: 407-876-6728

SPARC
(Special Population Activities & Recreation Council of Volusia, Inc.)
P. O. Box 1868 ▪ New Smyrna Beach, FL 32170 ▪ Ph: 386-409-5409 ▪ Website: www.sparcofvolusia.org

Special Kids Music Club (SKMC)
Presented by Joyful Music Dance Studio ▪ 290 Waymont Court, Suite 100 ▪ Lake Mary, FL 32746
Ph: 407-833-2729 ▪ Website: www.joyfulmusicanddance.com
Meets every Wednesday for ages 10-17 years with a cost of \$14.00 per child.

Special Needs Story Programs at Seminole County Public Libraries
Website: <http://www.seminolecountyfl.gov/library/>

UCP Child Development Centers ▪ Website: www.ucpcdc.org/
Holloway Center: 3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3333
Pine Hills: 5800 Golf Club Parkway ▪ Orlando, FL 32818 ▪ Ph: 407-299-5553
East Orange (UCF): 12702 Science Drive ▪ Orlando, FL 32826 ▪ Ph: 407-281-0441
West Orange: 630 S. Dillard Street ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0531
Seminole: 3590 N. Hwy 17/92, Suite 114 ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-6222
Osceola: 448 W. Donegan Avenue ▪ Kissimmee, FL 34744 ▪ Ph: 407-932-3445
Provides early intervention pre-school, inclusive childcare, physical, speech and occupational therapy and family support services at six locations throughout Central Florida.

Volusia County Parks and Recreation
202 N. Florida Ave. ▪ DeLand, FL 32720-4226 ▪ Ph: 386-736-5953 ▪ Fax: 386-943-7012
Website: www.volusia.org/parks

VSA Arts of Florida
3500 East Fletcher Avenue, Suite 234 ▪ Tampa, FL 33613 ▪ Ph: 813-975-6962 ▪ Website: www.vsafl.org
VSA is an international non-profit organization dedicated to artistic excellence and providing lifelong learning opportunities through the arts for people with disabilities.
Brevard Cultural Alliance ▪ 2725 Judge Fran Jamieson Way, C-307 ▪ Viera, FL 32940 ▪ Ph: 321-690-6817
Fax: 321-690-6818 ▪ Website: <http://www.artsbrevard.org/home.php>
Lake County Community Services ▪ Special Projects ▪ 315 West Main Street ▪ Tavares, FL 32778
Ph: 352-343-9454 ▪ Fax: 352-343-9896 ▪ Website: http://www.lakecountyfl.gov/departments/community_services/
Orlando ▪ *Museum of Art* ▪ 2416 N. Mills Ave ▪ Orlando, FL 32803 ▪ Ph: 407-896-4231 ▪ Fax: 407-896-9920
Website: <http://www.omart.org/>
Boggy Creek Gang Camp ▪ 30500 Brantley Branch Rd. ▪ Eustis, FL 32736 ▪ Ph: 352-483-4200 ▪ Fax: 352-483-0358
Website: <http://www.boggycreek.org/2006/home.asp>

Walt Disney World Parks and Resorts
Special passes can be acquired by calling 407-824-4321 and requesting. They are the same cost, but there is special access to rides on a no-wait basis for all in party. Need to take a letter from the doctor stating diagnosis and that child cannot wait in lines to guest relations.

Athletics

Brevard County Parks & Recreation Central Area Disabilities Program
475 N. Williams Avenue ▪ Titusville, FL 32780 ▪ Ph: 321-264-5058 or 321-264-5105
Website: www.brevardparks.com

Recreational activities such as bowling, field trips, dances and Special Olympic training and competition.

Complete Soccer Academy

Viollet Soccer Training Center ▪ 645 Executive Park Court ▪ Apopka, FL 32703 ▪ Phone: 407-925-6812
Website: <http://www.socceracademy.com/>

Gliding Stars

Ph: 877-223-1952 ▪ Website: <http://www.glidingstars.org/>

A not-for-profit organization providing adaptive ice skating programs and related products nationwide for people with challenges.

Oviedo Recreation and Parks Department Gymnastics

City of Oviedo's Riverside Park and Oviedo Gym ▪ 1600 Lockwood Blvd/148 Oviedo Blvd. ▪ Oviedo, Florida
Ph: 407-760-1697 ▪ Website: <http://www.cityofoviedo.net/index.php?q=node/1427>

SPARC

(Special Population Activities & Recreation Council of Volusia, Inc.)

P. O. Box 1868 ▪ New Smyrna Beach, FL 32170 ▪ Ph: 386-409-5409 ▪ Website: www.sparcofvolusia.org

Special Olympics Florida

1915 Don Wickham Drive ▪ Clermont, FL 34711 ▪ Ph: 352-243-9536 ▪ Toll Free: 800-322-4376

Website: www.sofl.org (go to *Athletes* → *County & Area Programs* to find your County Coordinator)

Offers year-round sports training and competition for individuals with intellectual disabilities at no charge to the athletes and their families.

Topsoccer - Central Florida United Soccer Club

6964 Aloma Avenue ▪ Winter Park, FL 32792 ▪ Ph: 407-695-4957 ▪ Website: <http://www.cfusc.com/>

Camps

Check UCF CARD's e-updates from January to June for information on summer day camps.

Talisman Programs

64 Gap Creek Road ▪ Zirconia, NC 28790 ▪ Ph: 888-458-8226 ▪ Website: www.talismansummercamp.com

Camp Listings: Local & Nationwide

Camp Channel ▪ www.campchannel.com

Camp Sequoia, Pennsylvania ▪ www.camp-sequoia.com

Florida Diagnostic and Learning Resources System (FDLRS) ▪ www.fdlrs.com

Therapy/Respite Camps ▪ www.wmoore.net/therapy.html

UCF Center for Autism and Related Disabilities

http://www.ucf-card.org/index.php?option=com_phocadownload&view=category&id=4&Itemid=70

Very Special Camps ▪ www.veryspecialcamps.com

Companion Services

Companion services consist of supervision and socialization activities for adults who qualify for the community-based Medicaid Waiver (Medwaiver). Companions may assist with activities of daily living in the context of socialization and supervision. Companion services may be received on a long-term basis. Providers may be home health care agencies, or independent vendors registered with the health care administration. Individuals in

residential settings are not eligible for companion services.

Agency for Persons with Disabilities

Provider Directory: www.apd.myflorida.com

Osceola Sunrise Special Care

3053 Big Sky Blvd ▪ Kissimmee, FL 34744 ▪ Ph: 407-518-6688 ▪ Contact: Beatrice Schindler

Email: osscc@yahoo.com

Works with APD, Medwaiver

Sunrise ARC of Lake County, Inc.

35201 Radio Rd. ▪ Leesburg, FL 34788 ▪ Ph: (352) 787-3079 ▪ Website: <http://sunrisearc.org/>

Sibling Support

SibShops

Website: <http://www.siblingsupport.org/>

Sisters' Club

Website: www.ucf-card.org

Sisters' Club is a social group just for girls, kindergarten to fifth grade who are sisters of children with an autism spectrum disorder. The activities are focused around fun and friendship, with each month having a different theme.

Swimming Lessons

City of Altamonte Springs Special Community Services

225 Newburyport Avenue ▪ Altamonte Springs, FL 32701 ▪ Ph: 407-571-8812

Website: www.advisoryboardfordisabled.org

The Gift of Swimming/Southwest Aquatics

205 Windermere Road ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0999 ▪ Fax: 407-905-5268

Website: www.giftofswimming.org

The Gift of Swimming was established as a 501(c)3 charitable organization in 2003 to address a serious gap by providing potentially lifesaving swimming training for disadvantaged and developmentally disabled children.

PediaSwim Enrichment Academy

205 Windermere Road ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0999

Website: <http://www.southwestaquatics.com/>

Ann Stone

1085 Crane Crest Way ▪ Orlando, FL 32825 ▪ Ph: 407-282-4970 ▪ Website: <http://www.stonecrabsswimteam.com/>

Therapeutic Horseback Riding

The benefits of horseback riding are as numerous as the types of disabilities and conditions served. Because horseback riding gently and rhythmically moves the rider's body in a manner similar to a human gait, riders with physical disabilities often show improvement in flexibility, balance and muscle strength.

F.A.I.T.H. Riders, Inc.

The Paulette Collins Therapeutic Riding Center for Children and Adults with Disabilities

2980 N. Shell Road ▪ DeLand, FL 32720 ▪ Ph: 386-740-9390 ▪ Website: www.floridahorse.com/faithriders/

Freedom Ride, Inc

1905 Lee Road ▪ Orlando, FL 32810 ▪ Ph: 407-293-0411 ▪ Website: www.freedomride.com

Harmony Farms Inc. ▪ *Horses for the Handicapped*

5300 Stadium Parkway ▪ Rockledge, FL 32955 ▪ Ph: 321-631-9433 ▪ Website: www.harmonyfarmsinc.com

Heart Land Horse Rescue

Website: www.heartlandhorsesrescue.org ▪ E-Mail: Calypsofarmeventers@embarqmail.com

Ph: 407-435-2407

Horse Sisters & Associates, Inc.

Common Sense Ranch ▪ 2714 Cuyler Street ▪ Mims, FL 32754 ▪ Ph: 321-385-0216

Website: www.horsesisters.org

S.A.D.L.E.S.

41025 Thomas Boat Landing Road ▪ Umatilla, FL 32784 ▪ Ph: 352-669-1012 ▪ Fax: 352.669.5554

Website: www.sadles.net ▪ Cher Myers, L.C.S.W./President

Therapeutic interactions through horse & rider. Personal Counseling, coaching and mediation.

Triple Diamond Ranch

32100 Root Rd ▪ Eustis, FL 32736 ▪ Ph: 352-589-6661 ▪ Website: www.tdranch.net

Woodlands Camp

15333 CR 455 ▪ Montverde, FL 34756 ▪ Ph: 407-469-2525 ▪ Website: www.woodlandschurch.com

Out of Area Organizations/Providers

Blind Outdoor Leisure Development ▪ *The UCLID Center at the University of Pennsylvania*

3414 Fifth Avenue, 2nd Floor, Room 203 ▪ Pittsburg, PA 15213 ▪ Ph: 412-692-6538 ▪ Website: www.uclid.org

Assists blind persons in participating in outdoor recreation. Aids in the establishment of local recreation clubs.

Designs and conducts training courses.

Disabled Sports USA

Website: <http://dsusa.org/>

Guided Tour

7900 Old York Rd., Suite 114-B ▪ Elkins Park, PA 19027 ▪ Ph: 215-782-1370 ▪ Website: <http://guidedtour.com/>

Provides group vacations for individuals with disabilities

North American Riding for the Handicapped Association (NARHA)

PO Box 33150 ▪ Denver CO 80233 ▪ Ph: 800-369-RIDE ▪ Website: www.narha.org

Personal Ponies

Website: <http://www.personalponies.org/>

A national non-profit organization dedicated to the belief that the life of a child with disabilities can be immeasurably enriched by having a tiny pony to love and care for. Miniature Shetland Ponies are provided to families of disabled children, completely without charge, for the lifetime use of the child.

LEGAL SERVICES

Sometimes, even with state and federal laws to protect them, people with disabilities and their families need to defend their rights to receive needed services. If you feel that your child is not being treated equally, there are many steps you can take. These steps may include complaints to appropriate boards, appeals and grievance procedures. If you still are not satisfied with your child's treatment program, you may require legal assistance.

Local Providers

Bert Barclay, Esq. ▪ *Barnett & Barclay, PA*

1131 Symonds Avenue ▪ Winter Park, FL 32789 ▪ Ph: 407-644-3991 ▪ Fax: 407-644-6779

Children's Rights Foundation

P. O. Box 195661 ▪ Winter Springs, FL 32719 ▪ Ph: 407-834-9797

Website: <http://childrensrightsfoundation.com/>

The Collaborative Family Law Group of Central Florida

P. O. Box 787 ▪ Winter Park, FL 32790-0787 ▪ Website: www.cflcfl.com

Fair Housing Continuum, Inc.

4760 N. Hwy US1, Suite 203 ▪ Melbourne, FL 32935-7200 ▪ Ph: 321-757-3532

Website: <http://fairhousingcontinuum.org/>

National Federation of the Blind *Greater Daytona Beach Chapter*

Ph: 386-569-4614 ▪ Website: <http://www.nfbflorida.org/chapters/daytona/index.html>

An advocacy group which promotes security, advocacy, equality, and opportunity in changing what it means to be blind.

Out-of-Area Organizations/Providers

Florida Bar Lawyer Referral Service ▪ *The Florida Bar*

651 East Jefferson Street ▪ Tallahassee, FL 32399 ▪ Ph: 800-561-5600

Website: <http://www.floridabar.org/tfb/flabarwe.nsf>

You may also want to get a copy of the Pro Bono Directory from The Florida Bar. The directory is a complete listing of low cost and free legal assistance.

Florida Commission on Human Relations

2009 Apalachee Parkway, Suite 100 ▪ Tallahassee, FL 32301 ▪ Ph: 850-488-7082 ▪ Website: <http://fchr.state.fl.us/>

Responsible for directing inquiries on discrimination in employment and housing issues

Florida Justice Institute, Inc.

100 SE 2nd Street, Suite 3750 ▪ Miami, FL 33131 ▪ Ph: 305-358-2081

Florida Legal Services, Inc.

2425 Torreya Drive ▪ Tallahassee, FL 32303 ▪ Ph: 850-385-7900 ▪ Website: <http://www.floridalegal.org/>

Mark S. Kamleiter, Esq. ▪ *Special Education Law and Advocacy*

2509 First Avenue South ▪ St. Petersburg, FL 33712 ▪ Ph: 727-323-2555 ▪ Website: www.KamleiterLaw.com

Office for Civil Rights *U.S. Department of Health and Human Services*

200 Independence Avenue Southwest ▪ Room 509F, HHH Building ▪ Washington, DC 20201 ▪ Ph: 800-368-1019

Website: <http://www.hhs.gov/ocr/office/index.html>

Statewide Advocacy Network On Disabilities, Inc (STAND)

PO Box 172236 ▪ Tampa, FL 33672 ▪ Ph: 813-258-5700 ▪ Website: <http://standadvocates.org/index.html>

ADVOCACY

4 Advocacy

P. O. Box 10875 ▪ Tallahassee, FL 32302 ▪ Ph: 850-567-5252 ▪ Website: www.4gen.org

Advocating For Kids, Inc.

379 W Alfred Street ▪ Tavares, FL 32778 ▪ Ph: 352-508-1137

Contact: Lalenya Robertson, Founder & President ▪ Website: www.advocating4kids.org

Children's Defense Fund

25 E. St. NW ▪ Washington, DC 20001 ▪ Ph: 800-233-1200 ▪ Fax: 202.662.3510

Website: www.childrensdefense.org

Community Legal Services of Mid-Florida, Inc.

Website: www.clsmf.org Hotline: 1-800-984-2918

Brevard: Ph: 866-469-7444

Lake: 226 West Main Street ▪ Tavares, FL 32778 ▪ Ph: 352-343-8853

Orange: 122 East Colonial Drive, #200 ▪ Orlando, FL 32801 ▪ Ph: 407-246-1661

Osceola: 800 North Main Street ▪ Kissimmee, FL 32778 ▪ Ph: 407-847-4866

Seminole: 315 Magnolia Avenue ▪ Sanford, FL 32771 ▪ Ph: 866-718-9595

Sumter: 106 North Osceola Avenue ▪ Inverness, FL 34450 ▪ Ph: 800-984-2918

Volusia: 128-A Orange Avenue, #100 ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-5600

Deaf and Hard of Hearing Services

1219 Dunn Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 386-255-4568 ▪ TDD (Deaf Clients only): 386-257-3600

Voice FRS: 800-955-8770 ▪ TDD FRS: 800-855-8771

Website: http://fl-vf.easterseals.com/site/PageServer?pagename=FLVF_DHHS_Services

Advocacy, awareness, communication, referral and access as well as social and cultural opportunities for deaf and hard of hearing individuals in Volusia and Flagler counties. Also creates an awareness of the special needs. TDD Network relaying phone calls between the hearing and hearing impaired, using the Florida relay system 365 days a year. Interpreter service provides emergency services, health care, education, social services, and judiciary. Advocacy for Civil Rights of the deaf.

Disability Rights Florida

2728 Centerview Drive ▪ Tallahassee, FL 32301 ▪ Ph: 800-342-0823

Website: <http://www.disabilityrightsflorida.org/>

Marilyn F. Hays, Ph.D.

Ph.: 407-463-4829 ▪ Fax: 407-889-8721 ▪ Email: mmh4katz@embarqmail.com

Services: Acts as an educational advocate and expert witness on autism.

IDEAS Special Needs Consults, Inc.

PO Box 180605 ▪ Casselberry, FL 32718-0605 ▪ Ph: 407-332-7770 ▪ Cell: 407-782-7202 ▪ Contact: Sandy Osborne

E-mail: osborns37@cfl.rr.com

Pam Lindemann

P. O. Box 618308 ▪ Orlando, FL 32861 ▪ Ph: 407-342-9836 ▪ Email: pamkatjon@hotmail.com

My Child's Advocate, Inc.

PO Box 161073 ▪ Altamonte Springs, FL 32716-1067 ▪ Ph: 407-592-0081
Website: www.my-childsadvocate.com

Jamie Williams

13615 Waterhouse Way ▪ Orlando, FL 32828 ▪ Ph: 407-432-6310 ▪ Email: williams.jamie.b@gmail.com

Out-of-Area Organizers/Providers

Southern Legal Counsel

1229 Northwest 12th Avenue ▪ Gainesville, Florida 32601 ▪ Ph: 352-271-8890 ▪ Website: www.southernlegal.org

Elisabeth Swanson

Ph: 352-629 0105 ext 2922

Covers Lake and Sumter Counties.

Wrightslaw

Website: www.wrightslaw.com

Information about special education law, education law, and advocacy for children with disabilities.

ESTATE PLANNING

Estate planning is a very complex process for parents who have children with a disability. Many parents feel that they are too young to begin considering estate planning, or that their child is too young for them to be concerned about estate planning at this time. Some feel that they have so few assets that planning is not appropriate for them. The truth is that parents are never too young to begin planning, and people with few assets need plans as much as those with great wealth.

If a parent dies without a will, the State will determine how the assets are distributed. Probate court will determine who will serve as guardian for minor children or adult children with disabilities.

The primary goal of planning is to ensure that the individual with a disability receives a lifetime of adequate care and support while taking advantage of eligibility for governmental benefits. A special needs trust is an estate planning option that prevents the loss of assets intended to support your child's lifestyle. It eliminates any misunderstandings as to who will care for your child, where, and how. The trust will enable your child to receive ongoing extra goods and services from your estate and still be eligible for governmental benefits.

Important aspects of an estate plan:

- Provides lifetime supervision and care
- Maintains governmental benefits
- Provides for medical care
- Provides basic life expenses
- Provides supplementary funds to help assure a comfortable life
- Provides management of funds
- Provides dignified final arrangements
- Avoids family conflicts

Websites

Estate Planning: www.estate.findlaw.com/estate-planning/estate-planning-overview.html

Special People, Special Planning: www.specialpeoplespecialplanning.com

Providers

Nicki A. Biamonte, CLTC, LUTCF ▪ *MetLife Center for Special Needs Planning*
150 Interlachen Road ▪ Melbourne, FL 32940 ▪ Ph: 321-610-9906 ▪ Fax: 321-255-7970
E-mail: nbiamonte@metlife.com ▪ Website: www.nickibiamonte.com

DeGraw and Associates
1270 Orange Ave, Suite A ▪ Winter Park, FL 32789 ▪ Ph: 407-647-5552 ▪ Fax: 407-647-5766
Legal and estate planning, trusts, guardianships.

Alex Hamrick, JD, LLM
1000 Legion Place ▪ Orlando, FL 32801 ▪ Ph: 407-581-9800

Peggy Hoyt ▪ *Law Office of Hoyt & Bryan, LLC*
254 Plaza Drive ▪ Oviedo, FL 32765 ▪ Ph: 407-977-8080 ▪ Website: www.hoytbryan.com

Frank Nisi
287 Lake Howell Road ▪ Maitland, FL 32751 ▪ Ph: 407-622-2550 or 407-622-2556
Estate planning, guardianships and advocacy plans.

Principal Financial Group

1060 Maitland Centre Commons, Suite 180 ▪ Maitland, FL 32751 ▪ Ph: 407-875-0558
Contact Stan Stewart or Tom Henry

Security Financial Management

Estate planning, educational workshops.

2003 Lake Howell Lane ▪ Maitland, FL 32751 ▪ Ph: 407-644-4686

Out-of-Area Organizations/Providers

Kevin Manning ▪ *Met Life, Inc.*

302 Knights Run Avenue, Suite 100 ▪ Tampa, FL 33602 ▪ Ph: 813-383-5202

Bart Stevens Special Needs Planning, LLC

4121 E. Palo Brea Lane ▪ Cave Creek, Arizona 85331 ▪ Ph: 888-447-2525 ▪ Website: www.bssnp.com

EDUCATION AND RELATED SERVICES

How the Special Education Process Works

1. Parents, school personnel, students or others may make a request for evaluation. If you request an evaluation to determine whether your child has a disability and needs special education, the school district must complete a full and individual evaluation. If it refuses to conduct the evaluation, it must give you appropriate notice, and let you know your rights. You must give permission in writing for an initial evaluation, and for any tests that are completed as part of a re-evaluation (every three years).
2. A team of qualified professionals and you will review the results of the evaluation, and determine if your child is eligible for special education services.
3. If your child is not eligible, you will be appropriately notified and the process stops. However, you have a right to disagree with the results of the evaluation or the eligibility decision. If you disagree with the results of an evaluation, you have a right to an Independent Educational Evaluation (IEE). Someone who does not work for the school district completes the IEE. The school district must pay for the IEE or show at an impartial due process hearing that its evaluation is appropriate.
4. If you and the school district agree that your child is eligible for services, you and the school staff will plan your child's Individualized Education Program (IEP), at an IEP team meeting. You are an EQUAL member of this team.
5. The IEP will list all special services your child needs, including goals your child is expected to achieve in one year, and objectives or benchmarks to note progress. The team determines what services are in the IEP as well as the location of the services and modifications. The IEP and placement decisions may take place at one meeting or as many as are required to come to an agreement.
6. Placement for your child must be in the Least Restrictive Environment (LRE) appropriate to your child's needs. He/she will be placed in the regular classroom to receive services unless the IEP team determines that, even with special additional aids and services, the child cannot be successful there. You are a part of any group that decides what services your child will receive and where they will be provided.
7. If you disagree with the IEP and/or placement, you should first try to work out an agreement with your child's IEP team. If you still disagree, there are other options.
8. If you agree with the IEP and placement, your child will receive the services that are written into the IEP. You will receive reports on your child's progress each report card period. You may request another IEP meeting at any time during the school year if you feel changes need to be made to your child's IEP.
9. The IEP team must meet at least once per year to discuss progress and write any new goals or services into the IEP. As the parent you can agree or disagree. If you disagree, you should do so in writing.
10. If you disagree with any changes in the IEP, your child will continue to receive the services listed in the previous IEP until you and the school staff reach agreement. You should discuss your concerns with the other members of the IEP team. If you continue to disagree with the IEP, there are several things you can do, including asking for additional testing or an (IEE) or resolving the disagreement using due process.
11. Your child will continue to receive special education services if the team agrees that the services are needed. A re-evaluation is completed at least once every three years.

Due Process – protects the right of parents to have input into their child's educational program and to take steps to resolve disagreements. When parents and school districts disagree with one another, they may ask for an impartial hearing to resolve issues. Mediation must also be available.

Mediation – is a meeting between parents and the school district with an impartial person, called a mediator, who helps both sides come to an agreement that each finds acceptable.

Impartial Due Process – is a meeting between parents and the school district where each side presents their position, and a hearing officer makes the decision about what is the appropriate educational program, based on requirements in law.

Source: 1999 PACER Center, Inc. 4826 Chicago Avenue S, Minneapolis, MN 55417 Tel: (612) 827-2966

Brief Overview of the Individual Education Plan

The IEP is the cornerstone for the education of a child with a disability. The IEP is a written statement of a child's educational program, which identifies the services a child needs so that he or she may grow and learn during the school year. The IEP outlines the child's special education plan by defining goals for the school year, services needed to help the child meet those goals, and a method of evaluating the student's progress. As its name suggests, the Individual Educational Plan should be written to reflect the child's individual and unique needs. No single IEP would be appropriate for all children with autism.

The IEP should address all areas in which the child needs educational assistance. This can include academic goals and non-academic goals, if the services to be provided will result in educational benefit for the child. All areas of projected need such as social skills, functional skills (dressing, crossing the street to walk to the school bus safely, etc) related services (occupational therapy, speech therapy, physical therapy, etc), should be included in the IEP.

Individual Education Plan Content

The IEP should list educational services to be provided, the setting in which they will be provided, and the professionals who will provide the service. Content of an IEP must include the following:

- A statement of the child's present level of education performance. This should include academic and non-academic aspects.
- A statement of annual goals that the student may reasonably accomplish in the next 12 months. This statement should also include a series of measurable, intermediate objectives for each goal. This will help both the parent and educators know whether the child is progressing and conferring benefit from his/her education. **The development of specific, well-defined goals and objectives is crucial to your child receiving an appropriate education.**
- Appropriate objective criteria, evaluation procedures and schedules for determining, on at least an annual basis, whether the child is achieving the short-term objectives outlined in the IEP.
- A description of all specific special education and related services, including individualized instruction and related supports and services, to be provided. This includes the extent to which the child will participate in regular educational programs.
- The initiation date and duration of each of the services, as determined above, to be provided (this may include Extended School Year services)
- If the child is 14 years old or older, the IEP must include a description of transitional services (a coordinated set of activities designed to assist the student in movement from school to post-school activities). See the section on transition, page 76.

Individuals with Disabilities Education Act (IDEA)

To understand your child's educational rights it is helpful to begin with the primary law governing the education of children with disabilities: the Individuals with Disabilities Education Act. (IDEA). IDEA is a federal law, which guarantees a free and appropriate public education for every child with a disability. This means that if you enroll your child in public school, his/her education should be at no cost to you and it should be appropriate for his age, ability and developmental level. IDEA is an amended version of the Education for All Handicapped Children Act (P.L. 94-142) passed in 1975. In 1997 IDEA was reauthorized (P.L. 105-17), further defining children's rights to educational services and strengthening the role of parents in the educational planning process for their children. You can obtain a copy of IDEA and/or other educational regulations by downloading the entire text from U.S. Department of Education WWW site. It may be available at your public library or county office. IDEA contains both statute and regulations. The IDEA statute is the governing legislation – the language of the law and the regulations are an explanation of how the law is to be enacted. The law explains what conditions exist; the regulations explain how these conditions are applied.

Family Educational Rights and Privacy Act of 1974 (FERPA)

Protects the privacy of a student's educational records and outlines inspection and release of information.

Section 504 of the Rehabilitation Act

Protects the civil rights of persons with disabilities. It prohibits discrimination against a person with a disability by an agency receiving federal funds.

Clarification on a Law

Contact the Office of Special Education Programs, (OSEP), Education Department, 400 Maryland Avenue SW, Mail Stop 2651, Washington, DC 20202 (202) 205-5507

Sunshine State Standards

The Sunshine State Standards are used to describe what Florida students are being taught and what they are expected to learn in the following subjects: Language Arts, Mathematics, Science, Social Studies, Health and Physical Education, The Arts, Foreign Languages, Special Diploma. The standards for the Special Diploma are:

Curriculum and Learning Environment

Strand A: Sunshine State standards-

Addresses the students participation in the Sunshine State standards with modifications

Strand B: Functional Academics-

Includes reading, writing, listening, speaking, mathematics, and problem solving

Strand C: Life Work-

Includes skills related to deciding on a career, use of tools and technology, and employability

Independent Functioning

Strand A: Personal Care-

Includes skills for daily living, personal care, travel, and use of community resources

Strand B: Self-Management-

Includes personal planning and decision-making skills and appropriate behavior in daily living and work.

Social and Emotional Behavior

Strand A: Working with others-

Focuses on working in groups and developing relationships with others.

Communication

Strand A: Communicating with Others-

Addresses the ability to exchange communications

The Sunshine State Standards for a Special Diploma have Benchmarks at three levels. A student with a disability should master each standard at one of the three levels. The IEP team will determine which level would be most appropriate.

Independent- Students can perform the skills on their own

Supported- Students need ongoing use of assistive aids, prompting, or supervision in order to perform the skills

Participatory- Students need much assistance to participate in activities of daily living

Mastery of the Sunshine state standards for special Diploma is now required for a special diploma for students entering the ninth grade in 2000 calendar year and after. For more information, contact the Exceptional Student Education (ESE) office in your child's school or at the district school board office.

K-12 EDUCATIONAL RESOURCES

Brevard County

Brevard County School District

2700 Judge Fran Jamieson Way ▪ Viera, FL 32940 ▪ Ph: 321-631-1911 x500

Website: www.brevard.k12.fl.us (main) ▪ <http://ese.brevard.k12.fl.us/default.htm> (ESE)

Lake County

Lake County School District

201 West Burleigh Blvd ▪ Tavares, FL 32778 ▪ Ph: 352-253-5600 ▪ Website: www.lake.k12.fl.us

Lake County Schools Transition Services - ESE

201 W. Burleigh Boulevard ▪ Tavares, FL 32778 ▪ Ph: 352-253-6600 ▪ Fax 352-343-7817
Website: www.lake.k12.fl.us

Orange County

Early Intervention Services (EIS)

434 N. Tampa Avenue ▪ Orlando, FL 32805 ▪ Ph: 407-317-3503
Website: <https://www.ocps.net/cs/ese/support/ei/Pages/default.aspx>

Children ages 3-5 must begin eligibility determination for special education through contact with the EIS.

Orange County Head Start

2100 E. Michigan Street ▪ Orlando, FL 32806 ▪ Ph: 407-836-6590

Orange County Interagency Transition Council

Ph: 407-897-2740

Orange County School District

445 West Amelia Street ▪ Orlando, FL 32801 ▪ Ph: 407-317-3200 ▪ Website: www.ocps.k12.fl.us

Central Learning Community: Ph: 407-532-7970

East Learning Community: Ph: 407-737-1490

North Learning Community: Ph: 407-532-7970

Southeast Learning Community: Ph: 407-317-3740

Southwest Learning Community: Ph: 407-318-3110

West Learning Community: Ph: 407-905-3200

Transition Services

Ph: 407-317-3274

Osceola County

Head Start - Community Coordinated Care for Children, Inc. (4C)

1328 E Vine Street ▪ Kissimmee, FL 34744 ▪ Ph: 321-210-6200

Website: www.4corlando.org

Osceola County School District

817 Bill Beck Blvd. ▪ Kissimmee, FL 34744 ▪ Ph: 407-870-4600 ▪ Website: www.osceola.k12.fl.us

Technical Center

501 Simpson Road ▪ Kissimmee, FL 34744 ▪ Ph: 407-344-5080 ▪ Website: <http://www.teco.osceola.k12.fl.us/>

Seminole County

Head Start - Community Coordinated Care for Children, Inc. (4C)

307 West 1st Street ▪ Sanford, FL 32771 ▪ Ph: 321-832-6400 ▪ Website: www.4corlando.org

Seminole County School District

400 East Lake Mary Blvd. ▪ Sanford, FL 32773 ▪ Ph: 407-320-0000 ▪ Website: www.scps.k12.fl.us

Special Education Parent Teacher Association (SEPTA)

450 Technology Park ▪ Lake Mary, FL 32746 ▪ Ph: 407-320-9327 ▪ Website: www.septaseminole.org
Information ▪ Lending Library ▪ Resources

Sumter County

Head Start

803 South Woodland Blvd. ▪ Deland, FL 32720 ▪ Ph: 386-740-4810

Sumter County School District

2680 West County Road 476 ▪ Bushnell, FL 33513 ▪ Ph: 352-793-2315 ▪ Website: www.sumter.k12.fl.us

Volusia County

Deaf/Hard of Hearing, Deaf/Blind ▪ Volusia County Schools

Cynthia Sears, Pathologist ▪ Ph: 386-258-4661, ext. 53721

Volusia County School District

200 North Clara Avenue ▪ Deland, FL 32720 ▪ Ph: 386-734-7190 ▪ Website: www.volusia.k12.fl.us

Web Sites

Communities in Schools of Florida, Inc.: www.cisfl.org

Floridians for School Choice (Information about scholarships available for school choice.):

www.floridians.org

School information for public, private and charter schools nationwide: www.greatschools.net

School test results and detailed profiles of public schools in IL, FL, TX, CA & PA: www.schools-data.com

Religious Education Resources

Diocese of Orlando – Office of Schools

50 East Robinson Street ▪ Orlando, FL 32801 ▪ Ph: 407-246-4900 ▪ Website: <http://www.orlandodiocese.org>

First United Methodist Church in Clermont

950 7th Street ▪ Clermont, FL 34711 ▪ Ph: 352-394-2412 ▪ Website: fumc-clermont.org

First Baptist Church of Orlando

Room E1-223 ▪ 3000 S. John Young Parkway ▪ Orlando, FL 32805 ▪ Ph: 407-514-4295

Website: http://www.firstorlando.com/Kids/Children/Special_Needs.aspx

Sunday School Class for Children with Special Needs (Autism, PDD/NOS and related disorders)

Nathaniel's Hope

Website: www.nathanielshope.org, click on Family Resources for a list of churches with Special Needs Programs

Vistiny Ministries

2954 Sweetspire Circle ▪ Oviedo, FL 32766 ▪ Ph: 407-977-2047 ▪ Website: www.vistiny.com

A ministry comprised of individuals with special needs.

Specialty Schools

Academy for Autism

5232-B. S. Orange Ave. ▪ Orlando, FL 32809 ▪ Ph: 407-852-9922 ▪ Website: <http://www.academyforautism.org/>

Academy for Autism provides high quality ABA-based educational programming for children with autism and severe behavior, featuring a 1:3 ratio. Accepts McKay Scholarships

Applied Behavior Center

113 W. Chapman Road ▪ Oviedo, FL 32765 ▪ Ph: 407-324-7772 ▪ Website: www.appliedbehaviorcenter.com

Applied Behavior Center, ABC, formerly ABC School House, is a 501©3, non-profit organization dedicated to the improvement in the quality of life for children diagnosed with autism or related disabilities.

Avalon School

5002 Andrus Ave ▪ Orlando, FL 32804 ▪ Ph: 407-297-4353 ▪ Website: www.avalonprivateschool.com
Provides academically based program for students with mild special needs. Accepts McKay Scholarships

Bridges Academy

894 Gary Hillery Drive ▪ Winter Springs, FL 32708 ▪ Ph: 407-366-1099 ▪ Fax: 407-366-1909
Website: www.bridgesacademy.net
Provides academic opportunities for students in the 2nd – 8th grades with specific learning disabilities. Accepts McKay Scholarships

Advoserv-Carlton Palms

28308 Churchill Smith Lane ▪ Mt. Dora, FL 32757 ▪ Ph: 866-310-2681
Website: <http://www.advoserv.com/florida.html>
Residential school and group home for children with severe disabilities.

Champion Preparatory Academy

721 W Lake Brantley Road ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-788-0018
Website: www.championhomeschool.org
Provides a variety of home-school and center-based instructional options using a Christian-centered differentiated approach to instruction. The S.T.A.R. program is only able to accept students with good behavior control, who have a desire to learn and skills within 3 years of their chronological grade level. Accepts McKay Scholarships.

The Chase Academy

700 Reed Canal Street ▪ South Daytona, FL 32119 ▪ Ph: 386-690-0893 ▪ Website: <http://www.tcaofvolusia.org/>
Accepts all applications from K-8th grade students who are at the high-functioning end of the spectrum and whose parents consider their child prepared to complete a curriculum that meets grade-level state standards. Accepts McKay Scholarships.

Child Life Therapy L.L.C.

1486 Swanson Drive ▪ Oviedo, FL 32765 ▪ Ph: 407-977-4448 ▪ Contact: Dena Hoy
Website: <http://childlifetherapy.org/>
Child Life Therapy offers preschool-based services using a Floortime/DIR model.

Easter Seals Child Development Center/Charter School

2219 S. Woodland Blvd. ▪ Deland, FL 32720 ▪ Ph: 386-736-9849
1219 Dunn Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 386-255-4568 x318
Website: http://fl-vf.easterseals.com/site/PageServer?pagename=FLVF_CDC_ChildDevelopmentCenterHome
An extended day pre-school and child care program for children with and without disabilities. The program operates from 6:30am-6pm Mon-Fri. The curriculum includes active indoor and outdoor activities, creative and imaginative play, language development, and discovery centers. For the children with disabilities, the program includes an early intervention component, therapy, parenting services, accessible facilities, and adaptive equipment. Serves able-bodied children and children who are developmentally delayed or at-risk of delay, or who have been diagnosed with cerebral palsy, spina bifida, Down syndrome, visual or hearing impairments, or speech and language disorders. The program serves children, infant through 4 years old.

Harbor School

3955 Red Bug Lake Road ▪ Casselberry, FL 32707 ▪ Ph: 407-699-9502 ▪ Website: www.harborschool.net
Provides academically based program for students with specific learning disabilities, attention deficit disorders, mild behavioral needs and those that in general need an adaptive educational program to meet their learning needs. Accepts McKay Scholarships.

Hope Charter School

1550 East Crown Point Road ▪ Ocoee, FL 34761 ▪ Ph: 407-656-4673 ▪ Fax: 407-264-6960
Website: www.hopecharter.org
Hope Charter and offers a traditional educational model featuring an inclusion model for autistic children that would

allow a gradual transition from the ESE classroom to a regular education classroom. Accepts McKay Scholarships.

Interventions Unlimited Academy

848 Executive Drive ▪ Oviedo, FL 32765 ▪ Ph: 407-678-8889 ▪ Website: <http://www.interventionsunlimited.com/>
IUA uses an ABA approach to teach language and other foundational skills following the ABBLIS as a curriculum guide. Accepts McKay Scholarships.

Journeys Academy School for Special Needs Children

1855 Lansing St ▪ Melbourne, FL 32935 ▪ Ph: 321-610-8124 ▪ Website: <http://educationaljourneys.org/>
Serving students with ASD, LD, ADD, ADHD, Dyslexia, Gifted

LifeSkills Academy

1016 Spring Villas Pointe, Suite 1030 ▪ Winter Springs, FL 32708 ▪ Ph: 407-629-9455
Website: www.lifeskillscenter.com

Provides a transitional intensive academic and therapeutic school for children with ASD and Sensory Integration difficulties, and reasonable behavioral self-control. Kindergarten thru grade 4. Accepts McKay Scholarships.

Milestones Community School

10516 Treadway School Road ▪ Leesburg, FL 34788 ▪ Ph: 352-742-7007

Serves grades K – 6. Specializing in individualized curriculum that utilizes the “Success for all” program from John Hopkins University. Accepts McKay Scholarships

4400 South Dixie Highway NE ▪ Palm Bay, FL 32905 ▪ Ph: 321-729-0500

Specializing in individual instruction that focuses upon transition to independent living. Serving grades 5-10. Accepts McKay Scholarships.

31600 Camp Challenge Road ▪ Sorrento, FL 32776 ▪ Ph: 352-385-0390

Specializing in individualized curriculum that utilizes the “Success for all” program from John Hopkins University. Serving grades K-6.

Morning Star School

954 Leigh Avenue ▪ Orlando, FL 32804 ▪ Ph: 407-295-3077 ▪ Website: <http://www.morningstarangels.net>
Ages 3-21 ▪ Private Catholic School for individuals with disabilities

Pace-Brantley Hall

3221 Sand Lake Road ▪ Longwood, FL 32779 ▪ Ph: 407-869-8883 ▪ Website: www.mypbhs.org

K-12th grade. The PACE program has been specifically designed for students who have been diagnosed with learning disabilities, attention deficit disorder, dyslexia and similar challenges. Accepts McKay Scholarships.

The Paragon School

928 Malone Drive ▪ Orlando, FL 32810 ▪ Ph: 407-644-1546 ▪ Website: www.theparagonschool.org

E-mail: learn@theparagonschool.org

Paragon school provides educational opportunities to students with autism, specifically high functioning autism and Asperger's syndrome. All applicants will be reviewed on a first come first serve basis and does not discriminate based on race, sex, ethnic origin religion or similar factors. Accepts McKay Scholarships.

Passport Charter School

5221 Curry Ford Rd. ▪ Orlando, FL 32812 ▪ Ph: (407) 658-9900 ▪ Website: <http://www.passportcharter.org/>

Passport provides instruction to students grades K to 7, based on the individual needs of children in an environment that implements inclusion, multi-age grouping, low student to teacher ratios, cooperative learning, multi-sensory hands-on learning, frequent assessment and extensive networking with parents and the community.

Princeton House Charter School

1166 Lee Road ▪ Orlando, FL 32810 ▪ Ph: 407-523-7121 ▪ Website: www.princeton-house.org

Behavior-based, full curriculum for children with autism and other related disorders, ages 3-22 in Orange and Seminole counties.

Providence Academy

East Campus: 1561 South Alafaya Trail, Suite 200 ▪ Orlando, FL 32828 ▪ Ph: 407-282-1006

West Campus: 7601 Conroy Windermere Road ▪ Orlando, FL 32835 ▪ Ph: 407-298-8699

Website: www.theprovidenceacademy.com

K-12th grade. Those served by Providence Academy are children and adolescents who require Integrated Academic and Support Services in order to reach their full potential and be able to live independently.

QuestKids Academy

Website: <http://www.questkids.org/>

514 East Colonial Drive ▪ Orlando, FL 32803 ▪ Ph: 407-218-4300 ▪ Fax: 407-218-4303

Delivering quality education and individualized 1:1 and group ABA therapy

Star Center

Main Administrative Ph: 321-724-4482 ▪ Fax: 321-757-5177

Orlando Campus I: 1100 North Ferncreek Avenue ▪ Orlando, FL 32803

Orlando Campus II: 1517 Lake Highland Drive ▪ Orlando, FL 32803

Seminole County: 3899 Sand Lake Road ▪ Longwood, FL 32779

Website: www.starcenterforautism.com

Star Child Academy

12800 Waterford Lakes Parkway ▪ Orlando, FL 32828 ▪ Ph: 407-658-4748

Website: <http://www.starchildwaterford.com/>

Private pre-school and kindergarten, extended hours and affordable rates.

Summit Charter School

1250 N. Maitland Avenue ▪ Maitland, FL 32751 ▪ Ph: 407-599-4001

Serves students in grades K-8 for children identified with Specific Learning Disabilities (SLD) either alone or combined with Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD) and/or Dyslexia.

UCP Child Development Centers ▪ Website: www.ucpcdc.org/

Holloway Center: 3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3300

Pine Hills: 5800 Golf Club Parkway ▪ Orlando, FL 32808 ▪ Ph: 407-299-5553

East Orange: 12702 Science Drive ▪ Orlando, FL 32826 ▪ Ph: 407-281-0441

West Orange: 630 S. Dillard Street ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0531

Seminole: 3590 N. Hwy 17/92, Suite 1038 ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-6222

Osceola: 448 W. Donegan Avenue ▪ Kissimmee, FL 34741 ▪ Ph: 407-932-3445

Provides early intervention pre-school, inclusive childcare, physical, speech and occupational therapy and family support services at six locations throughout Central Florida.

Tutors

Behavioral Associates of Central Florida

2431 Aloma Avenue, Suites 134 & 136 ▪ Winter Park, FL 32792 ▪ 407-539-1935

Website: <http://www.watchbehaviorwork.com/>

Center for Health, Learning & Achievement

Waterford Lakes: 1561 S Alafaya Trail, Suite 200 ▪ Orlando, FL 32828 ▪ Ph: 407-382-5551

Orlando: 7605 Conroy Windermere Road ▪ Orlando, FL 32835 ▪ Ph: 407-298-8995

Winter Springs: 1600 Town Plaza Court, Suite 1624 ▪ Winter Springs, FL 32708 ▪ Ph: 407-971-1007

Website: www.learningandachievement.com/

Discovery Program of Florida

17521 Highway 441, Suite 9 ▪ Mount Dora, FL 32757 ▪ Ph: 352-383-5176 ▪ Fax: 352.383.5341

Contact: Dr. Susan Stanley

Beyond tutoring...developing independent learners! Offering interventions for students who struggle to learn, teaching them HOW to learn, not WHAT to learn.”

Good Thinking Tutors

Ph: 407-489-5638

Highly qualified Orange County Public School teachers, certified in both Exceptional Education and Regular Education. Goal is to give students in grades K-8 the confidence to learn and the skills to succeed in all subject areas.

***Jenni Franz, MA, CCC-SLP ▪ Franz Speech Language Pathology**

Winter Park, FL 32789 ▪ Ph: 407-810-2261 ▪ Fax: 407-264-8734

Providence Academy

East Campus: 1525 South Alafaya Trail, Suite 102 ▪ Orlando, FL 32828 ▪ Ph: 407-282-1006

West Campus: 7605 Conroy Windermere Road ▪ Orlando, FL 32835 ▪ Ph: 407-298-8699

Website: www.theprovidenceacademy.com

K-12th grade. The population of individuals that are served by Providence Academy are children and adolescents who require Integrated Academic and Support Services in order to reach their full potential and be able to live independently.

College Resources

Barry University

11300 NE 2nd Avenue ▪ Miami Shores, FL 33161-6695 ▪ Ph: 305-899-3100 ▪ Toll-free: 1-800-756-6000

Website: <http://www.barry.edu/>

Beacon College

Website: <http://www.beaconcollege.edu/>

105 East Main Street ▪ Leesburg, FL 34748 ▪ Ph: 352-787-7660 ▪ Fax: 352-787-0721

The College embraces the student with learning disabilities by providing educational opportunities that acknowledge individual learning differences.

Brevard Community College - Office for Students with Disabilities

Cocoa Campus: 1519 Clearlake Road ▪ Cocoa, FL 32922 ▪ Ph: 321-632-1111

Melbourne Campus: 3865 North Wickham Road ▪ Melbourne, FL 32935 ▪ Ph: 321-433-5650

Palm Bay Campus: 250 Community College Parkway ▪ Palm Bay, FL 32909 ▪ Ph: 321-433-5172

Titusville Campus: 1311 North US 1 ▪ Titusville, FL 32796 ▪ Ph: 321-433-5017

Website: www.brevardcc.edu

College Internship Program of Brevard

3692 North Wickham Road ▪ Melbourne, Florida 32935 ▪ Ph: 321-295-1900

Website: <http://www.brevardcenter.org/>

College Living Experience

National Admissions Office ▪ 7150 Columbia Gateway, Suite J ▪ Columbia, MD 21046 ▪ Ph: 800-486-5058

Locations: Austin, TX; Denver, CO; Fort Lauderdale, FL; Monterey, CA; Washington, DC

Website: www.cleinc.net

Daytona State College, Student Disability Services

Bldg 100, Rm 111 ▪ 1200 W. International Speedway Blvd ▪ Daytona Beach, FL 32114 ▪ Ph: 386-506-3238

Bldg 7, Rm 142 ▪ 1155 County Road 4139 ▪ Deland, FL 32724

2351 Providence Blvd ▪ Deltona, FL 32725

3000 Palm Coast Parkway SE ▪ Palm Coast, FL 32137

940 Tenth Street ▪ New Smyrna Beach, FL 32168

Website: www.dbcc.cc.fl.us

LandMark College

1 River Road South ▪ Putney, Vermont 05346 ▪ Ph: 802-387-4767 ▪ Website: www.landmark.edu

Landmark College provides ambitious and motivated students with learning disabilities or ADHD with the skills needed for academic success. Our programs are designed exclusively to meet the needs of these students and are tailored to meet the specific needs and goals of each individual student.

Orange County Public School - Career & Technical Education

Mid Florida Tech: 2900 W Oak Ridge Road ▪ Orlando, FL 32809 ▪ Ph: 407-251-6000

Website: www.mft.ocps.net

Orlando Tech: 301 W Amelia Street ▪ Orlando, FL 32801 ▪ Ph: 407-246-7060

Website: www.orlandotech.ocps.net

Westside Tech: 955 E Story Road ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-2000

Website: www.westside.ocps.net

Winter Park Tech: 901 Webster Avenue ▪ Winter Park, FL 32789 ▪ Ph: 407-622-2906

Website: www.wpt.ocps.net

Seminole State College - Disability Support Services

100 Weldon Blvd ▪ Sanford, FL 32773 ▪ Ph: 407-708-4722 ▪ Website: <http://www.seminolestate.edu/>

850 South State Road 434 ▪ Altamonte Springs, FL 32714 ▪ Ph: 407-404-6000

1055 AAA Drive ▪ Heathrow, FL 32746 ▪ Ph: 407-708-4400

2505 Lockwood Blvd ▪ Oviedo, FL 32765 ▪ Ph: 407-971-5000

Stetson Counseling Center

421 N. Woodland Blvd, # 8365 ▪ Deland, FL 32723 ▪ Ph: 386-822-8900

Website: <http://www.stetson.edu/counseling/>

Cheryl Hammock, contact. Requires diagnosis documentation. Call for appointment and have documentation sent to above address. Dr. Hammock will interview and make accommodations. Office Hours: 8-12 and 1:00-4:00 M-F.

University of Central Florida – Student Disability Services

Ferrell Commons, Room 132 ▪ Orlando, FL 32816 ▪ Ph: 407-823-2371 ▪ Website: www.sds.sdes.ucf.edu

Valencia Community College - Office for Students with Disabilities

East Campus: 701 N Econlockhatchee Trail ▪ Orlando, FL 32825 ▪ Bldg 5, Rm 216 ▪ Ph: 407-582-2229

West Campus: 1800 S Kirkman Road ▪ Orlando, FL 32811 ▪ SSB, Rm 102 ▪ Ph: 407-582-1523

Osceola Campus: 1800 Denn John Lane ▪ Kissimmee, FL 34744 ▪ Bldg 1, Rm 140A ▪ Ph: 407-582-4167

Winter Park Campus: 850 W Morse Blvd ▪ Winter Park, FL 32789 ▪ Bldg 1, Rm 212 ▪ Ph: 407-582-6887

Website: www.valenciacollege.edu/osd/

TRANSITION

Transition: (a) is change, (b) happens to everyone, and (c) happens throughout life

Transition from being a student to becoming an adult in the community must be made in order for each person to fully meet their personal goals. We can experience successful transitions by careful planning.

First and most important is the student. A support team is very essential. A support team consists of parents, teachers and other members to serve as supports to ease the transition process. All must work and collaborate as a TEAM to obtain the maximum success of the student. This planning process also ensures that the student receives assistance in obtaining benefits at a post-secondary level in areas relating to education, employment, social, daily living needs, and medical needs.

A coordinated set of activities, providing experiences within the community and school, is planned to meet the individual needs and interests of each student. These activities are documented on the student's IEP no later than the age of **fourteen**. This ensures a continuation of instruction to assist in the development of daily living skills and practical vocational skills.

Diploma options should first be discussed during the annual review for 8th graders and reviewed each year until the student graduates. Exceptional students are eligible for special education services through the age of twenty-two or prior to graduation. Planning begins at fourteen to develop a course of study that will provide the training the student needs and extend throughout the time he/she will be enrolled as a high school student.

It is important that the transition plan be developed to flow from year to year, and designed to help the student achieve their desired post-school outcome, the student's vision of where he/she will live, work and spend leisure time after graduation.

Post-School Activities Include but are not limited to:

1. **Post-secondary Education** – vocational/technical center community college or four year college or university
2. **Continuing/Adult Education** – adult and community education, developmental training independent lifelong learning activities
3. **Job Training** – industry operated training program
4. **Employment** – competitive or supported employment
5. **Adult Services** – vocational rehabilitation, medical, psychological or financial services
6. **Independent Living** – maintaining as independent a lifestyle as possible and managing activities of daily living
7. **Community Participation** – civic clubs, volunteer work, recreation and leisure interests, religious groups

Transition Service Activity Areas

1. **Instruction** – academic, vocational, or non-academic courses provided at the post secondary level
2. **Community Experiences** – activities required to develop community participation in areas such as recreation and leisure, community access
3. **Employment** – activities that will lead to employment as an adult, including community based employment, supported employment, on the job training, occupation training and exploratory coursework.
4. **Post School Adult Living** – skills necessary for independent or supported living and community participation
5. **Daily Living Skills** – skills required for a person to care for and manage personal needs
6. **Functional Vocational Evaluation** – assessment accomplished through work experience, a formal vocational evaluation or both, provides information regarding student's vocational interest, abilities and needs.

Transition Questions to Consider

1. What does your child like to do?
2. What can your child do?
3. What does your child need to explore?
4. What does your child need to learn to reach his or her goals?
5. What about college (four yrs, community), vocational education, or adult education?

6. How about getting a job (competitive or supportive)?
7. Where can your child go to find employment and training services?
8. What transportation will your child use?
9. Where will your child live?
10. How will your child make ends meet?
11. Where will your child get health insurance?

Many people think of adulthood in terms of getting a job and living in a particular area, but having friends and a sense of belonging in a community are also important. So, here are some other questions to address:

1. What about friendship? Are supports needed to encourage friendship?
2. Do people in the community know your child?
3. Are supports needed to structure time for recreation? Exercise?
4. Does your child have any special interests that others may share as a hobby?
5. Can you explore avenues for socializing such as religious affiliation or volunteer work?

Web Sites

Autism Society of America ▪ www.autism-society.org/

National Dissemination Center for Children with Disabilities ▪ www.nichcy.org/

Organization for Autism Research

2000 North 14th Street, Suite 170 ▪ Arlington, VA 22201 ▪ Ph: 703-243-9710 ▪ Website: www.researchautism.org

Local Providers

Center for Independent Living in Central Florida, Inc.

720 N. Denning Drive ▪ Winter Park, FL 32789 ▪ Ph: 407-623-1070 ▪ TDD: 407-623-1185

Website: <http://www.cilorlando.org/>

Services include: information & referral, support, advocacy, sign language classes, job search assistance, daily living skills training, personal assistant registry and more.

Central Florida Teen Challenge

3706 S. Sanford Ave. ▪ Sanford, FL 32773 ▪ Ph: 407-330-9600 ▪ Fax: 407-330-0407

Website: <http://www.teenchallenge.cc/>

Teen challenge reaches out to people with life controlling problems. For males age 18 and up.

Florida Division of Vocational Rehabilitation

2002 Old St. Augustine Road, Building A ▪ Tallahassee, FL 32301-4862

Voice/TDD: 850-245-3399 or 800-451-4327 ▪ Website: www.rehabworks.org/

Florida High School/High Tech

Bayside High School, Career and Technical Education: 2700 Judge Fran Jamieson Way ▪ Viera, FL 32940

Ph: 321-633-1000 x379

Palm Bay High School: 101 Pirate Lane ▪ Melbourne, FL 32901 ▪ Ph: 321-952-5900 x366

Orange County Public Schools: 445 W. Amelia Street, 6th Floor ▪ Orlando, FL 32801 ▪ Ph: 407-317-3200 x2671

WORC/United Cerebral Palsy of East Central Florida: 1100 Jimmy Ann Drive ▪ Daytona Beach, FL 32117

Ph: 386-274-6474

Website: www.abletrust.org/hsht

Goodwill Industries of Central Florida, Inc.

Main Number: 407-235-1500 ▪ Website: www.goodwillcfl.org

Self Sufficiency Job Centers:

515 W. Central Boulevard ▪ Orlando, FL 32801 ▪ Ph: 407-872-0770

112 S. Sanford Avenue ▪ Sanford 32771 ▪ Ph: 407-936-0469
795 S. Babcock Street ▪ Melbourne, FL 32901 ▪ Ph: 321-953-8188
141 W. International Speedway Boulevard ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-8585
101 W. Cypress Street, Suite K ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-0696
10601 Highway 441, C8 ▪ Leesburg, FL 34788 ▪ Ph: 352-326-8919

QuestWorks, Inc.

Corporate Office: 500 E Colonial Drive ▪ Orlando, FL 32803 ▪ Ph: 407-218-4300
Website: <http://www.questinc.org/questworks.htm>
Provides vocational training centers, residential centers, job placement, to individuals with disabilities.

Seminole Work Opportunity Program (SWOP)

1095 Belle Ave ▪ Casselberry, FL 32708 ▪ Ph: 407-699-4419 ▪ Fax: 407-699-7967
Website: <http://www.pixiewebpages.com/swop.html>
Job opportunities, contract work, vocational and educational training.

Out-of-Area Organizations/Providers

Beach Center on Disability - The University of Kansas

3136 Haworth Hall ▪ Lawrence, KS 66045 ▪ Ph: 785-864-7600 ▪ Website: <http://beachcenter.org/>

Heath Resource Center

2134 G Street, NW ▪ Washington DC 20052 ▪ Ph: 800-544-3284
A clearinghouse which operates under a Congressional legislative mandate to collect and disseminate information nationally about disability issues in postsecondary education.
Website: http://www.ninds.nih.gov/find_people/voluntary_orgs/volog109.htm

Independent Living Research Utilization

2323 S Shepherd, Suite 1000 ▪ Houston, TX 77019 ▪ Ph: 713-520-0232 ▪ Website: <http://www.ilru.org/>
This national resource center is a federally funded research and training center for improving effectiveness of independent living centers. It provides resource materials, develops and conducts training programs on independent living issues, provides technical assistance consultation, publishes a bimonthly newsletter, and more.

ADULTS AND EMPLOYMENT

Please keep in mind, if your child is under 21 years of age, you will want to make sure that vocational training and social skills related to employment are part of his/her education. Parents may wonder where to begin their search for information on employment opportunities. There are several ways to approach decisions concerning employment. There are several different types of adult employment situations, which are detailed below.

Web Sites

Disability Rights Florida ▪ Website: <http://www.disabilityrightsflorida.org/>

Florida Commission on Community Service ▪ <http://www.volunteerflorida.org/index1.html>

Florida Department of Education ▪ www.fldoe.org
Community Colleges & Workforce Education ▪ www.fldoe.org/cc/

State of Florida, Agency for Workforce Innovation ▪ www.floridajobs.org

ADULT DAY TRAINING

Adult Day Training programs support the individual in daily routines of the community. These may include work-like settings, but are generally not income-generating venues. Adult Day Training environments typically consist of adults with severe disabilities who do not have the skills necessary for competitive or supported employment placements. Training in self-help, social and adaptive skills is emphasized. General work skills are targeted, but are not tailored to specific employment options. Often, prevocational activity centers teach vocational skills to persons not yet ready to enter the work force. Skills learned at an activity center are necessary to perform tasks within sheltered workshops.

Local Providers

Association for Retarded Citizens of Florida (ARC)

2898 Mahan Drive, Suite 1 ▪ Tallahassee, FL 32308 ▪ Ph: 850-921-0460 ▪ Website: www.ARCFlorida.org

**Brevard:* 1694 Cedar Street ▪ Rockledge, FL 32955 ▪ Ph: 321-690-3464

Lake: 35201 Radio Road ▪ Leesburg, FL 34788 ▪ Ph: 352-787-3079 ▪ Website: www.sunrisearc.org

Orange/Seminole: University of Central Florida ▪ Toni Jennings Exceptional Education Institute ▪ P.O. Box 161250
Orlando, FL 32816-1250 ▪ Ph: 407-823-6705

Osceola: 310 N. Clyde Avenue ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-6016 ▪ Website: www.osceolaarc.org

Sumter: 213 W. McCollum Avenue ▪ Bushnell, FL 33513 ▪ Ph: 352-793-5156

East Volusia: 100 Jimmy Huger Circle ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-4736

Website: www.arcvolusia.org

West Volusia: 1738 Patterson Avenue ▪ Deland, FL 32724 ▪ Ph: 386-943-9793 ▪ Website: www.arcvolusia.org

Attain, Inc.

2201 East Michigan Street, Suite A ▪ Orlando, FL 32806 ▪ Ph: 407-965-3018 ▪ Fax: 877-690-2003

Website: www.myattain.org

Brevard Achievement Center

1845 Cogswell Street ▪ Rockledge, FL 32955 ▪ Ph: 321-632-8610 ▪ Website: www.bacbrevard.com

Building Blocks Learning Center

835 7th Street ▪ Building B, Suites 1 & 2 ▪ Clermont, FL 34711 ▪ Ph: 352-536-9264

Website: www.buildingblocksministries.com

Center for the Visually Impaired

1187 Dunn Ave. ▪ Daytona Beach, FL, 32114 ▪ Ph: 386-253-8879 ▪ Website: <http://www.cvicentralflorida.org/>
West Volusia: 840 Deltona Blvd ▪ Deltona, FL 32725 ▪ Ph: 386-860-7389
Brevard: 113 King Street ▪ Cocoa, FL 32922 ▪ Ph: 321-631-9791

CVI holds classes and training throughout Volusia County. There are no charges for services and transportation is available from VOTRAN special services for those who need a ride. Services CVI provides: Techniques for Daily Living- money handling, meal planning, clothing. Orientation and Mobility- training in use of white cane. Communication Skills: Braille, large print, raised letters, audios. Low Vision Services- help w/magnifiers, lighting, sun shields. Hearing and Vision Impaired Classes- TDL classes, special audio equipment. People Adjusting to Limited Sight- self-help group that meets monthly, it provides the visually impaired and their family with social, educational, and also peer support.

Developmental Training Program - Dove Industries

PO Box 9658 ▪ 100 Jimmy Huger Circle ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-4735 ▪ Fax: 386-274-1222
Program emphasizes developing skills that improve opportunities for community inclusion. An important part of the program is Dove Industries, a vocationally oriented production center.

East Coast Contract Industries, Inc.

3550 S. Washington Avenue, Suite 6 ▪ Titusville, FL 32780 ▪ Ph: 321-268-4388 ▪ Website: <http://www.d-s-i.com/>

Goodwill Industries of Central Florida, Inc.

Main Number: 407-857-0659 ▪ Website: www.goodwillcfl.org

Self Sufficiency Job Centers:

515 W. Central Boulevard ▪ Orlando, FL 32801 ▪ Ph: 407-872-0770

112 S. Sanford Avenue ▪ Sanford 32771 ▪ Ph: 407-936-0469

795 S. Babcock Street ▪ Melbourne, FL 32901 ▪ Ph: 321-953-8188

4851 S. US Hwy 1 ▪ Rockledge, FL 32955 ▪ Ph: 321-890-1676

141 W. International Speedway Boulevard ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-8585

101 W. Cypress Street, Suite K ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-0696

10601 Hwy 441, C8 ▪ Leesburg, FL 34788 ▪ Ph: 352-326-8919

SHELTERED EMPLOYMENT

Sheltered employment or sheltered workshops are settings comprised solely of workers with disabilities. The sheltered site is supervised by a person from the agency who received the work contract or is operating the sheltered site. Sheltered workshops provide employment opportunities with training in specific job skills in a structured environment.

Sheltered employment may include prevocational activity centers and work stations. The goal of a workstation is to remove the middleman and have clients hired to work independently within the business.

Each of these forms of sheltered employment has drawbacks, such as low wages, agencies' dependence on external funding and lack of proper training for participants to improve all skills necessary for opportunities outside the sheltered site. However, many participants benefit from the chance to socialize with other employees of the sheltered site. Also, the highly structured environment may be especially helpful to some individuals with autism.

In rare cases, adult day training may be provided off-site, in a business created for or by the individual clients. These situations are considered "entrepreneurial" ADT.

Local Providers

Association for Retarded Citizens of Florida (ARC)

2898 Mahan Drive, Suite 1 ▪ Tallahassee, FL 32308 ▪ Ph: 850-921-0460 ▪ Website: www.ARCFlorida.org

Lake: 35201 Radio Road ▪ Leesburg, FL 34788 ▪ Ph: 352-787-3079 ▪ Website: www.sunrisearc.org

Osceola: 310 N. Clyde Avenue ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-6016 ▪ Website: www.osceolaarc.org

Sumter: 213 W. McCollum Avenue ▪ Bushnell, FL 33513 ▪ Ph: 352-793-5156 Website: <http://www.scarcinc.com/>

East Volusia: 100 Jimmy Huger Circle ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-4736

Website: <http://arcvolusia.org/>

West Volusia: 1738 Patterson Avenue, Bldg K • Deland, FL 32724 • Ph: 386-943-9793

Website: www.arcvolusia.org

Center for the Visually Impaired

Main Office: 1187 Dunn Ave. • Daytona Beach, FL, 32114 • Halifax Area: 386-253-8879 or 800-227-1284

Website: <http://www.cvicentralflorida.org/>

Volusia: 840 Deltona Blvd, Suite C • Deltona, FL 32725 • Ph: 386-860-7389

Brevard: 113 King Street • Cocoa, FL 32922 • Ph: 321-631-9791

CVI holds classes and training throughout Volusia County. There are no charges for services and transportation is available from VOTRAN special services for those who need a ride. Services CVI provides: Techniques for Daily Living- money handling, meal planning, clothing. Orientation and Mobility- training in use of white cane. Communication Skills: Braille, large print, raised letters, audios. Low Vision Services- help w/magnifiers, lighting, sun shields. Hearing and Vision Impaired Classes- TDL classes, special audio equipment. People Adjusting to Limited Sight- self-help group that meets monthly, it provides the visually impaired and their family with social, educational, and also peer support.

Department of Children and Families

Website: http://www.state.fl.us/cf_web/

Lake, Sumter: 1601 West Gulf Atlantic Highway • Wildwood, FL 34785 • Ph: 352-330-2162

Orange, Osceola: 400 West Robinson St. • Orlando, FL 32801 • Ph: 407-317-7000

Seminole, Brevard: 375 Commerce Parkway • Rockledge, FL 32955 • Ph: 321-634-3632

Volusia: 210 N Palmetto Avenue • Daytona Beach, FL 32114 • Ph: 386-238-4755

Supports and services assist the client to be as independent as possible.

Developmental Training Program - Dove Industries

PO Box 9658 • 100 Jimmy Huger Circle • Daytona Beach, FL 32117 • Ph: 386-274-4735

Program emphasizes developing skills that improve opportunities for community inclusion. An important part of the program is Dove Industries, a vocationally oriented production center.

East Coast Contract Industries, Inc.

3550 S. Washington Avenue, Suite 6 • Titusville, FL 32780 • Ph: 321-268-4388 • Website: <http://www.d-s-i.com/>

Easter Seals

6050 Babcock Street SE • Palm Bay, FL 32909 • Ph: 321-723-4474 • Fax 321-676-3843

Adult day program and training program.

Enrichment Industries

400 Hamilton Avenue • Deland, FL 32724 • Ph: 386-469-1500

Rehabilitative work environment specializing in vocational assessment and training. Paid work activities include assembly, packaging, lawn maintenance, custodial cleaning, etc.

Osceola Opportunity Center

310 N. Clyde St • Kissimmee, FL 34741 • Ph: 407-847-6016 • Website: <http://www.osceolaarc.org/>

Seminole Work Opportunity Program (SWOP)

1095 Belle Ave • Casselberry, FL 32708 • Ph: 407-699-4419 • Website: <http://pixiewebpages.com/swop.html>

Adult day training programs, supported employment services, and adult basic education through Seminole Community College.

QuestWorks, Inc.

P. O. Box 531125 • Orlando, FL 32853 • Ph: 407-218-4300 • Website: <http://www.questinc.org/questworks.htm>

Provides vocational training and evaluation, job placement, and residential services to individuals with disabilities

Primrose Center

2733 S. Ferncreek Ave • Orlando, FL 32806 • Ph: 407-898-7201 • Fax: 407-898-2120

Website: <http://primrosecenter.org/>

Provides education, training and job placement for adults with developmental disabilities.

UCP of East Central Florida Employment Services

1100 Jimmy Ann Dr. ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-6474

Website: http://www.ucp.org/ucp_localsub.cfm/180/12386/13883

ENCLAVES

An enclave is another option for group training. An enclave consists of a group of individuals with disabilities, usually six or more, that go to a specific work site. Potential work sites might be Wal-Mart, county recycling processing centers, factories, or offices. The individuals may all work together in an area at the site with support staff, or they may work individually in different areas. Transportation is usually provided by the provider agency. A more independent version of the enclave is the mobile work crew. In some cases, lawn maintenance and janitorial crews are considered in this category.

Local Providers

Easter Seals

6050 Babcock Street SE ▪ Palm Bay, FL 32909 ▪ Ph: 321-723-4474 ▪ Fax: 321-676-3843

SUPPORTED EMPLOYMENT

When a person with a disability needs training, assistance, or support to secure and maintain employment, this is called supported employment. Typically, individuals in supported employment may work less than a full 8-hour day, often for reduced wages. They may not have to meet the same performance standards as other employees who are working for competitive wages.

One of the most common forms of support is given is provided by a person called a “job coach”. A job coach’s primary role is to offer direct assistance in completing assigned tasks at the client’s place of employment. The job coach may decrease assistance as his/her client’s skill and familiarity with the work environment increase.

In some cases a job coach may fade out of the workplace entirely and only provide assistance when a new challenge arises. Some job coaches provide assistance in other ways such as training for co-workers, transportation assistance, or acting as a liaison between the employer and family members or other agencies involved in helping the individual with autism. Enclaves and entrepreneurial work experiences may also fall under supported employment.

Local Providers

ARC of Volusia – Supported Employment

PO Box 9658 ▪ 100 Jimmy Huger Circle ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-4736 ▪ Fax: 386-274-1222

Website: www.arcvolusia.org

Provides on-site monitoring at individual’s job- assists them to meet expectations of employers, provides support and assistance to help the employee improve job skills. In-house, vocational and educational program, entrepreneurial program.

Brevard Achievement Center

1845 Cogswell Street ▪ Rockledge, FL 32955 ▪ Ph: 321-632-8610 ▪ Website: www.bacbrevard.com

Brevard Workforce

Main Ph: 321-504-7600 ▪ Main Website: www.brevardjoblink.org

North Brevard: Brevard Community College ▪ 1311 N US Hwy 1 ▪ N Earl Jones Bldg #1, Suite 141 ▪ Titusville, FL 32796

Central Brevard: Byrd Plaza ▪ 801 Dixon Blvd ▪ Cocoa, FL 32922

South Brevard: Country Club Plaza ▪ 5275 Babcock St NE, Suite 8B ▪ Palm Bay, FL 32905

Center for Independent Living in Central Florida, Inc.

720 N. Denning Drive ▪ Winter Park, FL 32789 ▪ Ph: 407-623-1070 ▪ TDD: 407-623-1185

115 Traders Alley ▪ Lakeland, FL 33801 ▪ Ph: 863-413-2722 or 888-263-6692

Website: <http://www.cilorlando.org/>

Services include: information & referral, support, advocacy, sign language classes, job search assistance, daily living skills training, personal assistant registry and more.

Conklin Center for the Blind

405 White St ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-3441 ▪ Website: www.conklincenter.org

Goodwill Industries of Central Florida, Inc.

Main Ph: 407-235-1500 ▪ Website: www.goodwillcfl.org

Self Sufficiency Job Centers:

515 W. Central Boulevard ▪ Orlando, FL 32801 ▪ Ph: 407-872-0770

112 S. Sanford Avenue ▪ Sanford 32771 ▪ Ph: 407-936-0469

795 S. Babcock Street ▪ Melbourne, FL 32901 ▪ Ph: 321-953-8188

4851 S US Hwy 1 ▪ Rockledge, FL 32955 ▪ Ph: 321-890-1676

141 W. International Speedway Boulevard ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-8585

101 W. Cypress Street, Suite K ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-0696

10601 Highway 441, C8 ▪ Leesburg, FL 34788 ▪ Ph: 352-326-8919

Kathy Lowe - Adult Services

Viera, FL ▪ Ph: 321-633-1000

Consulting services for adults seeking or dealing with employment issues.

COMPETITIVE EMPLOYMENT

If a person is employed but does not need support such mentioned above, the situation might be described as “competitive employment”. Competitive employment refers to a situation where a worker earns a salary comparable to his non-disabled co-workers.

Local Providers

Abilities of Florida

1339 Beville Road ▪ South Daytona, FL 32119 ▪ Ph: 386-760-9188

For ages 16 and older with a referral from Vocational Rehabilitation. Vocational Assessments / Placement Services

Brevard Achievement Center

1845 Cogswell Street ▪ Rockledge, FL 32955 ▪ Ph: 321-632-8610 ▪ Website: www.bacbrevard.com

Center for Independent Living in Central Florida, Inc.

720 N. Denning Drive ▪ Winter Park, FL 32789 ▪ Ph: 407-623-1070 ▪ TDD: 407-623-1185

115 Traders Alley ▪ Lakeland, FL 33801 ▪ Ph: 863-413-2722 or 888-263-6692

Website: <http://www.cilorlando.org/>

Services include: information & referral, support, advocacy, sign language classes, job search assistance, daily living skills training, personal assistant registry and more.

Conklin Center for the Blind

405 White St ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-3441 ▪ Website: www.conklincenter.org

Enrichment Industries

200 Fentress Blvd, Suite C & D ▪ Daytona Beach, FL 32114 ▪ Ph: 800-539-4228

Website: <http://www.smabehavioral.org/about-sma.html>

Rehabilitative work environment specializing in vocational assessment and training. Paid work activities include assembly, packaging, lawn maintenance, custodial cleaning, etc.

Florida Division of Vocational Rehabilitation

2002 Old St. Augustine Road, Building A ▪ Tallahassee, FL 32301-4862
Voice/TDD: 850-245-3399 or 800-451-4327 ▪ Website: www.rehabworks.org/

Goodwill Industries of Central Florida, Inc.

Main Number: 407-857-0659 ▪ Website: www.goodwillcfl.org

Self Sufficiency Job Centers:

515 W. Central Boulevard ▪ Orlando, FL 32801 ▪ Ph: 407-872-0770
112 S. Sanford Avenue ▪ Sanford 32771 ▪ Ph: 407-936-0469
795 S. Babcock Street ▪ Melbourne, FL 32901 ▪ Ph: 321-953-8188
4851 S US Hwy 1 ▪ Rockledge, FL 32955 ▪ Ph: 321-890-1441
141 W. International Speedway Boulevard ▪ Daytona Beach, FL 32114 ▪ Ph: 386-258-8585
101 W. Cypress Street, Suite K ▪ Kissimmee, FL 34741 ▪ Ph: 407-847-0696
10601 Highway 441, C8 ▪ Leesburg, FL 34788 ▪ Ph: 352-326-8919

Primrose Center

2733 S. Ferncreek Ave ▪ Orlando, FL 32806 ▪ Ph: 407-898-7201 ▪ Fax: 407-898-2120
Website: <http://primrosecenter.org/>
Provides education, training and job placement for adults with developmental disabilities

Seminole Work Opportunity Program (SWOP)

1095 Belle Ave ▪ Casselberry, FL 32708 ▪ Ph: 407-699-4419 ▪ Website: <http://pixiewebpages.com/swop.html>
Adult day training programs, supported employment services, and adult basic education through Seminole Community College.

Out-of-Area Organizations/Providers

Association for Retarded Citizens of Florida (ARC)

2898 Mahan Drive, Suite 1 ▪ Tallahassee, FL 32308 ▪ Ph: 850-921-0460 ▪ Website: www.ARCFlorida.org
ARC's mission is to reduce the incidence and limit the consequences of mental retardation and other development disabilities through education, awareness, research, advocacy and the support of families, friends and communities. Promote opportunities for individuals to choose and realize their goals of where and how they learn, live, work, and access leisure activities.

Equal Employment Opportunity Commission

One Biscayne Tower ▪ 2 S Biscayne Blvd, Suite 2700 ▪ Miami, FL 33131 ▪ Ph: 800-669-4000
Website: <http://www.eeoc.gov/>
The EEOC is responsible for regulations, technical assistance and enforcement of Title 1 (employment). It is an excellent source of information about the ADA and worker's compensation.

Heath Resource Center

2134 G Street NW ▪ Washington DC 20052 ▪ Ph: 800-544-3284 ▪ Website: <http://www.heath.gwu.edu/>
A clearinghouse which operates under a Congressional legislative mandate to collect and disseminate information national about disability issues in postsecondary education.

Independent Living Research Utilization Program (ILRU)

2323 S. Shepherd, Suite 1000 ▪ Houston, TX 77019 ▪ Ph: 713-520-0232 ▪ Website: www.ilru.org
National resource center for independent living and is a federally funded research and training center on improving effectiveness independent living centers. It provides resource materials, develops and conducts training programs on independent living issues, provides technical assistance consultation, and more. Publishes a bimonthly newsletter.

President's Committee on Employment of People with Disabilities

1331 F Street, NW, Suite 300 ▪ Washington DC 20004 ▪ Ph: 202-376-6200

Website: http://www.access4911.org/president%27s_committee.htm

This Committee provides technical assistance on employment provisions of the ADA directly and through its Governors' Committees on Employment of People with Disabilities.

LIVING ARRANGEMENTS

In the past, parents had the choice of keeping their children at home or placing them in large segregated institutions. In recent years, these options have been supplemented by an ever-increasing movement towards community integration of adults with disabilities with a continuum of options to meet different needs. There remains a great need for growth in this area of services in Central Florida.

Independent Living

Independent living as a residential option is just that. An individual lives on his or her own and requires little to no support services from outside agencies. Some individuals may need help with complex problem solving issues rather than day-to-day living skills. Some may need assistance with money management or handling government bureaucracies. Independent living is best suited for the individual that has developed somewhat more appropriate social and daily living skills.

Often, the path to independent living includes the development of what is sometimes referred to as a “group plan”, “living plan” or “future plan” with your son or daughter. The method of identifying this process may vary, but each includes some core components:

1. Preferences of the Individual with Autism
2. Community Support System
3. The Plan Addresses Basic Needs

Some individuals will be able to purchase their own home. A group called National **Home of Your Own Alliance** may be able to help. It is a federally assisted program with representatives in various parts of the U.S. For more information call **Ph: 800-220-8770**.

Supervised Group Living

Many people are familiar with the idea of a group home. A group home is a facility, which usually serves fewer than 12 individuals with disabilities. The homes are usually located in residential neighborhoods and the physical structure is that of an average family home. Trained professionals who assist residents based on the person’s level of need staff the homes. This can include teaching personal care skills, housekeeping and meal preparation. Most of the residents have some type of job, which takes them away from the home during the day. The group home may not be specific to autism. Most homes include residents with different types of disabilities.

A supervised apartment may be the choice for individuals who prefer to live with fewer people, but still require some supervision and assistance. A staff person does not usually provide daily supervision, but may come one or two times a week. The individuals are responsible for going to work, preparing meals, personal care and housekeeping needs. A supervised apartment setting might be appropriate for an individual who is preparing to transition to independent living.

Adult Foster Care/Skill Development Homes

In this option, the individual lives in a home with a family and other people with or without disabilities. Unlike foster care for younger children, adult foster care is meant to be as permanent as possible. The families that open their homes to adults with disabilities receive government money, but are not necessarily trained or expected to teach individuals on independent living skills or behavior modification. This type of living arrangement is probably best suited for adults who do not require extensive supervision and assistance.

A **skill development home** is similar to an adult foster care home. The adult individual lives with a family in their home. The family receives compensation from the agency responsible for the individual’s care. The family is trained to work with person’s specific disability. The members of the family are expected to teach self-care skills, housekeeping and assist with the development of recreation or leisure activities.

There are funds available to help families keep their own adult children at home if they choose. Some of these programs are Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), Food Stamps, heating allowances, and Home Based Services (HCBS). Contact the Social Security Administration office for

specific application criteria for the above listed programs (Under *Federal Agencies*).

Institutions

Usually the word “institutions” brings to mind a large, unfriendly, sterile environment where residents are treated without individuality and with a lack of care and understanding. However, broad generalizations like this are often untrue. Institutions can be state-operated or privately run facilities, and the quality of care can range from good to below average. It is important that institutions, as well as any other facility, be thoroughly investigated before being selected it as a residential option.

Parents need to weigh out the pros and cons of such a setting. Some things to consider are:

1. The specific needs which only the institution can provide? For example a more structured environment, or higher staff ratios to assist the individual.
2. Is there a high degree of self-injurious behavior that cannot be managed in less restrictive settings?
3. Where does the individual feel “safer”?
4. Is the institution’s program flexible enough to attend to the needs of the individual?

Today many people are vehemently opposed to institutions and believe these facilities should be closed. Other parents fight just as strongly to maintain these facilities as options for care. There are no clear-cut answers in choosing an institutional setting. Remember that the quality of all settings is largely dependent on the people who staff them and their ability to tailor the setting to the individual.

Web Sites

Autism Society- Residential Options ▪ www.autism-society.org

Florida Council for Community Mental Health ▪ Website: www.fccmh.org

ResCare ▪ www.rescare.com

Local Providers

ARC/Brevard

1694 Cedar St ▪ Rockledge, FL 32955 ▪ Ph: 321-690-3464 ▪ Fax: 321-690-3468
Operates three group homes in Brevard County.

Attain, Inc.

2201 East Michigan Street, Suite A ▪ Orlando, FL 32806 ▪ Ph: 407-965-3018 ▪ Fax: 877-690-2003
Website: www.myattain.org

Center for Independent Living in Central Florida, Inc.

720 N. Denning Drive ▪ Winter Park, FL 32789 ▪ Ph: 407-623-1070 ▪ TDD: 407-623-1185
115 Traders Alley ▪ Lakeland, FL 33801 ▪ Ph: 863-413-2722 or 888-263-6692
Website: <http://www.cilorlando.org/>

Services include: information & referral, support, advocacy, sign language classes, job search assistance, daily living skills training, personal assistant registry and more.

Central Florida Group Homes

2112 S. Dean Road ▪ Orlando, FL 32825 ▪ Ph: 407-384-7424
Operates group homes for children and adults with severe behavioral involvement and adults with sensory impairments.

Devereux Florida

Administrative Office ▪ 5850 T.G. Lee Boulevard, Suite 400 ▪ Orlando, FL 32822
Toll Free: 800-338-3738 ▪ Website: www.devereuxfl.org/

Devereux Florida provides intensive & community residential treatment services for the developmentally &

emotionally disabled, and individuals with learning disabilities &/or who are behaviorally challenged. Services include: Intensive Residential, Community Residential, Community Counseling, Foster Care, Developmental Disabilities, Therapeutic Day School, Community Outreach, Abuse & Neglect Prevention Programs, Child Welfare Services. Go to website to find a location in your area.

Dove Villas-Residential Facility

PO Box 9658 ▪ 1150 Jimmy Ann Drive ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-1155
Condominium style home, owned by the residents. Staff provides supervision 24 hours per day. Each resident is encouraged to become involved in the community and live as independently as possible.

Duvall Home for Retarded Children

3395 Grand Ave. ▪ Glenwood, FL, 32722. ▪ Ph: 386-734-2874 ▪ Website: www.duvallhome.org

Easter Seals Rehabilitation Center Ventures in Living

6050 Babcock Street SE ▪ Palm Bay, FL 32909 ▪ Ph: 321-723-4474

Florida Department of Children & Families Community Care for Disabled Adults

P. O. Box 3427 ▪ Orlando, Florida 32802-1818 ▪ Ph: 407- 245-0410 x 119 ▪ Website: <http://www.dcf.state.fl.us/>

Gentiva Health Services

2121 East Semoran Blvd ▪ Apopka, FL 32703 ▪ Ph: 407-880-3242
1717 North Clyde Morris Blvd, Suite 140 ▪ Daytona Beach, FL 32117 ▪ Ph: 386-274-1088
801 North Stone Street ▪ Deland, FL 32720 ▪ Ph: 386-736-9224
3296 North Greenwald Way ▪ Kissimmee, FL 34741 ▪ Ph: 407-935-1235
1333 Gateway Drive, Suite 1020 ▪ Melbourne, FL 32901 ▪ Ph: 321-725-4799
4776 New Broad Street, Suite 110 ▪ Orlando, FL 32814 ▪ Ph: 407-894-5703
730 Lexington Green Lane ▪ Sanford, FL 32771 ▪ Ph: 407-328-9304
Website: <http://www.gentiva.com/>

Home health care agency that provides numerous services such as I.V. therapy, physical therapy, sitter services, home health aides, companions and live-in help. Home health aides provide custodial, personal care, grocery shopping, meal preparation, transportation, and light housekeeping.

Home at Last

740 Florida Central Parkway, Suite 1028 ▪ Longwood, FL 32750 ▪ Ph: 407-774-2284

LifeShare Florida

121 S. Orange Avenue, Suite 1500 ▪ Orlando, FL 32801 ▪ Ph: 407-377-6381
Website: <http://www.lifeshareinc.org/>

Oldsmobile Hall Good Samaritan Center

325 S. Segrave Street ▪ Daytona Beach, FL 32114 ▪ Ph: 386-253-6791
Assisted Living, Adult respite.

Ormond in the Pines Retirement

101 Clyde Morris Blvd. ▪ Ormond Beach, FL 32174 ▪ Ph: 386-868-4462
Website: <http://www.holidaytouch.com/ormond-in-the-pines/ormond-in-the-pines-home/>

Independent Living is a lifestyle designed for individuals and couples who desire to live independently yet relieved from household chores. Services include nutritious meals daily, weekly housekeeping, weekly flat linen service, all apartments have two emergency call systems, scheduled transportation for banking, shopping, physician appointments, and planned activities, all utilities, cable T.V., storage space, and free use of conveniently placed washers and dryers.

Parents Planning Programs

356 Las Olas Dr. ▪ Melbourne Beach, FL 32951 ▪ Ph: 321-724-8899 ▪ Fax: 321-953-6710
Website: <http://www.pppflorida.org/>

Primrose Center

2733 S. Ferncreek Ave ▪ Orlando, FL 32806 ▪ Ph: 407-898-7201 ▪ Fax: 407-898-2120

Website: <http://www.primrosecenter.org/>

Offers group homes and supported living program.

QuestWorks

P. O. Box 531125 ▪ Orlando, FL 32853 ▪ Ph: 407-218-4300 ▪ Website: <http://www.questinc.org/questworks.htm>

Provides vocational training and evaluation, job placement, and residential services to individuals with disabilities, including group homes, transitional housing and supported living.

Sender Retreat

1270 Orange Camp Road ▪ DeLand, FL 32720 ▪ Ph: 386-734-4442 ▪ Website: www.senderretreat.com

Offers both young adults and elderly persons with various impairments an alternative for institutionalization or isolation through a day care program that provides health and rehabilitation services as well as socialization opportunities.

Space Coast Center for Independent Living

571 Haverty Court, Suite W ▪ Rockledge, FL 32955 ▪ Ph: 321-633-6011 ▪ Website: <http://spacecoastcil.org/>

Spectrum Community Services

8424 Chenille Drive ▪ Orlando, FL 32810 ▪ Ph: 407-822-9131

Sunrise ARC

35201 Radio Road ▪ Leesburg, FL 34788 ▪ Ph: 352-787-3079 ▪ Website: <http://sunrisearc.org/>

Operates group homes in Lake County.

Supported Independent Living

PO Box 9658 ▪ 100 Jimmy Huger Circle ▪ Daytona Beach, FL, 32120 ▪ Ph: 386-274-4736

Assists individuals to procure their own apartment or home within the community. A Supported Living Coach helps them set up housekeeping and continues to work with them as they make daily decisions.

Teen Challenge International

3706 S. Sanford Ave. ▪ Sanford, FL 32773 ▪ Ph: 407-330-9600

Website: <http://centralflorida.teenchallenge.cc/plain/text/home/home.aspx>

Provides a transitional program for troubled teens and young adults. Services at this location open to males only, over the age of 18.

Out-of-Area Organizations/Providers

Association for Retarded Citizens of Florida (ARC)

2898 Mahan Drive, Suite 1 ▪ Tallahassee, FL 32308 ▪ Ph: 850-921-0460 ▪ Website: www.ARCFlorida.org

ARC's mission is to reduce the incidence and limit the consequences of mental retardation and other development disabilities through education, awareness, research, advocacy and the support of families, friends and communities. Promote opportunities for individuals to choose and realize their goals of where and how they learn, live, work, and access leisure activities.

Independent Living Research Utilization Program (ILRU)

2323 S. Shepherd, Suite 1000 ▪ Houston, TX 77019 ▪ Ph: 713-520-0232 ▪ Website: www.ilru.org

National resource center for independent living and is a federally funded research and training center on improving effectiveness independent living centers. It provides resource materials, develops and conducts training programs on independent living issues, provides technical assistance consultation, and more. Publishes a bimonthly newsletter.

National Information Center for Children & Youth with Disabilities (NICHCY)

1825 Connecticut Avenue NW, Suite 700 ▪ Washington, D.C. 20009 ▪ Ph: 800-695-0285

Website: <http://www.nichcy.org/Pages/Home.aspx>

NICHCY was established to provide practical advice on locating educational programs, residential options & other kinds of special services for handicapped children & youth.

State Developmental Disabilities Planning Council - Florida DD Council

124 Marriott Drive Suite 203 ▪ Tallahassee, FL 32301-2981 ▪ Ph: 850-488-4180 ▪ Website: <http://www.fddc.org/>

Ask for a listing of their handouts

RESPIRE CARE / CHILD CARE

Agencies/Referral

Applied Behavior Center

113 Chapman Road ▪ Oviedo, FL 32765 ▪ Ph: 407-324-7772 ▪ Website: www.appliedbehaviorcenter.com
Applied Behavior Center, ABC, formerly ABC School House, is a 501©3, non-profit organization dedicated to the improvement in the quality of life for children diagnosed with autism or related disabilities.

Agency for Persons with Disabilities

Administrative Office: 4030 Esplanade Way, Suite 380 ▪ Tallahassee, FL 32399-0950

Website: <http://apd.myflorida.com/>

District 7 (Brevard, Orange, Osceola, Seminole) ▪ 400 W Robinson Street, Suite S430 ▪ Orlando, FL 32801
Ph: 407-245-0440

District 13 (Lake, Sumter) ▪ 1601 W Gulf Atlantic Highway ▪ Wildwood, FL 34785 ▪ Ph: 352-330-2741

District 12 (Volusia) ▪ 210 N Palmetto Avenue, Suite 312 ▪ Daytona Beach, FL 32114 ▪ Ph: 386-947-4026

BETA House

4680 Lake Underhill Road ▪ Orlando, FL 32807 ▪ Ph: 407-277-1942 ▪ Website: www.betacenter.org

Child Care Association of Brevard County, Inc.

18 Harrison Street ▪ Cocoa, FL 32922 ▪ Ph: 321-634-3500

683 E University Blvd ▪ Melbourne, FL 32901 ▪ Ph: 321-726-2965

835 Sycamore Street ▪ Titusville, FL 32790 ▪ Ph: 321-264-4057

Children's Home Society of Florida (CHS)

Corporate Headquarters: 1485 S. Semoran Boulevard, Suite 1402 ▪ Winter Park, FL 32792 ▪ Ph: 321-397-3000

Website: www.chsfl.org

Non-profit Child Welfare Agency committed to family stabilization and working toward strengthening families and the best possible permanent plan for each child. An array of service programs allows for crisis intervention as well as long-term therapeutic support.

Early Learning Coalition of Flagler Volusia

230 N. Beach Street ▪ Daytona Beach, FL 32114 ▪ Ph: 386-323-2400 ▪ Toll Free: 800-443-3262

Website: <http://www.elcfv.org/Index.asp>

Easter Seals Child Development Center

2010 Mizell Avenue ▪ Winter Park, FL 32792 ▪ Ph: 407-629-7881

Website: http://fl.easterseals.com/site/PageServer?pagename=FLDR_inclusive_child_care

Easter Seals Florida – Respite

Camp Challenge ▪ 31600 Camp Challenge Road ▪ Sorrento, FL 32776 ▪ Ph: 352-383-4711

Website: http://fl.easterseals.com/site/PageServer?pagename=FLDR_CampRespite

Florida Department of Children and Families

Childcare Provider Search: Website: <http://dcfsanswrite.state.fl.us/childcare/provider/>

Guardian Care Management & Benefits Services, Inc.

106 Commerce Street, Suite 107 ▪ Lake Mary, FL 32746 ▪ Ph: 407-786-6033

Website: www.orlandoguardian.com/

LifeShare Florida

121 S. Orange Avenue, Suite 1500 ▪ Orlando, FL 32801 ▪ Ph: 407-377-6381

Website: <http://www.lifeshareinc.org/>

Nathaniel's Hope – Buddy Break

2300 Jetport Drive ▪ Orlando, FL 32809 ▪ Ph: 407-857-8224 ▪ Website: www.nathanielshope.org

Buddy Break is a monthly program held at Calvary Assembly Church in Winter Park for children birth ages: 2 to 16 years old, and their siblings: 4 years old to 5th grade. There is no cost for this respite but there is a required orientation at Calvary for the caregivers to meet you and your children. To make an orientation reservation, contact Kari at Calvary at 407-644-1199 x285. Other locations are available on their website.

National Respite Locator Service

Ph: 800-773-5433 ▪ Website: <http://chtop.org/ARCH.html>

Osceola Sunrise Special Care Corp

3053 Big Sky Blvd ▪ Kissimmee, FL 34744 ▪ Ph: 407-518-6688 ▪ Email: osscc@yahoo.com

Works with APD, Medwaiver

Donna Rubinger

Ph: 407-701-7084 or 407-661-1911 ▪ Email: dprubinger@gmail.com

Respite to parents of children (mostly ages 15 through adult) for autism or any mental illness. Hourly, daily or weekly basis. Sliding Scale based on income, situation and needs. Will transport from employment or day program. Also available to monitor someone who lives on their own, providing guidance in shopping, medication management, and household needs; or available to stay with someone who needs more intense supervision while a parent gets a break from the daily routine of care giving.

True Help Services, Inc.

Ph: 888-293-3310 ▪ Fax: 888-847-3293 ▪ Emergency Line: 888-487-8343 ▪ Website: www.truehelpservices.com

Childcare Resources

Child Care Association of Brevard County, Inc.

18 Harrison Street ▪ Cocoa, FL 32922 ▪ Ph: 321-634-3500

Community Coordinated Care for Children, Inc. (4C)

Orange County: 3500 W. Colonial Drive ▪ Orlando, FL 32808 ▪ Ph: 407-522-2252

Seminole County: 307 W. 1st Street ▪ Sanford, FL 32771 ▪ Ph: 321-832-6400

Osceola County: 2220 E Irlo Bronson Memorial Highway, Unit #7 ▪ Kissimmee, FL 34744 ▪ Ph: 321-219-6300

Website: <http://www.4corlando.org>

Daydreams Child Development Center

204 S. Central Avenue ▪ Apopka, FL 32703 ▪ Ph: 407-814-0444 ▪ Website: www.daydreamscdc.com/

Early Learning Coalition of Flagler Volusia

230 N. Beach Street ▪ Daytona Beach, FL 32114 ▪ Ph: 386-323-2400 ▪ Website: <http://www.elcfv.org/>

Easter Seals Child Development Center/Charter School

2219 S. Woodland Blvd. ▪ Deland, FL 32720 ▪ Ph: 386-736-9849

1219 Dunn Avenue ▪ Daytona Beach, FL 32114 ▪ Ph: 386-255-4568 x318

An extended day pre-school and child care program for children with and without disabilities. The program operates from 6:30am-6pm Mon-Fri. The curriculum includes active indoor and outdoor activities, creative and imaginative play, language development, and discovery centers. For the children with disabilities, the program includes an early intervention component, therapy, parenting services, accessible facilities, and adaptive equipment. Serves able-bodied children and children who are developmentally delayed or at-risk of delay, or who have been diagnosed with cerebral palsy, spina bifida, Down syndrome, visual or hearing impairments, or speech and language disorders. The program serves children, infant through 4 years old.

Florida Child Abuse Registry

Ph: 1-800-96ABUSE ▪ Website: <http://www.dcf.state.fl.us/abuse/>

Florida Department of Children and Families – Childcare Licensing Office

Orange & Osceola: 400 West Robinson Street, Suite N201 ▪ Orlando, FL 32801 ▪ Ph: 407-317-7146

Website: <http://www.dcf.state.fl.us/childcare/>

Lake & Sumter: 1601 W Gulf Hwy, Box # 80C ▪ Wildwood, FL 34785 ▪ Ph: 352-330-2177

Seminole: 400 West Robinson Street, Suite N201 ▪ Orlando, FL 32801 ▪ Ph: 407-317-7189

Brevard: 2725 Judge Fran Jamieson Hwy, Bldg A, Rm 116 ▪ Viera, FL 32940 ▪ Ph: 321-633-2100

Volusia: 210 N Palmetto Avenue, Suite 451J ▪ Daytona Beach, FL 32114 ▪ Ph: 386-238-4708

Flutter-byes Early Learning Center

1540 New Jersey Road ▪ Lakeland, FL ▪ Ph: 863-680-1290 ▪ Website: www.flutter-byes.org

Features 24 hour childcare for parents who work evening and night shifts

Kristy Hatfield

Oviedo, FL (Lockwood Area) ▪ Ph: 407-366-6123

Heritage Pre-School & Nursery

6000 W. Colonial Drive ▪ Orlando, FL 32808 ▪ Ph: 407-293-6000

Website: <http://tbc6000.com/ministries/heritage-prep-school>

Willie Mae Jones

902 Kensington Drive ▪ Orlando, FL 32808 ▪ Ph: 407-295-3499

Six months to School Age

Kids Nite Out

1375 Buena Vista Drive ▪ Lake Buena Vista, FL 32830 ▪ Ph: 407-828-0920 ▪ Website: www.kidsniteout.com

Little Red Train Pre-School

647 Indiana Street ▪ Orlando, FL 32805 ▪ Ph: 407-841-9543

UCP Child Development Centers ▪ Website: www.ucpcdc.org/

Holloway Center: 3305 S. Orange Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-852-3300

Pine Hills: 5800 Golf Club Parkway ▪ Orlando, FL 32808 ▪ Ph: 407-299-5553

East Orange: 12702 Science Drive ▪ Orlando, FL 32826 ▪ Ph: 407-281-0441

West Orange: 630 S. Dillard Street ▪ Winter Garden, FL 34787 ▪ Ph: 407-905-0531

Seminole: 3590 N. Hwy 17/92, Suite 1038 ▪ Lake Mary, FL 32746 ▪ Ph: 407-322-6222

Osceola: 448 W. Donegan Avenue ▪ Kissimmee, FL 34741 ▪ Ph: 407-932-3445

Provides early intervention pre-school, inclusive childcare, physical, speech and occupational therapy and family support services at six locations throughout Central Florida.

Winter Park Day Nursery, Inc.

741 S. Pennsylvania Avenue ▪ Winter Park, FL 32789 ▪ Ph: 407-647-0505

Website: www.winterparkdaynursery.org

Non-profit day care in business since 1939 accepts children ages 2-5 years, including those with neurological and cognitive disabilities. Program includes self-help skills, music therapy, and nursery school program. Free parenting skills classes. Fee based on ability to pay (wait list). Hours: M-F, 7:00am – 6:00pm

INSURANCE

Many times insurance companies deny coverage for an individual with autism because they mistakenly believe that autism is a mental illness. Case law in California has verified that autism is not a mental illness or condition and that this is an unacceptable reason for denying coverage. You may wish to obtain a copy of the decision of the Federal Court in California, affirmed by the United States Court of Appeals for the 9th Circuit, Kunin v. Benefit Trust Life Ins. Co., 696 F. Supp. 1342 (C.C. Cal. 1988), aff'd, 910 F.2d 534 (9th Cir.) In this case, the Court ruled that autism was not a mental illness and thus could not be a basis for limiting benefits.

- Obtain a written copy of the entire health plan (not just the benefits overview) from your employer or directly from your carrier. Read the package carefully including all information regarding exclusions or limitations on the policy. Keep the copy for your records.
- Obtain a written response from your insurance carrier stating the basis for either complete denial of coverage, or curtailed benefits.
- You have the option of appealing your insurer's decision. Obtain written guidelines outlining your company's policy regarding the appeal process.
- Should you require legal assistance, you may wish to contact an attorney familiar with the insurance regulations and coverage in Florida.
- If you have specific questions as to Florida's Health Insurance Laws and Regulations, contact the state Insurance Commissioner's office.

Florida Department of Financial Services
200 East Gaines Street • Tallahassee, FL 32399
Ph: 877-693-5236
Website: <http://www.myfloridacfo.com/>

- Some services for which you are seeking insurance reimbursement may be provided by your local educational agency if they are an educational necessity.

- **Healthcare Grants Available**

The United Healthcare Children's Foundation (UHCCF) has announced that new grants are available to help children who need critical healthcare treatment, services, or equipment not covered or not fully covered by their parents' health benefit plans.

The foundation provides grants to families to help pay for child healthcare services such as speech therapy, physical therapy, occupational therapy sessions, prescriptions, and medical equipment such as wheel chairs, orthotics, and eyeglasses.

Parents and legal guardians may apply for grants of up to \$5,000 each for medical services and equipment by completing an online application. For an application and more information go to: www.uhccf.org/apply_applicant.html.

Local Providers

Autism Society of America

4340 East-West Hwy, Suite 350 • Bethesda, MD 20814 • Ph: 301-657-0881 • Toll Free: 800-3AUTISM
Website: www.autism-society.org/

Florida Kid Care Insurance Program

661 East Jefferson Street, 2nd Floor • Tallahassee, FL 32301 • Ph: 1-888-540-KIDS
Website: www.healthykids.org

National Association of Insurance Commissioners

444 N. Capitol Street NW, Suite 701 • Washington, DC 20001 • Ph: 202-471-3990 • Website: <http://naic.org/>

TRANSPORTATION

Access Lynx

Administrative Office: 455 North Garland Avenue ▪ Orlando, FL 32801 ▪ Ph: 407-841-2279

Website: www.golynx.com/

Door to door transportation. Must complete application for eligibility determination.

Adaptive Mobility Services, Inc.

1000 Delaney Avenue ▪ Orlando, FL 32806 ▪ Ph: 407-426-8020 ▪ Website: www.adaptivemobility.com

Driving training, assistance and evaluation.

Space Coast Area Transit

Ph: 321-633-1878 ▪ Website: www.ridescat.com/

Tulip Travel, Inc.

911 Old Liverpool Road ▪ Liverpool, New York 13088 ▪ Ph: 315-461-4852 ▪ Website: www.tulip-travel.com

Tulip Travel, Inc. is a vacation and travel tour company providing travel opportunities for people with developmental disabilities and mobility impairments.

VOTRAN – Volusia County’s Public Transit System

950 Big Tree Road ▪ South Daytona, FL 32119 ▪ Ph: 386-761-7700 ▪ Website: www.votran.org/default.htm

EMERGENCY RESOURCES

2-1-1 - Community Resource Directory

Ph: 211 ▪ Website: www.211.org

Nationwide resources. Enter your zip code for the 2-1-1 service for your area.

AL-ANON/ALATEEN

Headquarters: 1600 Corporate Landing Parkway ▪ Virginia Beach, VA 23454-5617 ▪ Ph: 888-425-2666

Website: www.al-anon-alateen.org/

Helps families and friends of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Similarly, Alateen is a recovery program for young people. Alateen groups are sponsored by Al-Anon members.

Children's Home Society of Florida (CHS)

Corporate Headquarters: 1485 S. Semoran Boulevard, Suite 1448 ▪ Winter Park, FL 32792 ▪ Ph: 321-397-3000

Website: www.chsfl.org

Private, non-profit agency providing social services for children and families such as adoption, foster care, and child abuse/neglect prevention and intervention, pregnancy counseling, pre-adoptive foster care, special needs adoptions, parenting education, runaway shelter and many other services.

Coalition for the Homeless of Central Florida, Inc.

639 W. Central Boulevard ▪ Orlando, FL 32801 ▪ Ph: 407-426-1250 ▪ Website: www.centralfloridahomeless.org

Coalition for the Hungry and Homeless of Brevard County, Inc.

900 Dixon Blvd. ▪ Cocoa, FL 32922 ▪ Ph: 321-631-0166 ▪ Website: <http://winchh.org/>

Crosswinds Youth Services, Inc.

1407 Dixon Boulevard ▪ Cocoa FL 32922 ▪ Ph: 321-452-0800 ▪ Website: www.crosswindsyouthservices.org

Runaway and Youth Crisis Shelter: Provides immediate, safe shelter and related services for youth 24 hours per day. The shelter serves runaway and homeless youth; youth at risk of running away or becoming homeless; youth in crisis or involved in serious family conflict; and youth awaiting foster or permanent homes

Florida Domestic Violence Helpline

Ph: 800-500-1119

LifeLine of Central Florida

1064 Lee Road ▪ Orlando, FL 32810 ▪ Community Crisis Line: 407-425-2624 ▪ Teen Hotline: 407-841-7413

Lifeline of Central Florida is a 24 hour, seven day a week crisis hotline that offers callers emotional support and referrals to appropriate community resources. Currently serving Citrus, Hernando, Lake, Marion, Orange, Osceola, Seminole and Sumter counties.

MedicAlert Foundation International

2323 Colorado Avenue ▪ Turlock, CA 95382 ▪ Ph: 888-633-4298 ▪ Outside US: 209-668-3333

Website: www.medicalert.org/

This company manufactures bracelets to alert professionals to allergies, medical conditions and medications, as well as diagnoses. Connects to a database where 24 hr staffing provide crucial emergency information to rescue and medical professionals. Prices range from \$35 to \$75 for the bracelet, and \$15 per year for database participation.

Missing Children Center, Inc.

Website: <http://www.missingchildrencenterinc.org/>

Parents Anonymous of Florida

1442 State Road 436, Suite 1000 ▪ Casselberry, FL 32707 ▪ Ph: 407-679-2030

BOOK VENDORS

Autism Society of North Carolina - Book Store

505 Oberlin Road, Suite 230 ▪ Raleigh, NC 27605 ▪ Ph: 800-442-2762 ▪ Website: www.autismsociety-nc.org/

Future Horizons

721 W Abram Street ▪ Arlington, TX 76013 ▪ Ph: 800-489-0727 ▪ Website: <http://www.fhautism.com/>

Special Needs Project

1405 Anderson Lane ▪ Santa Barbara, CA 93111 ▪ Ph: 805-962-8087 ▪ Website: <http://www.specialneeds.com/>

Web Sites

Autism Asperger Publishing Company ▪ www.asperger.net

National Autistic Society (NAS) ▪ www.nas.org.uk/

Parentbooks ▪ www.parentbookstore.com/

Local Lending Libraries

Center for Autism and Related Disabilities ▪ *University of Central Florida (UCF CARD)*

4000 Central Florida Blvd. ▪ P. O. Box 162202 ▪ Orlando, FL 32816-2202

Ph: 407-823-6011 or 888-558-1908 (FL only) ▪ Website: www.ucf-card.org

Florida Diagnostic and Learning Resources System (FDLRS)

The Florida Diagnostic and Learning Resources System is a network of 19 Associate and 4 Specialized Centers in Florida that provide support services to educators, parents, and other professionals who work with exceptional students.

Main Website: <http://www.paec.org/fdlrsweb/>

Brevard/Volusia: 2700 Judge Fran Jamieson Way ▪ Viera, FL 32940-6699 ▪ Ph: 321-633-1000, ext. 540

Website: www.fdlrs.brevard.k12.fl.us/east/index.htm

Lake / Orange / Osceola / Seminole / Sumter: 3909 S. Summerlin Avenue ▪ Orlando, FL 32809 ▪ Ph: 407-317-3660 or 800-262-1596 (FL only) ▪ Website: www.fdlrs.ocps.net/

Clifford E Graese Community Health Library

1414 Kuhl Ave, MP#28 ▪ Orlando, FL 32806 ▪ Ph: 321-841-4636 ▪ Website:

<http://www.orlandohealth.com/orlandohealth/HealthResources/CliffordEGraeseCommunityHealthLibrary.aspx?pid=4583>

MISCELLANEOUS

Hair Care

Big League Hair Cuts

3564 South Avalon Park East Blvd., #3 ▪ Orlando, FL 32825 ▪ Ph: 407-249-5255

Country Hair Affair

10163 University Boulevard ▪ Orlando, FL 32817 ▪ Ph: 407-679-5345

Great Clips for Hair

1425 Tuskawilla Road ▪ Winter Springs, FL 32708 ▪ Ph: 407-695-4333

2610 E. Colonial Drive ▪ Orlando, FL 32803 ▪ Ph: 407-896-5662

Nu Attitudes Orlando

6634 Old Winter Garden Road ▪ Orlando, FL 32835 ▪ Ph: 407-292-4740

Riverview Barber Shop and Hair Salon

1122 Riverside Drive ▪ Daytona Beach, FL 32117 ▪ Ph: 386-258-8989

Vendors

<http://www.autismfamilyresources.org/needassistance2.htm>

Grant for respite care and treatment material for home.

<http://autismgear.com/>

Able Trust, The

3320 Thomasville Road, Suite 200 ▪ Tallahassee, FL 32308-7906 ▪ Ph: 888-838-4493 ▪ Fax: 850-224-4496

Website: <http://www.abletrust.org/>

AWEtism Shoppe, The

Ph: 877-809-1659 ▪ Website: www.cafeshops.com/awetism

T-shirts, tote bags, mugs, bumper stickers and other Autism Awareness gifts.

Canine Companions for Independence

8150 Clarcona Ocoee Road ▪ Orlando, FL 32818 ▪ Ph: 407-522-3300 ▪ Website: www.cci.org

MAK Home Therapy Resources

6209 Sundowner Road ▪ Woodridge, IL 60517 ▪ Ph: 630-852-3364

Products are ideally suited for: Professionals treating individuals with receptive/expressive language delays and parents starting or maintaining an Applied Behavioral Analysis Program

Modest Needs Foundation

113 East 30th Street, Floor 1 ▪ New York, NY 10016 ▪ Ph: 212-463-7042 ▪ Website: <http://www.modestneeds.org>

Helps families in crisis to pay bills.

MoreMagnets.com

P. O. Box 2545 ▪ Myrtle Beach, SC 29578 ▪ Ph: 843-293-2208 ▪ Website: www.moremagnets.com

Person First Photography

Ph: 407-588-SNAP ▪ E-mail: sales@smdphoto.net ▪ Website: www.personfirstphotography.com

An individualized approach to your portraits. Families who find that traditional photography studios just don't have the patience or understanding to capture the beauty of their loved ones in a non-threatening, low stress environment...their own homes.

Sharing Center, The

600 N Hwy 17/92, Suite 158 ▪ Longwood, FL 32750 ▪ Ph: 407-260-9155

Website: <http://www.thesharingcenter.org/>

University of Doglando

12276 East Colonial Drive ▪ Orlando, FL 32826 ▪ Ph: 407-574-3160 ▪ Fax: 407-208-0927

Website: <http://www.universityofdoglando.com/>

Virtual Expert Clinics

390 Union Blvd, Suite 300 ▪ Lakewood, CO 80228 ▪ Ph: 866-462-0991 ▪ Website: www.vecinc.com

Woodbury Health Products

Department 250 ▪ Island Park, NY 11558 ▪ Ph: 800-777-1111 ▪ Website: <http://www.woodburyproducts.com/>

Supplier of durable medical products.

Bereavement Resources

Baldwin-Fairchild Cemeteries and Funeral Homes

Website: http://www.baldwinfairchild.com/about/learning_center/articles_grief.html

ABBREVIATIONS

ABA - Applied Behavior Analysis	LD - Learning Disability
ADA - Americans with Disabilities Act of 1990	LLD - Language-based Learning Disability
ADD - Attention Deficit Disorder	LRE - Least Restrictive Environment
ADHD - Attention Deficit Hyperactivity Disorder	MDT - Multidisciplinary Team (teacher, SLP, OT, psych and Parent) Used in reference to the group of individuals who are a part of development and implementation of an IEP.
AIT - Auditory Integration Training	MH, MR - Mentally Handicapped; Mentally Retarded (IQ less than 70)
AS - Asperger's Syndrome	MRI - Magnetic Resonance Imaging
ASD - Autism Spectrum Disorder	MSDD - Multi-system developmental disorder
BD - Behavioral Disorder	NDA - Not Diagnosed with Anything
CARS - Childhood Autism Rating Scale	NOS - Not Otherwise Specified (Sometimes appears with DX by psychologists.)
CAPD - Central Auditory Processing Disorder	OCD - Obsessive/Compulsive Disorder
CD - Conduct Disorder	ODD - Oppositional Defiant Disorder
CHAT - Checklist for Autism in Toddlers	OT - Occupational Therapy or Therapist
CSE - Committee for Special Education	P&A - Protection & Advocacy
DD - Developmental Disabilities	Part B - Part of IDEA that governs and funds education of ages 3-22, i.e. school system
DSM, DSM3R, DSM4 - American Psychiatric Association's Diagnostic and Statistical Manual versions—used for diagnosis	Part C - Formerly Part H, part of IDEA that governs and funds birth to 3, early intervention
DTT - Discrete Trial Training	PDD - Pervasive Developmental Disorder
DX - Diagnosis, Diagnosed	PDD/NOS - Pervasive Developmental Disorder/Not Otherwise Specified
ECT - ElectroConvulsive Therapy (electroshock)	PET - Positron Emission Tomography (brain scan)
ED - Emotionally Disturbed	PL94-142 - Public Law 94-142. Education for Handicapped Children Act, Revised in 1990 to become IDEA.
ECG, EG - Electro Cardiogram (a heart test)	PT - Physical Therapy or Therapist
EEG - Electroencephalogram (a brainwave test)	PTSD - Post Traumatic Stress Disorder
EH - Emotionally Handicapped	SEBD - Severe Emotional and Behavior Disorder (an educational category)
EI - Early Intervention	SIB - Self-injurious behavior
EMH - Educable Mentally Handicapped	SLP - Speech Language Pathologist
ESE - Exceptional Student Education	SpEd - Special Education
FAPE - Free and Appropriate Public Education	SSI - Supplemental Security Income
FC - Facilitated Communication	SSDI - Social Security Disability Income
FERPA - Family Education Rights and Privacy Act	TMH - Trainably Mentally Handicapped
FraX - Fragile X Syndrome	TS - Tourette Syndrome
FSP - Family Support Plan	VE - Varying Exceptionalities
g/f c/f - Gluten Free Casein Free	Voc-Ed - Vocational Education
HFA - High Functioning Autism	
I&R - Information and Referral	
IBS - Irritable Bowel Syndrome	
IDEA - Individuals with Disabilities Act	
IEP - Individualized Education Plan	
IHP - Individualized Habilitation Program	
InLv - Independent Living (support group)	
IPP - Individual Program Plan	
IQ - Intelligence Quotient	

ORGANIZATION ABBREVIATIONS

AMA - American Medical Association

ANI - Autism Network International

ANI-L - The listserv (mailing list) for Autism Network International

ARC - Association of Retarded Citizens

ARI - Autism Research Institute

ASA - Autism Society of America

CAP - Client Assistance Program administered by the Office of Special Education & Rehabilitative Services.
Provides info and assistance to individuals seeking services under the Rehabilitation Act

CHADD - Children and Adults with Attention Deficit Disorder

ERIC - Educational Resources Information Center, a computer database of educational information

IRCA - Indiana Resource Center for Autism

JADD - Journal of Autism and Developmental Disorders

NICHCY - National Information Center for Children and Youth with Disabilities

NIH - National Institute of Health

NIMH - National Institute of Mental Health

SSA - Social Security Administration

TEACCH - Treatment and Education of Autistic and Related Communication Disorders

DEFINITIONS

Aphasia - The loss of the ability to understand or speak oral language.

Apraxia - A disorder that affects voluntary movement.

Applied Behavior Analysis - A method of teaching designed to analyze and change behavior in a precisely measurable and accountable manner.

Asperger's Syndrome - A form of pervasive developmental disorder with high intellect and other specific characteristics.

Assessment - Process to determine a child's strengths & weaknesses. Includes testing and observations performed by a team of professionals and parents. Usually used to determine special education needs. Term is used interchangeable with *evaluation*.

Auditory - Relating to the ability to hear.

Aversive - Punishing stimulus.

Behavior Modification - using principles of behavior to change a behavior.

Cause & Effect - The concept that actions create reactions.

Cognition - The ability to think and understand the environment.

Continuum - Used to describe a full range.

Cue - Input that prompts a person to perform a behavior or activity.

Echolalia - The repetition or parroting of words or phrases.

Engagement - The ability to remain focused and interactive with, or responsive to, a person or object.

Expressive Language - The ability to use gestures, spoken language, and written symbols to communicate.

Extinction - A procedure in which reinforcement of a previously reinforced behavior is withheld.

Fine Motor - Relating to the use of the small muscles of the body, such as those in the hands, feet, fingers, and toes.

Gross Motor - Relating to the use of the large muscles of the body.

Hyper - Having too much of something such as hyperactivity which refers to extremely energetic activity.

Hypo - Having too little of something such as hypo activity which refers to not being very active.

IEP - Individualized Education Program. The written plan that describes what services the local education agency has promised to provide your child.

Inclusion - placement of a child with a disability with his non-disabled peers; mainstreaming.

Input - Information that a person receives through any of the senses (vision, hearing, touch, feeling, smell).

Mainstreaming - placement of a child in a classroom with non-disabled peers.

Motor - Relating to the ability to move oneself.

Motor Planning - The ability to think through and carry out a physical task.

Perseveration - Repetitive movement or speech that is thought to be created by the person's own inner preoccupations.

Prompt - Input that encourages a child to perform a movement or activity.

Receptive language - The ability to understand gestures, spoken language & written symbols to communicate.

Respite Care - Skilled adult or childcare and supervision that can be provided in your home or the home of a care provider. Respite care may be available for several hours per week and sometimes for overnight stays.

Self Help - The ability to take care of one's self, through such skills as eating, dressing, bathing, and cleaning.

Self-Stimulatory behavior - see Stereotypy.

Sensory ability - The ability to process sensations such as touch, sound, light, smell, and movement.

Social ability - The ability to function in groups & to interact with people.

Stereotypy (stereotypic behavior) - Purposeless movements such as hand flapping which are repetitive and odd.

Stimulus - A physical object or environmental event that may have an effect upon the behavior of a person. Some stimuli are internal (earache pain), while others are external.

Tactile - Relating to touch.

Therapist - A trained professional who works to guide an individual in overcoming the effects of developmental problems.

Vestibular - Pertaining to the sensory system located in the inner ear that allows the body to maintain balance and participate in movement such as swinging and roughhousing.

Visual motor - The skill required to carry out a task such as putting a puzzle piece into a puzzle or a key into a keyhole.